



### Lesson 1

**benefit**  
be' nə fit

- v.* To help or be helpful to; to be useful to.  
That preschool program **benefits** young children.
- n.* 1. Something that is useful or helpful, that does good.  
One of the **benefits** of my exercise program is that I sleep better.
2. An event held to raise money for a cause.  
The library's **benefit** raised enough money for a new children's room.

**complete**  
kəm plēt'

- adj.* 1. Having no missing parts; whole.  
She bought a **complete** set of woodworking tools at a yard sale.
2. Finished.  
The new wing on the high school is now **complete**.
- v.* To finish.  
Schubert did not **complete** his eighth symphony, so it's nicknamed "The Unfinished."

**develop**  
di vel' əp

- v.* 1. To go through a process of growth.  
Running regularly **develops** strong leg muscles.
2. To bring or come into being.  
The day after I brushed against the poison ivy, a rash **developed** on my leg.
3. To apply chemicals to photographic film to bring out the picture.  
I want to learn to **develop** my own pictures.

**dismay**  
dis mā'

- v.* To cause feelings of fear, worry, or surprise.  
A large crack in the ceiling of our newly painted kitchen **dismayed** my parents.
- n.* A sudden loss of courage because of fear or worry.  
Just after we began hiking, we were filled with **dismay** when we heard the rumble of a rockslide.

**ease**  
ēz

- n.* A state of being comfortable—without worry, pain, or trouble.  
Since I took a course in public speaking, I feel much more at **ease** when I give a speech.
- v.* To make less worried, pained, or troubled.  
It **eased** my mind to hear you were safe.



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|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>hail</b><br>hāl              | <p><i>n.</i> Small lumps of frozen rain.<br/>The <b>hail</b> bouncing off the metal roof of the garage made a terrible racket.</p> <p><i>v.</i> 1. To fall as frozen rain.<br/>My father's corn plants suffered a lot of damage when it <b>hailed</b> yesterday.</p> <p>2. To greet or welcome, usually with admiration.<br/>The band played "<b>Hail</b> to the Chief" as the president came in.</p>                                                                                                                     |
| <b>lack</b><br>lak              | <p><i>v.</i> To be without.<br/>He never sees the funny side of things because he <b>lacks</b> a sense of humor.</p> <p><i>n.</i> A shortage.<br/>A <b>lack</b> of money to pay the staff forced our library to close on weekends.</p>                                                                                                                                                                                                                                                                                    |
| <b>master</b><br>mas' tər       | <p><i>adj.</i> 1. Chief; main.<br/>Throw the <b>master</b> switch to turn on the power.</p> <p>2. Having or showing great skill.<br/>Rick is a <b>master</b> carpenter.</p> <p><i>v.</i> To become skilled at.<br/>My mother <b>mastered</b> the new computer program in just a few weeks.</p>                                                                                                                                                                                                                            |
| <b>patriot</b><br>pā' trē ət    | <p><i>n.</i> One who loves, supports, and is loyal to his or her country.<br/>Giuseppe Garibaldi was an Italian <b>patriot</b> who fought tirelessly to unite his country.</p> <p><b>patriotic</b> (pā trē ä tik) <i>adj.</i> Having or showing love of one's country.<br/>"America the Beautiful" is a <b>patriotic</b> song that was written by Katherine Lee Bates.</p> <p><b>patriotism</b> <i>n.</i> Love of one's country.<br/>Some people show their <b>patriotism</b> by proudly flying their country's flag.</p> |
| <b>project</b><br>prə' jekt     | <p><i>n.</i> A plan or idea for doing something.<br/>My science <b>project</b> is going to show what acid rain does to plants.</p> <p><i>v.</i> (prə jekt') 1. To stick out.<br/>Nails are still <b>projecting</b> out of the new floor, so be careful where you walk.</p> <p>2. To cause an image to be shown on a screen.<br/>This machine <b>projects</b> color slides but not movies.</p>                                                                                                                             |
| <b>recommend</b><br>rə kə mend' | <p><i>v.</i> 1. To make a statement of praise.<br/>I loved <i>The Secret Garden</i> and I highly <b>recommend</b> it.</p> <p>2. To give advice; to suggest.<br/>Dentists usually <b>recommend</b> that you have a checkup twice a year.</p>                                                                                                                                                                                                                                                                               |

**remark**  
ri märk

v. To say; to make a comment.

My grandmother **remarked** on how well I looked.

n. Something said; a comment.

When no one else could think of anything to say, I made a **remark** about how badly we needed rain.

**remarkable** *adj.* Deserving of being noticed; unusual.

For such a young child, he had **remarkable** strength.

**represent**  
re pri zent'

v. 1. To stand for or in place of.

Three dots **represent** the letter "S" in the Morse code.

2. To act in place of.

Each state in the U.S. elects two senators to **represent** it in Congress.

**sufficient**  
sə fish' ənt

*adj.* Enough to fill a need.

Ten lessons on the oboe were **sufficient** to earn me a place in the school band.

**utter**  
u' tər

v. To make sounds with the voice; to speak.

Please don't **utter** another word.