

The Monomoy Citizen

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School Pride? We've Got It!



By Alexis Arruda

School pride is something often portrayed in media like TV and movies as wearing face-paint to football games, attending all your school dances and pep rallies, and so on and so forth. But that can't be the case for all schools, as all schools are unique. I have been thinking about what the students of MRMS would say when asked if they had school pride, and what school pride was to us as a whole. I think I have finally come up with an answer.

Imagine this: you wake up in the morning, right on time. You get out of your pajamas and into your clothes for the day, eat breakfast, and hop on the bus. There, you have a couple friendly conversations and when you get off the bus, you have a smile on your face walking into the school. Enjoying going to school each day and being an active member in your in-school community, whether it be in class, with your friends, or in clubs. Instead of limiting school pride to extracurricular activities like sports games or school dances, we should realize how

much our school offers, and how much there is to be proud of.

We have a wide variety of seminar courses so during school hours you can still be educated on real-world skills they often don't teach you in school. We have electives such as band and chorus so you can pursue personal interests while creating beautiful art with your fellow students. There are so many ways to express yourself, some being the array of different clubs we offer, our fantastic academic courses, and the wonderful teachers helping us grow.

Monomoy Middle School also has lots of fundraising events, dances, band and chorus concerts, plays and musicals, and art showcases throughout the years. We take our students on a variety of field trips and even to Washington DC! Whenever you have something at school you want to talk about with a friend, something so spectacular you just want to share, that is pride for your school.

Of course, you may not feel this way about school. I know some kids find school boring, challenging, or even unnecessary. However, the

fact that those kids keep trying their hardest in school and they don't give up is just another pride point. At MRMS, students are pushed to keep going, keep trying, and we are told that THAT is the pathway to success. And I must say, I believe that's correct. I've seen so much change from the kids I've known since kindergarten these past years, as I've spent the majority of my life with them and in school. I think that our school succeeds in creating a helping hand to all students with doubts about themselves, and I can confirm that at one point or another, all students have doubts.

Our school not only provides lots of opportunities to have fun while still learning, but also provides opportunities to learn about themselves and their friends. Not only are our teachers, sports players, clubs, and classes something to be proud of, but we should also be proud of ourselves, for making it this far and continuing to persevere in being awesome. That is school pride.



The Future is Female: Women in Saudi Arabia

An Editorial by Christie Beckley, 7th grade

For hundreds of years, women in Saudi Arabia - and throughout other parts of the world - have suffered from the deplorable lack of rights and the abundance of male dominance. They can't even get a college degree! Finally, this has started to change! Ever since president (former Crown Prince), Mohammed bin Salman was named president of Saudi Arabia, women's rights have been increasing. Just recently, divorced women gained a better chance of getting custody of their children. Before this, mothers sometimes had to spend years in court just to see their child. On October 29th, the first women were let into a sports stadium and were allowed to watch the game. Furthermore, women's rights have been getting better and better. But, for women in Saudi Arabia, September 26th 2017 was one of the most important days among these new changes. On this historic day, the president, Mohammed bin Salman, of Saudi Arabia announced his new change to the long-lasted lack of women's rights: Women will be able to drive in June of 2018. Seems amazing that this is just happening there now. We should never take our human and civil rights for granted!

Not only was this great news for the women in Saudi Arabia, but women all around the world were rejoicing because of this progressive step in Women's Rights. It is apparently one of the first steps towards achieving a plan called Vision 2030. Mohammed bin Salman has kicked off this plan with the recent historical changes. "It is my pleasure to present Saudi Arabia's Vision for the future. It is an ambitious yet achievable blueprint, which expresses our long-term goals and expectations and reflects our country's strengths and capabilities" says Salman.

Other Saudi leaders believe that this change will increase the economy by making it easier for more women to work. Before this, many women had to be driven to work by their spouse or male family member and once this change takes action, females will have their own way of transport and it will be more accessible for women to get from Point A to Point B. Many of the leaders in Saudi Arabia - who are men - are going along with the change! But, the majority of them are not actually passionate towards Women's



Rights, money is what drives them: They want improvement in the economy.

Though these changes are good things, the fact that it is the 21st century and the changes are just starting is absurd! Saudi Arabia has been around for an extremely long time and they are just starting to make changes to women's rights now. Not only do the women in Saudi Arabia endure this situation, but all across the world, women are being denied their rights. For example, us in the United States - who are quite liberal - haven't even elected a female President - though this most recent election, we came very close. All that will change, because we American women will fight for our rights; we know how.

I believe that Women's Rights should be just as important as Human Rights, and luckily in North America, and throughout Saudi Arabia, women are fighting for that exact cause. "For, there is no limit to what we, as women, can accomplish." - Michelle Obama

VISION 2030

"Our ambition is for the long term. It goes beyond replenishing sources of income that have weakened or preserving what we have already achieved. We are determined to build a thriving country in which all citizens can fulfill their dreams, hopes and ambitions. Therefore, we will not rest until our nation is a leader in providing opportunities for all through education and training, and high quality services such as employment initiatives, health, housing, and entertainment."

Kindness Week

By Ella Adamsons

MRMS has a tradition of "celebrating" kindness. It's kind of like our school's own holiday. One week in January is all about kindness; kids put up posters and put nice notes in other kid's lockers. Everyday there is a kindness quote; everyday Mr. Wilson reads it over the announcements for everyone to hear. This year we did adaptive homeroom; each homeroom would get another homeroom to be kind to. They would do something nice for each other and then we exchange notes and posters and stuff. The catch is each homeroom doesn't know who they have. Once your time is up, you would give your 'gift' to that homeroom. Celebrating kindness at our school is a big thing. At the middle school we are encouraged to practice being helpful and considerate by learning that all of our actions make a difference.

Some of the activities we did this year were Adopt a Home Room, we also wrote kindness notes, and watched kindness videos every morning. My favorite part of Kindness Week was watching the Kindness videos. One of the Kindness Week Videos that I remember most is The Power of Words. It is about a man and a woman talking to each other by sticky notes but near the end of the video the women reveals she can't hear. She thinks this will make him not want to be her friend anymore but he stays her friend. To me this means that even though someone might have a disability they have a lot to offer in friendship and of course deserve to be treated as equals. If you see someone with a disability and they are lonely you could talk to them or play with them at fresh-air time. You may get more out of that experience then you would ever think.

Having Kindness Week means that we are being kind to other students and teachers and going out of our comfort zone. Mr. Wilson also believes being kind is a big part of our school. That is where kindness week originated from. In conclusion kindness week is very important to our school. It helps us have "heart" and share "heart." All the practice really does help your heart to grow and helps us to feel good about our school and ourselves. It's what makes M.R.M.S...M.R.M.S.

How Safe Is Monomoy Middle School?



By Drew Ryan and Lillian Short

In our society guns have become a very common topic of discussion. Events like school shootings interrupt our normal day to day buzz and shock us to our core. A statistic created by CNN show that there have been 23 school shootings this year and the average is one shooting per week. Though this statistic is shocking, school shootings are not as common as you might think. You are 100 times more likely to get struck by lightning than to be involved in a school shooting. The same goes for being bitten by a shark. While these statistics show it is very unlikely to be involved in a school shooting, it is possible to be involved in one

How safe are we at Monomoy? Mr. Wilson and Mr. O'Shea gave a very important presentation on school safety and, in particular, what Monomoy school leaders are doing to keep us safe. Before I say anything else, I want to let everyone know, that Monomoy schools are as safe as they get. In most cases shootings happen in big cities and populated areas.

If you are ever in the school during a hostile intruder event, leave the building if possible. A hostile intruder does not always have to be someone with a weapon. An intruder could be a wild animal. It does not matter how you get out of the building - just leave as fast and as safely as you can. Leave everything in the school and get out! You are more important than your homework. If you can, help others get out of the building and find a safe place. If you can, go to the Chatham DPW. If you can't go to the Chatham DPW. find a safe place to hide for you and the people around you. If for any reason you can't leave the building, hide!

Make yourself small, stay quiet, and wait for the police to let you know when it is ok to get out of your hiding spot. If you cannot leave the building and you cannot hide, fight back! Use anything around you that can stun the intruder so you can escape. If an event like this ever happens: leave the building, hide, and as a last resort fight.

A school shooting or a hostile intruder happening in our school is extremely unlikely, but not impossible; we know that by listening to our parents and watching the news. Another way to prevent a hostile intruder event is to keep our school and town community as safe as possible—to be considerate of everyone, don't bully anyone, and let trusted adults know if you see anyone who is having a hard time. It is important that everyone in our community feels safe and secure.

https://www.cnn.com/2018/03/02/us/school-shootings-2018-list-trnd/index.html

What It Means To Be A Leader?

By Christie Beckley

"Leader" is a very complicated term and it can be used in many different ways. Some leaders have the title, "leader" and others do not. Regardless of titles and reputations, a true leader does the best that they can for the good of the people. In some circumstances, a leader should have authority, the only reason they should have that authority is, not out of fear, but out of ethicality. However, in other circumstances, leaders don't need to have authority, they are just one of the first people to stand up for something or someone: they have courage. Though many people believe that the most powerful and true leaders are adults, they are wrong. A kid leader is one of the most impactful leaders that there is. For example, the teens affected by the Parkland, Florida are extremely powerful leaders. They are making a change.

At Monomoy Regional Middle School, we are trying to create a culture of kindness, responsibility, and leadership so that students that attend this school can move on to become strong and influential leaders just as the Parkland teens are. As a school, we provide multiple opportunities for students to be the best that they can be and to learn how to be a productive, good-natured, and fair leader. Human Rights members learn how to fight for what you believe in. This is courage and courage is a very important characteristic of a true leader. Friends Of Rachel club teaches people to be more kind and to give people chances. When you're a leader, you need to have the best intentions and you need to be fair and ethical. These traits are what the FOR Club is all about. In Student Council, you learn the ways of leading people fairly and responsibly. You understand the responsibility of a true leader. MRMS also provides sports teams in which there are usually captains. These captains learn the responsibilities of leadership and they usually have to take action multiple times per practice. Therefore, they learn how to get everyone's attention and how to be productive.

Though many of these leaders are part of extra curricular activities, leadership also takes place everyday throughout the cliques and/or friend groups of Monomoy Middle. The difference between this type of leadership and the other kinds that I just referred to, is that this kind can be both negative and positive. Some students gravitate towards following others because that other is a good person. Some students are forced to follow another out of fear and/or dominance. Sometimes the leader means well but has a controlling nature.

Regardless of whether you are in any extracurriculars or part of any group of friends, you could be a natural-born leader. Do people just gravitate towards following you? That's a natural born leader.

Now that I think about it, there really is no title "leader." Look around. What do you see? Sure, the kid that is captain of the soccer team is a leader, but let's think outside the box. The kid that always answers all the questions in class: leader. The kid that starts the cotton-eyejoe at the school dance: leader. The kid that talks to the kid that people consider "uncool": leader. Leaders don't have to be control freaks. You just need to have character. Above all, a true leader always has character. So, whether you are a natural born leader or an elected one or one that just has courage, here at MRMS we strive to mold our students into leaders. Look around your classroom: what do you see? Leaders of all kinds.

Un Viaje con Nuestro Director

by Tahalyia Thompson

Our principal is amazing and I know because I got to interview him for a Spanish project with Ms. Walter (she's the best too:-). That is me (Tahalyia) and Mr.Wilson in the picture. As a kid I really don't think about what my teachers or principals did to get here. Now I know a little more. Mr. Wilson has done a lot! He's been Assistant Principal, advisor to schools and companies, started programs for kids who don't have as many opportunities, and a Fulbright Scholar (not sure exactly what that it is) but because of it Mr. Wilson got picked to go to Zimbabwe to teach history for a year. He has been a lot of places but we are glad he ended up here. Now for the interview:

Nuestro director de la escuela es fantástico y yo sé porque tenía la oportunidad para entrevistar a él para un proyecto de español con Señorita Walter (ella es la mejor también :-). Ésta soy yo (Tahaylia) y Señor Wilson en la foto. Porque soy joven no sé exactamente qué hicieron mis profesores y directores para estar aquí. Ahora yo sé un poco más. ¡Señor Wilson ha hecho mucho! Él era director asistente, advisor para escuelas y compañías, empezó programas para niños que no tienen muchas oportunidades, y un Fulbright Scholar (no sé exactamente qué es). Por eso, seleccionaron a Señor Wilson para ir a Zimbabwe y ser professor de historia por un año. Él fue a muchos lugares y estamos entusiasmados que él está aquí al fin. Ahora la entrevista:

Do you like your job? Why? Yes, I do. Each day is fresh and interesting and I like helping students learn and have fun.

Do you like the student behavior? Yes, I do. In general they behave respectfully and kindly to each other.

If you could leave the school for a day would you leave a staff member in charge? Oh yes, I have many staff members who I can trust.



Are you proud of the students and their achievements? I am very proud of them. Definitely we have some incredible students that make me proud.

What is your favorite food? Sushi and pizza but never together.

Doyou have any children? Howold are they? I have two amazing children. They are 13 and 16.

Here it is in Spanish:

Mi persona es Señor Wilson.

Su comida favorita es sushi y pizza. No le gusta sushi y pizza juntos.

Él tiene dos niños ellos tienen trece y dieciséis años.

Le encanta empleo porque cada día es nuevo y fresco y interesante y le gusta ayudar al alumno aprender y divertirse.

Señor Wilson tiene muchos miembros en que puede confiar.

Él dice los niños comportan respetuosamente y amablemente con el uno al otro.

A Day in the Life of a 6th Grade Teacher

by Emma Burnie and Chloe Jones

You hit the snooze button, but not teachers. They need to be up and running before any kid gets up. They get to school and they take action. What lessons need to be taught, what

papers need to be printed out. Should I have a presentation ready? All those questions and thoughts run through their head. They need to be fully prepared for the day, or the kids don't take away any knowledge from the day's lesson. We decided to talk to Mr. Smith, our 6th grade science teacher.

When the kids come into homeroom, Mr. Smith still has an important job like get-

ting the kids settled in and mentally preparing for first period. Once the day starts he teaches the class, and sometimes gets a little concerned that the kids aren't prepared. One thing they do enjoy a lot is...the lunch break (of course we know it is a favorite part of our day too, oh yeah). Or teachers appreciate a U/A break and not because they don't have to teach. It's

because they get to modify the lesson. If something went wrong in the block before lunch. They have a half hour to fix it for the next class. Once they do things go way smoother.

Once the day is finally over, Mr. Smith

doesn't go home to relax. He stays at school to prepare for tomorrow's lesson. Printing, making homework, cleaning up, doing anything to make sure the next days lesson runs smoothly and the students get what they need. Or maybe teachers will have kids stay after for extra help.

Sometimes, you think a teacher's life is so easy.

All they have to do is plan lessons and teach the kids. But that is not how it works, they have to prepare, get up in front of the class and talk and make sure everyone understands for a good half hour or more. Thank you to Mr. Smith for being our example. Next time you see your teacher, make sure to thank them!

Stand-Up for Your Friends

by Ella Adamsons & Emma Burnie and cast.

The friendship video is about standing up to bullies even if they aren't bullying you particularly. Hopefully the video also conveys that people should stop bullying in the first place. We made this video because we wanted people to watch it and remember it if they are bullied, bullying, or witnessing bullying. It took us a long to make and also it was fun.

http://bit.do/standupMRMS

All in Together

by Drew Ryan

The Monomoy Market is for families struggling with food insecurity. The market is a free food pantry at our school. The market is located in the hallway directly across from the Guidance office. It is open whenever the school is open, and for anybody who needs to use it. If you need to use to the market during the school day, find a convenient time to go: before school, after school, or the last 5 minutes of lunch (please come alone). If you need to go to the market, there is a google form in the Guidance Google Classroom site. The survey will be private, and you will be able to pick a time to go. We ask that you take only what you or your family needs. Also that you don't eat any of the food on your bus or in the classroom. We thank everybody who was a part of Empty Bowls, Full Hearts for helping us raise money for our cause!

Ms. Armstrong: The Heart of The Matter



by Alexis Arruda

In a family there are all sorts of roles and jobs. The same goes for the family of Monomoy Middle School. Mr. Barnes is the techie guy who will help you with all of your broken-computer problems. Mr. Wilson and Mr. O'Shea are the people who keep everything in line. And though Ms. Armstrong could be seen as just the librarian or just the health teacher, I see her caring personality and encouraging projects to be the glue that holds the family that is our school together. In this article, we'll learn a bit more about everyone's favorite hot-cocoa maker, Ms. Armstrong!

Ms. Armstrong grew up in Boston and loved riding bikes everywhere with her friends. She's Swedish, French, Scottish and Irish. Her family was both Catholic and Jewish, so she was able to participate in both fates. She grew up in a big family of two sisters and two brothers as well as lots of step sisters and step brothers. Wherever she went, she tried to walk or bike and come back in time for dinner.

As you may now, she is constantly introducing new and intriguing projects for students to participate in. Between being the mastermind behind the Shark Tank Cafe, chaperoning school trips such as the 7th grade DC trip, and teaching students the wonders of the real world in Health class, she must have a lot of titles, so to say, around the school. However, she

says before any of those projects, she is a friend and helper to all. With her projects, she wants to create an environment where students can have real world experiences, and where they can learn about things they don't teach you in school. With the Shark Tank Cafe, 5th, 6th and 7th grade students have all been taught the basics of entrepreneurship. With the Writers Retreat, students are exposed to the beauty of the Cape's nature while improving their writing skills and having lots of fun. She is also a board member for the school and of course, our librarian.

When asked what her favorite part of working at MRMS was, she immediately replied "Everything." She was a little nervous at the beginning of her time working here, because previously she taught at CES and didn't know much about working with middle school. But very quickly she became accustomed to her new environment and came to adore working at the school and with her students.

Ms. Armstrong is caring, extremely intelligent and helpful, and an amazing friend and mentor. Her reliability, diligence, and for her determination to help students better themselves and learn about the world around them is inspiring. She's done a lot for the school and for us, and for that, we as a school thank her sincerely.

The Strange Story of Penikese Island

by Drew Ryan

The island of Penikese holds an interesting spot in the history of Massachusetts. Penikese is located between Buzzards Bay and Nantucket Sound. It fits into the Elizabeth Islands, a small chain of islands that stretch off the coast of Falmouth. Today Penikese is uninhabited. This was not always the case. Around the year 1905, five patients were shipped off from their home to live on the small cold island off of Cape Cod. All of these people had a disease known as Leprosy. Leprosy causes deformities to those who contract it. Only 5% of the world population is susceptible to Leprosy, but in the 1900's scientists did not have the technology to figure this out and they did not know of a cure. Leprosy was greatly exaggerated throughout history. Many thought that people who had this disease were monsters and that they were sinful. We now know that leprosy is not caused by some evil manifestation. Isn't it hard to believe that people thought this way in the 1900's?

Penikese was chosen by the state of Massachusetts to house the five people with leprosy. This seemed to be a punishment for those who contracted this horrible disease. Only two people went with the

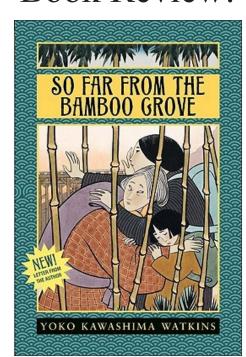
patients. A husband and wife doctor duo, Dr. Frank and Marion Parker. The Parkers cared for patients and lived on the island of Penikese. The island was split in half, one side for the patients and the other for the doctors. The patients resented their life on the island and wished to be home with their family. The Parkers did everything they could to make them feel at home. For 16 years the island was home to this group that throughout its run held 36 people. After the hospital closed, the island sat in silence. Everybody was afraid to set foot on the island even though the patients had gone to a hospital in Louisiana. Would you be?

The island laid in silence until they built a solitary school upon it in 1973. The school was built to rehabilitate young men older than 18 struggling with drug abuse. The school was open from 1973-2012. There are rumors that the school might reopen, but for 6 years the island once again has been silent. For more information check out this website:

http://www.penikese.org/

https://www.massmoments.org/moment-details/first-lepers-arrive-on-penikese-island.html

So Far From The Bamboo Grove Book Review!



by Sophia Sarabia

"So far from the Bamboo Grove" is a book about a Japanese girl named Yoko who is forced to flee her home with her mother and sister, because World War II ended and her and her family is in terrible danger. She lives in northern Korea and is trying to get to Seoul. This book is a true story of courage and survival.

After reading a couple chapters, this book has some parts that aren't very pleasing but make the book a better and more 'real' story to read. Booklist said that it "Presents a perspective of World War II rarely seen." While reading this book there are going to be parts that surprise you. It also has a lot of pages to each chapter that can get boring to read sometimes. I would recommend this book to anyone who loves to read but not someone who doesn't like long chapters and some pretty heavy stuff.

I met with the teacher that assigned this book, Mrs. Bourget, because I wanted to know why she chose this particular book?

Question: Why did you chose this book?

Answer: "So Far from the Bamboo Grove" is an amazing story about a young girl who has to go through extreme circumstances on a journey to find safety. This is relevant to sixth grade because the main character, Yoko, is 11 years old at the time and shows that even an 11 year old can be strong and courageous and accomplish unbelievable things

All in all, this book was really great and I recommend it!

Amazing Sea Turtles

by Emma Burnie

Sea turtles all over the world are migrating, laying eggs, and mating with others. But can the turtles go extinct? With so many eggs they lay at one time, you wouldn't think so, but it really can happen with the right information.

The Facts! With so many sea turtles everywhere, you would think they are all fine and living great lives. But the science and biology behind it is shocking. They are such uniques mammals, with the shell like no other these animals can weigh up to 550-1,550 pounds. With only the shell taking up 10% of its weight. Which is shocking because it is the biggest thing on their body. Sea turtles lay about 100-150 eggs at a time. But with those eggs, only one third makes it to the water, and the rest die off or get eaten. This is why these amazing animals can go extinct. But, when the sea turtle population decreases or even worse they go extinct, then the birds have no food. Soon they too will die off.

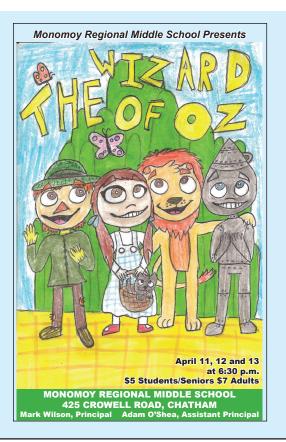
But some people think that the turtles need to go to the birds, and there are so many turtles laying so many eggs. Could they be wrong? Or are they right? Its safe to say we will never know. But with so many birds, the turtles can really go extinct.

A Walk Down the Yellow Brick Road

by Emma Burnie

Behind the Scenes: From Dorothy to the littlest munchkin, the Wizard Of Oz is truly a one hit wonder. The movie got crowds from all over and now MRMS is bringing the play to you. To be honest it has been crunch time with rehearsals and backstage lights and tech, but it is so fun to work with everyone. The props, the set, the lines, everything will have the crowd roaring. There are no small parts, everyone is important in this wonderful production. All the costumes were either made, donated from families, or brought in from students.

Each character has a unique costume, and with help from Mr. Barnes and Mrs. Dequatro, the set design is amazing. Some kids helped paint the set design, thanks to Suzie Sheeran, Sally Watson, Ava Packett, Susannah Brown, Shanesse James, Emma Burnie, Maya Jones and a bunch others. The pamphlet cover was beautiful artwork by Lily Bihler, who did an outstanding job at drawing. If you love the excitement of working with a lot of people to create, build, and act, then please checkout getting involved in one of our productions because it is unbelievable rewarding.



Why Do We Love Cats and Dogs So Much?



by Chloe Jones

First, I got this idea because I noticed that almost all of my friends love their pets and we talk about them a lot. Plus, at the school we hear about how important it is to take care of our animals and help the ones who are not lucky to have good owners. Let's start off with why we love cats so much. I have evidence from a psychology website that says "These beautiful creatures have a rare quality that we humans would do well to cultivate: a large capacity to receive affection." Petting a cat's fur is relaxing and gets our endorphins going. All of this evidence shows us that cats are affectionate to humans in different ways, like their purring or when they let you pet their fur. Cats love to play with us when they can or even want to. We love cats! The pics of the animals live right here in Chatham.

Now we are moving on to why we love dogs so much. I am now going to show you some evidence from a website called petMD this website is saying "Dogs really don't care if you're a five-star culinary artist, or if you can barely open a can of soup. Nope. They love you because you're you." But with a dog? When dogs see you going near the leash they get excited to go outside and just walk (or run) with you. It doesn't feel like exercise! Dogs will always cuddle with you. Dogs sit at the door and wait for you all day, they are always happy to see you. Even if you don't have enough time for your dog they still love you. They don't care if you did something or if you got fired, dogs only want you. Dogs and cats make life fun. These animals won't stop amazing you! All of these facts I have show why we love cats and dogs so much. Have you hugged your pet today? :-)

Jr. All Cape Reflection

by Olivia Sims, Flute Gr. 7

I really enjoyed going to Jr. All Cape because it made me realize that I am pretty good at sight reading music. My favorite out of all the pieces was HOME because it is one of my favorite songs to listen to and so I thought it was cool to be able to play it. Also, Sprach Zarathustra, I played it for my mom and dad when I got home and I said that "You will know what song it is." They looked at me confused at first because they didn't recognize it with the percussion and other instruments. When I told them that it was the introduction to movies they got it--which I thought was kind of funny. Do you know it? Storm Chaser, I really liked the beginning of it when we made rain sounds which was really cool, overall I think that the piece itself was easy to play. Of course I liked Legends, it felt a little weird not playing 61-76 (you might need to look up what that means) but it still sounded really good. Then there was Clarinets Packing Up Early, it wasn't my favorite piece but it was ok, and was still fun to play. The Magnificent Seven, I really liked how there was a trill at 26 because all the other pieces didn't have any trills so I liked how we got to play at least one. Over all, I really enjoyed playing all of the pieces, and felt proud that we were so good. It was a great experience to have!

Look What's Cooking



by Kassandra Cruz

The Monomoy Regional Middle School cooking club is a fantastic (and delicious) club where every Thursday we are cooking something new. Our recipes can be anything from empanadas to shortcake. Sooo yummy! Everyone has a part in cooking the dish and then of course, everyone cleans up. The best part is that at the end of class we get to eat the delicious food that we made ourselves. Mr. Schaeffer is the head chef and sometimes Mr. Newby

joins us and helps us cook. We learn a lot about cooking from scratch, what goes with what, and how not to burn your food, or, yourself! I can speak for everyone and say that cooking club is the best and the tastiest club of MRMS. Plus it was a lot of fun. Here are a few dishes that we've cooked up: empanadas, strawberry shortcake, tamales, pulled pork sandwiches (made from scratch), tacos, pancakes, and more. Is your mouth watering yet? Join in on the fun and get cooking!