

In-Home Therapy and Therapeutic Mentoring



IN-HOME THERAPY (IHT): JRI provides youth and families with intensive home-based support to work closely with parents and children to coach and teach practical skills and help youth learn healthy conflict resolution. JRI works with youth and families to identify and manage emotional dysregulation, behavioral issues, traumatic stress, and learning challenges, while helping to recognize strengths and foster those strengths through community activities and interventions. In-Home therapy is provided by a qualified clinician who works as part of a team that includes a paraprofessional. In-Home Therapy Services may be provided in any setting where the youth is located, including the home, schools, child care centers, respite settings, and other community settings.

THERAPEUTIC MENTORING (TM): Our mentors offer structured, one-to-one, strength-based support services for the purpose of addressing daily living, social and communication needs. Mentoring services include supporting, coaching and training the youth in age-appropriate behaviors, interpersonal communication, problem-solving and conflict resolution, and relating appropriately to other children and adolescents, as well as adults, in recreational and social activities. Our Mentoring services are provided to youth in any setting where the youth resides, and in other community settings such as school, child care centers, respite settings and other appropriate community settings.

CLINICAL: JRI community-based services programs use a home/community adaptation of an evidence-based trauma-informed approach called the Attachment, Regulation and Competency (ARC) framework. The ARC framework is a core-components treatment model, developed to provide a guiding framework for thoughtful clinical intervention with youth who have trauma histories, and their care-giving systems. Drawing from the fields of trauma, attachment, and child development, the framework recognizes the importance of working with children and families in the context of their environment, to support and facilitate healthy relationships, growth, and development.

ELIGIBILITY: In order to receive the services described above, a child or youth must be enrolled in MassHealth and must have a medical need for the services. Most MassHealth-enrolled children have either the Standard or CommonHealth coverage type. A child or youth enrolled in MassHealth “Standard” or “CommonHealth” may access any “medically necessary” MassHealth service. To be enrolled in MassHealth Standard, a family’s income must be less than 150% of the federal poverty level. CommonHealth is available to a child or an adult with a disability, regardless of income. However, higher-income families must pay a “sliding scale” premium, based on income.



AT A GLANCE

FOCUS: To provide youth and their families with practical skills for conflict resolution.

GENDER: All

AGE: Birth-20

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