

Flexible Support Services



MISSION: Flexible Support Services aims to help youth and families by allowing for their voice to be heard, empowering them through psychoeducation and education related to systems, enhancing relationships and family dynamics, advocacy, validation, and breaking negative stereotypes.

CLIENTS: Referrals are made through the Department of Mental Health (DMH) for children and young adults through age 22. The children and young adults present with mental health diagnoses and would benefit from services to improve functioning within the home and community and avoid potential hospitalizations.

CLINICAL: Within FSS, the youth and families can have access to any of the following modalities. These services can be changed intermittently depending on the level of need.

Clinical Service: Master's level individual providing clinical family work within the home and community. They may address safety planning, communication skills, family dynamics, regulation skills, family response, and coordination of care with other providers.

Therapeutic Support Specialist: Bachelor's level of service. They may work with clinician to support work within family home. TSS may also work with youth in mentor role to improve areas such as social skills, communication skills, regulation skills, community connections/integration, employment, and volunteering.

Parent/Caregiver Peer Support: Parent or caregiver with lived experience. They have raised or are currently raising a child with mental health/behavioral health needs. This support may help with specific goals parents have for themselves (self-care, connecting with group, etc.) and can empathize with the parenting process and experiences related to the mental health system.

Young Adult Peer Mentor: Paraprofessional with lived experience. They use their individual experience with managing mental health to support their work with the youth. This role is similar to a TSS with additional support regarding transitional age needs.

ELIGIBILITY: Eligibility is determined by the Department of Mental Health (DMH).

JRI is strongly committed to providing an inclusive, diverse and welcoming environment for our employees and the people we serve.

AT A GLANCE

FOCUS: FSS assists youth, young adults, and families to develop skills for community and home success.

CAPACITY: 25

GENDER: All

AGE: up to 22 years

CONTACT

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