

# CYBERSAFETY

## FOR PARENTS AND GUARDIANS

CAPE AND ISLANDS DISTRICT ATTORNEY'S OFFICE





CELLPHONES | LAPTOPS | TABLETS | GAMING  
(XBOX,Wii)

...

**YOU** signed the contract, **YOU** own the device

# WATCH FOR

- **Friends and followers you don't know personally, high numbers of followers**
- Revealing screen names (KateMA13)
- Posting about specific activities, locations, vacations
- Publicizing personal emotions (TMI)
- Simple passwords, sharing passwords with friends
- Anonymity
- Apps that require GPS
- Meeting up with people they've met online

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A blurred background image showing several people's hands holding and using smartphones. The focus is on the devices and the act of using them, with the people's faces and bodies out of focus.

**What's the most  
dangerous 4-letter word  
in the digital  
environment?**

A blurred background image showing three people holding smartphones. A white circle is overlaid in the center, containing the word "SEND" in white, bold, sans-serif capital letters. The background is out of focus, showing the hands and parts of the phones of the individuals.

**SEND**

# PERMANENT DANGERS

ONCE YOU POST, YOU LOSE CONTROL

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NOTHING IS EVER TRULY DELETED





# WHO IS SEEING THEIR PROFILE?

Colleges, employers,  
scholarships, sports programs,  
family, and friends



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## DIGITAL FOOTPRINT

# CROSSING THE CRIMINAL LINE

- Annoying Phone Calls (MGL Ch. 269, Sec. 14A)
- Stalking (MGL Ch. 265, Sec. 43)
- Criminal Harassment (MGL Ch. 265, Sec. 43A)
- Unauthorized Access to a Computer System (MGL Ch. 266, Sec. 120F)
- Use of Personal Identification of Another (Identity Theft) (MGL Ch. 266, sec. 37E)
- Threats (MGL. Ch. 275, Sec. 2)
- Violation of a Restraining Order (MGL Ch. 209A, Sec. 7)
- Violation of Civil Rights (MGL Ch. 265, Sec. 37)
- Possession of Child Pornography (MGL Ch. 272, Sec. 29C)
- Dissemination of Child Pornography (MGL Ch. 272, Sec. 29B)

# CRIMINAL SEXTING

Technology is not to blame; this behavior is not new

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Could possibly result in **criminal charges**; images of a nude or partially nude person under the age of 18 may be considered child pornography



An illustration of a man with dark hair, wearing a light blue shirt with a pattern of white flowers and dark leaves. He is sitting at a desk, looking at a laptop. On the desk, there is a white mug and some papers. In the background, there is a television on a stand displaying a colorful image, and a large, dark, abstract shape on the right side of the frame. The overall style is a mix of realism and abstract art.

WHAT CAN YOU DO?



# TAKING STEPS

- **Empower your child to feel in control, independent, and unafraid**
- Clean up all social media accounts (pictures, posts, “likes” and follows)
- Update privacy and GPS settings
- Make sure their phone is locked and password protected
- Make an agreement to get your approval before downloading new apps
- Follow or Friend your child’s page(s)
- Discuss and set rules about what they should share; go online together and look at what their friends are posting
- LEAD BY EXAMPLE
- Create digital-free zones in your home
- Monitoring software: programs can run in the background on child’s devices and send you email updates on their activities (Phone Sheriff, Netnanny, Teen Safe); be honest, let your child know
- And, most effective...

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OPEN AND HONEST  
CONVERSATION.

# OPEN AND HONEST CONVERSATION.

What do they see and post online? How do they feel about it?

What are your thoughts and concerns? Do they see your perspective?

Do you agree on what is inappropriate or harmful?

Establish and encourage mutual trust

Have them share their passwords and usernames with you

Hold high expectations and help them feel digitally empowered

# RESOURCES

**Massachusetts Aggression Reduction Center at Bridgewater State University:**

<http://marccenter.webs.com/>

**Netsmartz:** <http://www.netsmartz.org>

**Family Education:**

<http://fun.familyeducation.com/social-networking/cyberbullying/74548.html?page=1>

**PEW Internet Research :** <http://www.pewinternet.org/>

**STOMP OUT BULLYING:** [www.STOMPOutBullying.org](http://www.STOMPOutBullying.org)

**STOP BULLYING:** [www.stopbullying.gov](http://www.stopbullying.gov)

**The USAA Educational Foundation** [www.usaaedfoundation.org](http://www.usaaedfoundation.org)

**Common Sense Media :** <https://www.common sense media.org/>

# PRESENTATION CREDITS

- Cape & Islands District Attorney's Office
- Essex County District Attorney's Office
- NetSmartz
- Pew Research
- Massachusetts Aggression Reduction Center (M.A. R. C.)
- Englander, Elizabeth. *Bullying and Cyberbullying and What Every Educator Needs to Know*. (2013)

# **Monomoy R.S.D.**

**How to support your children  
as they navigate Social Media**



# Build communication and trust by really listening....



- Show an interest in what your children have to say and learn what is important to them.
- Think about your own thoughts and feelings when your child speaks to you.
- Listen carefully, and wait until your child finishes what s/he is saying before you speak.
- Don't just react quickly to what your child says. Instead think a minute and respond to what you just heard. Say things like:
  - *"I am happy that you're telling me this"*
  - *"I heard what you said and I am concerned"* proceeded to explain why you are concerned.

When parents and kids share feeling it helps build trust and allows communication to continue.

Losing control of emotions during a talk with a child hurts trust, communicates the wrong messages, and usually brings the discussion to a dead end

# Parental Monitoring



## What is parental monitoring?

- Keeping an eye on your child
- Keeping track of who your child is with and what they are doing on a day-to-day basis
- Knowing exactly where they will be at all times
- Knowing what they are accessing on the computer
- Knowing if there is supervision wherever they are

## Monitoring:


- Incorporates good family communication
- Incorporates good practices for reinforcement and discipline
- It involves:
  - communicating information
  - clarifying what is expected
  - Setting limits when necessary
  - Choosing the right way to keep your child within those limits

Why do we monitor



**TO KEEP OUR KIDS  
SAFE**

## Some examples of monitoring

- 
- Knowing who your child is spending time with and what they are doing.
  - Getting to know the parents of your child's friends and keeping in touch with them about what the kids are doing.
  - Making it very clear how you expect your child to behave and setting ground rules about what they do and where they do it.
  - Setting rules for the use of TV, video games, **Internet**, Music, etc.
  - Making time for discussing everyday activities, such as having family meals together.

# Creating a contract



1. **Clarifying the issue** and just what is at stake (i.e., personal safety)
2. **Establish general rules** (i.e., we will have access to the social media sites you are accessing). These are based upon an understanding of the problem and of each person's needs and feelings.
3. **Spell out specifics.** How will everyone meet the rules? What is everyone responsible for?
4. **Discuss what will happen if the contract is breached.** What are the consequences of breaking the contract?



THANK YOU

QUESTIONS

COMMENTS

CONCERNS

# Student Data Privacy and Security

- [Google's Privacy and Security](#)

# Other Technology

- GoGuardian
- Google Classroom
  - Aspen