



Kingsford Middle School

May 2023 Menu



Salad bar and fruit bar are back again this year

Each day students will have 3 choices:

pizza, a sandwich (hamburger, turkey sub or 3 meat sub), and a rotating choice-listed below

Monday 28	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Chicken Parm Sandwich	Rotini with Meat Sauce	Taquito's	Spicy Sub	Hot Dogs
Corn	Green Beans	Refried Beans	Carrots	Baked Beans
Peach	Pears	Pineapple	Applesauce	Bananas
Fruit & Salad Bar	Fruit & Salad Bar	Fruit & Salad Bar	Fruit & Salad Bar	Fruit & Salad Bar
Milk	Milk	Milk	Milk	Milk

Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Grilled Chicken Sandwich	Taco	Turkey Croissant	Frito Burrito	Bosco Sticks/Marinara
Green Beans	Veggies	Peas & Carrots	Refried Beans	Broccoli
Apple slices	Pineapple	Fruit	Fruit	Fruit
Fruit & Salad Bar	Fruit & Salad Bar	Fruit & Salad Bar	Fruit & Salad Bar	Fruit & Salad Bar
Milk	Milk	Milk	Milk	Milk

Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Chicken Fajita	Cheeseburgers	Chicken Alfredo	Mighty Ribs	Ham/Cheese Calzone
Refried Beans	Lettuce Salad	Peas	Corn	Brussel Sprouts
Fruit & Salad Bar	Mandarin Oranges	Pears	Bananas	Strawberries Cups
Milk	Fruit & Salad Bar	Fruit & Salad Bar	Fruit & Salad Bar	Fruit & Salad Bar
	Milk	Milk	Milk	Milk

Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Beefy Nacho's	Chicken Patty Sandwich	Tangerine Chicken or	Hot/Spicy Chicken Sandwich	French Bread Pizza
Refried Beans	Apple Slices	Oriental Veggies	Steamed Carrots	Veggies
Peaches	Steamed Broccoli	Mandarin Oranges	Applesauce	Fruit
Fruit & Salad Bar	Fruit & Salad Bar	Fruit & Salad Bar	Fruit & Salad Bar	Fruit & Salad Bar
Milk	Milk	Milk	Milk	Milk

Monday 29	Tuesday 30	Wednesday 31	Monday, June 1	Friday, June 2
	Corn Dogs or Burgers	Cooks Choic	Cooks Choice	Cooks Choice
	French Fries			
	Green beans			
Memorial Day	Fresh Orange slices			
	Fruit & Salad Bar			
	Milk			