

SAFEGUARDING BULLETIN



Ms Harwood Designated Safeguarding Lead



Mr Partridge Deputy Safeguarding Lead



Mrs Cumberbatch Safeguarding team

If you have a safeguarding concern about a child or adult, please follow the instructions below for reporting your concern;

During term time Schools Hours
Contact the designated
safeguarding lead, Ms Harwood, to
share your concerns.
harwood.cl@stowevalley.com or
Deputy designated safeguarding
lead Tom Partridge
partridge.t@stowevalley.com

Out of term time or out of school hours contact Children and Families Front door on 01926 414144 or contact 101.

tel 01926 812560

It is important to share concerns you have, no matter how small you think they may be. It is always better to say something, than nothing. We will treat all concerns shared with professionalism, confidentiality and respect.



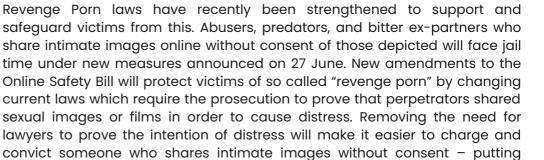
Firstly we want to start by wishing you all a lovely well earned summer break. The safeguarding team wanted to make sure you are updated and aware of all the safeguarding information and actions that have been going on to ensure our young people are safe in school as well as in the community

INTERNET SAFETY (SMOOTHWALL)

smoothwall[®]

Southam College are working closely with our IT team and ICTDS to develop processes to make the internet safer for our pupils and families. Smoothwall are launching a new Warwickshire page to support parents with monitoring their children's internet use and having control on this. Qustodio will be ready soon, but if you want to take a look you can go to and share https://www.qustodio.com/en/. Just bear in mind that this is not the finished product.

SAFELINE



more offenders behind bars and better protecting the public. Those found guilty of this base offence have a maximum penalty of six months in custody. Where it is proven a perpetrator also intended to cause distress, alarm or humiliation, or to obtain sexual gratification, they could face a two-year prison term. Offenders found guilty of sharing the image for sexual gratification could also be placed on the sex offender register.

JULY 2023

shout 85258

here for you 24/7

If your child is feeling stressed or struggling to cope they can text STUDENT to 85258 for free, confidential support, 24/7.



GiveUsAShout



GiveUsAShout





KOOTH

1 in 5 children and young people suffer from mental health illness in any given year. At Kooth, we believe every young person has the right to thrive and to access high quality mental health care.

Kooth.com is commissioned both in the UK and the US. In the UK: The NHS, Local Authorities, charities and businesses have access to anonymous and personalised mental health support for Children and Young People. With over 1.3m logins per year, we provide end to end support whatever the need.

On Kooth, qualified counsellors are online seven days a week to provide young people using the service with online counselling, through chat-based messaging via drop-in or booked sessions. Young people can also to track their mood with a goals tracker, and note their thoughts in an online journal. Kooth lets young people to provide each other with peer to peer support through moderated online discussion boards and the ability to contribute to self-help articles and content. Students will need to sign up to use Kooth, but it is completely free. If any young person is suffering with mental health please ask them to go to https://www.Kooth.com



YOUNG MINDS

We know parenting isn't always easy, although it's often amazing and rewarding to watch your children grow up and to help them learn to be independent, it can also be really hard work. It can feel especially hard if your child's mood and behaviour seem different and you're not sure why or what you can do to help. But you are not alone. Young minds have lots of practical advice and tips on supporting your child, from how to encourage your child to open up about their feelings to dealing with mental health services. No matter what you and your child are going through, things can get better. They also have our Parents Helpline who can provide advice and support if you're worried about a child or young person. To access this please call 0808 802 5544 or go to https://www.youngminds.org.uk/parent



FAMILY INFORMATION SERVICE

The family information service are on hand to support parents with advice through the summer, Get in touch with a Family Support Worker for advice and guidance on parenting and all aspects of family life. Support can be offered through telephone calls, video calls, text messages or email to suit your needs. 01926 412412 Available Monday to Friday 9am to 4pm. All enquiries will be responded to during this time.





DO NOT TAKE THE RISK



We are aware as the weather is getting warmer that young people are wanting to cool off or go swimming.

We would like to remind people of the extreme dangers of swimming in open water quarries, canals, lakes and rivers.



What are the dangers?

- · Not knowing the depth of the water
- If there are objects in the water you can't see e.g sharp objects or rocks you can't see
- Plants that could obstruct you from moving freely in the water or prevent you from getting out of the water
- · The potential you could drown

How else can you stay cool?

- · Treat yourself to an ice cream or ice lolly.
- Get a paddling pool for the garden or alternatively have a cold shower to cool off.
- · When at home wear loose and light clothing.
- Sit in the shade or find a cooler area to relax in.

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