
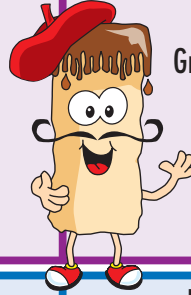



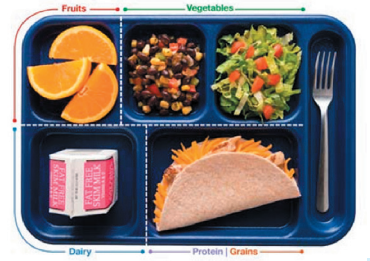


TRI-VALLEY MIDDLE SCHOOL 2023-2024 Menu



MENU #1	MONDAY Pork Rib Sandwich Baked Potato Pickles Fruit Milk 	TUESDAY Chicken Tenders Bread Slice, Margarine California Carrot Blend Fruit Milk	WEDNESDAY Taco Meat, Cheese Tostitos Great Northern Beans Romaine Salad Mix Fruit Milk	THURSDAY Sausage Link French Toast Hash Browns 100% Juice Fruit Milk 	FRIDAY Pizza Green Beans Fruit Milk
	MONDAY Soft Pretzel w/Cheese Cup Chili Soup Goldfish Cracker Carrot Snax Fruit Milk 	TUESDAY Grilled Cheese Sandwich Broccoli Fruit Milk	WEDNESDAY Popcorn Chicken Whipped Potatoes Corn Dinner Roll Fruit Milk	THURSDAY Pasta & Meat Sauce Bread Slice Romaine Salad Mix Fruit Milk	FRIDAY Pizza Mixed Vegetables Fruit Milk 
	MONDAY Chicken Patty Sandwich Sweet Potato Fries Fruit Milk	TUESDAY Taco Meat, Cheese Tostitos Great Northern Beans Romaine Salad Mix Carrot Snax Fruit Milk	WEDNESDAY Hamburger on Bun Baked Fries Pickles Fruit Milk 	THURSDAY Popcorn Chicken Fresh Veggies Dinner Roll Fruit Milk	FRIDAY Pizza Broccoli Carrot Snax Fruit Milk
	MONDAY Chicken Nuggets Dinner Roll, Margarine Green Beans Fruit Milk	TUESDAY Mac & Cheese Cornbread Pinto Beans Carrot Snax Fruit Milk	WEDNESDAY Pizza Sweet Potatoes Fruit Milk	THURSDAY Popcorn Chicken Whipped Potatoes Corn Dinner Roll Fruit Milk	FRIDAY Pizza Romaine Salad Mix Garbanzo Beans Fruit Milk

LUNCH PRICES
Middle School:
\$2.35/ Reduced \$.40
Extra Milk: \$.30
BREAKFAST:
\$1.25/ Reduced \$.30
Menu is subject to change!



- Breakfast is offered each day and includes a variety of hot/cold items, Juice/Milk.
- A peanut butter or yogurt meal alternative is offered daily and includes a serving of fruit, vegetable, grain and milk.
- Parents are encouraged to prepay meals with cash, check or online at payschoolscentral.com using a Debit/CC. PaySchools mobile app can be found on the Apple App Store or Google Play.
- Information on the daily menu or meal account balances, call (740) 754-4050, Option 6.
- Free/Reduced meal applications are available at any school office, the district website or online at payschoolscentral.com. For more information, contact the food services department at (740) 754-1442.

www.tvschools.org

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

This institution is an equal opportunity provider.

AUGUST 2023	SEPTEMBER 2023	OCTOBER 2023	NOVEMBER 2023	DECEMBER 2023	JANUARY 2024	FEBRUARY 2024	MARCH 2024	APRIL 2024	MAY 2024
S M T W T F S 1 2 3 4 5	S M T W T F S 1 2	S M T W T F S 1 2 3 4 5 6 7	S M T W T F S 1 2 3 4	S M T W T F S 1 2	S M T W T F S 1 2 3 4 5 6	S M T W T F S 1 2 3	S M T W T F S 1 2	S M T W T F S 1 2 3 4 5 6	S M T W T F S 1 2 3 4
6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	3 4 5 6 7 8 9	7 8 9 10 11 12 13	4 5 6 7 8 9 10	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11
13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	10 11 12 13 14 15 16	14 15 16 17 18 19 20	11 12 13 14 15 16 17	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18
20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	17 18 19 20 21 22 23	21 22 23 24 25 26 27	18 19 20 21 22 23 24	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25
27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30	31 25 26 27 28 29 30	28 29 30 31	25 26 27 28 29	31 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31