



Health I - Unit 4 - CPR/AED Certification

Unit Focus

Our Red Cross-certified PE teachers will lead students through training to become Red Cross CPR/AED certified during this unit. The training will include instruction on communicable diseases, safety, and injury prevention. Students will examine preventative measures and safety measures to reduce injuries as well as how to protect themselves from communicable diseases when administering life-saving protocols.

Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
Healthy and Balanced Living Curriculum Framework Health Education 9-12 <ul style="list-style-type: none">Differentiate between communicable and noncommunicable diseases (OWDP 1.5.12)Demonstrate how to provide basic First Aid and CPR in a variety of emergency situations. (SIP 1.1.12)Safe Driving (Texting, seat belt). (SIP 1.3.12)Unintentional Injury. (SIP 1.4.12)Summarize ways to reduce safety hazards in the home, school or in the community. (SIP 1.9.12)Describe actions to take in case of mass trauma. (SIP 1.10.12)Explain accepted procedures for basic emergency care and lifesaving. (SIP 1.11.12)Determine when professional health services may be required. (AI 3.3.12)Demonstrate how to effectively offer assistance to improve the health of others. (IC 4.5.12) Madison Public Schools Profile of a Graduate <ul style="list-style-type: none">Decision Making: Make responsible decisions, based on potential outcomes. (POG.4.2)	<i>Students will be able to independently use their learning to...</i> T1 Analyze risk factors and evaluate the consequences to self and others before taking action. T2 Develop skills, knowledge, and concepts through practice and analysis of results.	
	Meaning	
	Understanding(s)	Essential Question(s)
	<i>Students will understand that...</i> U1 Humans survey a situation to identify potential risks can offer options and insights to human and situational behaviors. U2 Students differentiate between situations requiring peer support and requiring adult professional help. U3 People analyze all possible options and outcomes before taking action.	<i>Students will keep considering...</i> Q1 How do I assess a situation? Q2 What strategies can I use to help me in this moment? Q3 What is a responsible action? Q4 What are the consequences and benefits of quick decisions?
	Acquisition of Knowledge and Skill	
	Knowledge	Skill(s)
	<i>Students will know...</i> K1 CPR stands for Cardiopulmonary Resuscitation and is used as an emergency procedure that can help save a person's life if their breathing or heart stops. K2 AED stands for automated external defibrillator and is used in cardiac emergencies when a victim's heart stops. K3 AED stands for automated external defibrillator and is used in cardiac emergencies when a victim's heart stops. K4 9-1-1 is called whenever a life-threatening condition is detected.	<i>Students will be skilled at...</i> S1 administering CPR and an AED device to save lives. S2 knowing when and how to administer CPR and an AED device in order to save a life.