# Cafeteria News and Notes 2023-2024

#### Breakfast and Lunch Service

A variety of breakfast and lunch choices are available daily for your child to enjoy. If you believe your family qualifies for free or reduced-price school meals, applications can be submitted online at www.myschoolapps.com

#### **Meal Charge Policy**

In the rare event that a student forgets their money or does not have any money remaining on their account, Carroll County Public Schools will allow each student to charge up to two days of breakfasts and lunches. Beyond the two days, the student will be served a complimentary meal of a sandwich and side items until repayment is made. Students must have cash or money on their account to purchase a second meal (breakfast or lunch) or any a la carte items as these cannot be charged. For more information visit www.carrollk12.org

#### Wellness Policy

CCPS is committed to promoting student wellness and assuring that our school meals meet federal nutrition standards. Visit our website <u>www.carrollk12.org</u> to learn more about our policy and triennial assessment.

# **Smart Snacks in Schools**

CCPS offers a variety of a la carte items for purchase in the cafeterias. Our a la carte food and beverage items meet the nutritional standards of the Smart Snacks in Schools regulations. Each student has a cafeteria account that they can access with an assigned PIN. To place money on account visit <u>www.myschoolbucks.com</u> or send cash or personal checks made out to your school with your child.

Please visit <u>https://www.carrollk12.org</u> for detailed information on the snacks available in our schools.

# Free and Reduced Priced Meals

Applications for free and reduced priced meals are accepted throughout the school year. Meal benefits from last school year (2022-2023) will expire on October 16, 2023.

#### APPLY for Meal Benefits online at:

### www.myschoolapps.com

Meal Benefit Applications may also be obtained from your school or by visiting the CCPS website.

# **Meal Prices**

<u>Breakfast</u> Elementary: \$1.50 Secondary: \$1.75 <u>Lunch</u> Elementary: \$2.50 Middle: \$2.75 High: \$3.00

# Digital Menus

Interactive menus and nutritional information available online! Visit:

https://carrollk12.nutrislice.com or download the Nutrislice app for your iOS or Android

#### Employment

Interested in joining our food services team? Visit our website <u>www.carrollk12.org</u> or call 410-751-3040 for more information.

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