

FIRST DAY OF SCHOOL FOR THE 2023-2024 SCHOOL YEAR IS TUESDAY, AUGUST 29, 2023!

**SAFETY  
COMMITTEE**

Dave Andrews  
Instructional Coach  
Representing Administration

Chad Broman  
Summit Township  
Elementary School Principal  
Representing Managerial

Kristen Clouse  
Human Resources Director  
Representing Administration

Breit Cochran  
Intermediate High School  
Social Studies Teacher  
Representing BEA

Anita English  
Special Education Secretary  
Representing PSEA/NEA/ESPA

Bob Plocki  
Maintenance  
Representing SEIU

Les Zang  
Supervisor of Custodial Maintenance  
Representing Managerial

Ellen Scott  
Recording Secretary

**ACCIDENT REPORT  
2022-2023 SCHOOL YEAR**

A TOTAL OF 42 INJURIES WERE REPORTED FOR THE 2022-2023 SCHOOL YEAR WITH 4 OF THE INJURIES RESULTING IN "LOST TIME" FROM WORK.

THE FOLLOWING IS A BREAKDOWN OF THE NUMBER OF INJURIES PER EMPLOYEE CLASS:

CLERICAL: 1  
CUSTODIAN: 1  
FOOD SERVICE: 2  
GROUND CREW: 1  
GUIDANCE COUNSELOR: 1  
HEALTH TECH: 1  
INSTRUCTIONAL PRACTITIONER: 1  
IT INTERN: 1  
MAINTENANCE: 3  
PARAPROFESSIONAL: 12  
SCHOOL POLICE: 2  
TEACHER: 16

**INJURED AT WORK?  
HERE'S WHAT TO DO!**

*If you have an accident at work, immediately notify your building principal or supervisor. They will provide the appropriate forms to report your accident.*

*UPMC continues to be the district's Workers' Compensation provider for the 2023-2024 school year. Initial treatment for your injury, unless an emergency, should be sought at one of the recommended providers:*

**MED EXPRESS URGENT CARE  
(ANY LOCATION)**

OR

**CONCENTRA MEDICAL CENTER  
15 FREEPORT ROAD, SUITE 100  
PITTSBURGH, PA 15215**

*Please note: **FASTER CARE** is not an eligible provider for a Workers' Compensation Injury.*

**YEARLY NUMBER OF ACCIDENTS-  
FIVE YEAR COMPARISON:**

2022-2023	42
2021-2022	58
2020-2021	43
2019-2020	54
2018-2019	50

**USE CAUTION ON LADDERS!**

Wearing appropriate footwear is important when using a ladder; shoes or boots may be wet, causing you to slip as you climb the ladder. The ladder should be positioned on a flat surface before use. Be sure that the tools you are using are specifically designed for this purpose and are in good condition before starting work.

**PRACTICE SMART HOME SAFETY!!**

Summer time is a prime time for vacations. It's also a prime time for residential burglaries. Consider setting up light timers at your home to deter would-be criminals from breaking-and-entering.

Additionally, having motion lights and nighttime landscape lighting can deter criminals as well.

**DO WHAT YOU LOVE**

Finding joy in life and it's activities is one of the best ways to keep yourself mentally and physically young. Whether that's going out golfing with friends, playing with your grandkids, painting, wakeboarding, etc., it's important to make time to rest and relax during the summer season.

**STAY HYDRATED!**

Staying hydrated is always important for optimal body functioning, but especially during the hot and humid months. That's because fluids are lost through sweat which happens a lot more often in the summer. If you plan to spend a lot of time outdoors, make sure you keep water with you and drink it often. Consuming foods with high water content-think melons, lettuce, cucumbers, etc.-can also help you stay hydrated to avoid heat illnesses.

