

FALL 2023

River Valley **PROJECT EXPLORE**



**SCHOLARSHIP INFO
PAGE 14!**



Come one, come all! CRAFT FAIR

Saturday, October 14 • See page 7 for more details

Classes begin on September 5, 2023

WELCOME

We would like to extend an invitation for you to take part in the variety of activities and services offered through River Valley Project Explore, a Community Education program serving adults with disabilities. The information provided here should give you a close look and better understanding of how our program works and where to acquire additional information that you may need. For over 30 years, Project Explore has been a leader in providing options for adults with disabilities to participate in activities that are specifically designed to meet their diverse needs.

Project Explore Staff

Coordinator Patty Vance
Instructors and Staff Pat Bauer,
Sue Butzer, Gabby Cogshall, Nick Cobbett, Julie Davis,
Amy Ferrell, Hannah Germann, Caroline Gettz, Anita Groen,
Victoria Hamilton, Julie Harding, Janet Larson, Emily Messick,
Jill Milbauer, Megan Moe, Monica Mohn, Betsy Ritschel,
Angila Schmidtke, Julie Swanson



Project Explore Advisory Council

Caroline Gettz	Kevin Johnson	Ian Mayes
Dave Modrynski	Megan Moe	Jenne O'Neill-Mager
Sona Parker	Greg Paulson	Leah Paulson
Kelly Ruiz	Denise Weber	Dottie Woodruff
Barb St. Aubin	Patty Vance	

Advisory Council members meet bi-monthly to discuss providing services and programming. In addition they develop collaborations to benefit the ongoing educational, recreational and social needs of adults with disabilities living within the five school districts of the consortium. Interested in becoming part of the Council? Contact Patty Vance for information.

RVPE Foundation

Our mission is to seek funding resources and effectively manage funds to support River Valley Project Explore. The Foundation will work cooperatively with the Project Explore Advisory Council and program staff to support advocacy and fund raising programs as well as the disbursement of funds that ensure the programs' ongoing success.

The Foundation is focused on expanding programs, classes and opportunities; providing needed equipment for activities, and scholarships for those needing financial assistance.

Board members include: Elaine Becker, Lisa Burns, Nick Cookas, Rick Cotterman, Suzanne Elwell, Jeanne Finch, Larry Hall, Monica Jensen, and Jeff VonHoltum.

FROM THE DESK OF THE COORDINATOR

We have a few new activities this fall, so make sure to look through the whole catalog. This fall we will take a day trip on a luxury bus to FAWN-DOE-ROSA in St. Croix Falls. We will spend the better part of another day visiting the state capitol and MN History Center. There are two MN Twins games in September along with a boat ride on Lake Minnetonka. For crafters that can work independently, we have a time once a month to get together with friends to craft. Check out "Creative Corner" for more information about that. We are partnering with the Apple Valley Police Department for a four week 'Citizen's Academy'. McGuire Middle School in Lakeville has a heated pool for our two 'Open Swims' this fall. There will be six daytime craft classes too! These will take place at the Lakeville Community Learning Center in the early afternoon.

Save the date of Saturday, October 14th for the 8th annual Project Explore Craft Fair! It is at Valley Middle School from 10 am-3:00 pm. There will be a wide variety of crafters and a great time to start your holiday shopping!

The Annual Fundraiser Dance in late June was a great evening with music from "The Prisoners of Rock 'n' Roll" along with over 70 raffle prize winners. Thank you to everyone that donated items to make this night wonderful. Service providers that helped with donations include CareCo, Kota Connections, Midwest Special Services, New Challenges and Twin Cities Dream Team. We also had many businesses and individuals make generous donations toward the success of the raffle. A big thank you to the RVPE Foundation for all of their support for this dance! The Foundation provides the four grand prizes of cash. Additionally, they manage the raffle ticket sales which is a huge help! The RVPE Foundation also provides scholarships to those in need. Please call the office for more information and ask for Patty.

As always, activities have been filling up quickly, so I hope you will take the time to register early!

Please make sure to use the back page of the catalog to keep track of your registrations. We'll send you an email reminder too, so make sure your contact information including a current email address is up to date when you register!

We love our Volunteers!

Project Explore Volunteers are very valuable and appreciated! Through the generosity of volunteers we are able to keep our class and activity fees low, allowing individuals to participate in more classes. Project Explore is always looking for volunteers to help with activities. If you, your group or organization would like to volunteer, please let us know. You can send us an email – projectexplore@district196.org – or call our office – 651-423-7931.

COOKING CLASSES



Cooking classes provide you an opportunity to improve skills, build confidence and have fun with your friends while enjoying a tasty meal. You will need to be able to follow directions and safely use kitchen utensils and help with clean up too. Class sizes are limited, so be sure to sign up early!

Gluten Free Cooking

Who knew gluten free cooking could be so easy and delicious? Join us to help prepare a tasty dinner complete with salad and dessert!

Monday, September 18
Valley Middle School

5:30-7:30 pm
\$15 per person

Creepy Cooking

Are you looking for a meal that will “scare” away hunger? We’ll be cooking up a Halloween dinner that will satisfy the hungriest ghosts and goblins. Don’t be “afraid” to join us as we prepare some frightfully delicious recipes.

Monday, October 16
Valley Middle School

5:30-7:30 pm
\$15 per person



Chili Night!

What a great way to warm up on a ‘chilly’ day with a delicious bowl of chili!! Angila will have all the toppings for your chili along with some healthy sides and a tasty dessert.

Monday, November 27
Valley Middle School

5:30-7:30 pm
\$15 per person

CRAFTS CLASSES



Yarn Cat Bottle

This adorable cat, will sit proudly anywhere you place it. It is made from a clean and empty wine bottle, yarn, Styrofoam and embellishments.

Thursday, September 14
Community Learning Center

1:00-2:30 pm
\$12 per person

Thursday, September 14
Valley Middle School

6:30-8:00 pm
\$12 per person

Decorative Pumpkins

It is the time of year when pumpkins are everywhere, so why not make some now so you have time to make more in the months to come. They are good for gifts, decorations or just for yourself.

Thursday, September 28
Community Learning Center

1:00-2:30 pm
\$12 per person

Thursday, September 28
Southview Elementary

6:30-8:00 pm
\$12 per person



CRAFTS CLASSES



Fall Cardmaking

Create some beautiful cards for the fall season! We'll have supplies for Halloween, Thanksgiving and fall themes. These are sure to brighten the lives of people when you send them to let them know you care! Each person will have supplies to make ten cards.

Monday, October 2
Valley Middle School

6:30-8:00 pm
\$12 per person

Vultures!

Vultures are not usually cute, but these are! Their past life was a beautiful flamingo, but we are going to make it into a vulture. We will paint them black, give them a dark red neck and some feathers around the neck. Put them in your yard or in your planter around your house.

Thursday, October 12
Community Learning Center

1:00-2:30 pm
\$12 per person

Thursday, October 12
Valley Middle School

6:30-8:00 pm
\$12 per person

Pumpkin Carving

This is a favorite fall activity! Join your friends to decorate pumpkins in your own unique style! We are having two options this year. You can carve your pumpkin or paint it. Either way it will be a fun night!



Tuesday, October 24
Southview Elementary

6:30-8:00 pm
\$12 per person

Gnome Witch

This witch should not be this adorable, but she is! We will make a gnome with all the things a witch has...robe, hat, and a cauldron. What a great way to decorate for Halloween!

Thursday, October 26
Community Learning Center

1:00-2:30 pm
\$12 per person

Thursday, October 26
Valley Middle School

6:30-8:00 pm
\$12 per person



Turkey Flowers

These flowers will be made to look like turkeys using round wooden circles. The faces will have all the turkey features. When you are done making the flowers (5) you will place them in a mug vase with the saying "give thanks" on it. It will make the perfect gift for your Thanksgiving host or keep it for yourself.

Friday, November 3
Community Learning Center

1:00-2:30 pm
\$12 per person

Friday, November 3
Southview Elementary

6:30-8:00 pm
\$12 per person

Be Thankful

This craft will be a reminder for us to always be thankful. We will take a wooden frame, attach thin string back and forth on the back, cut out leaves and write what you are thankful for, and attach them with tiny clothes pins. You will take blank leaves home so you can add more thankfulness to it.

Wednesday, November 15
Community Learning Center

1:00-2:30 pm
\$12 per person

Wednesday, November 15
Valley Middle School

6:30-8:00 pm
\$12 per person

T-Shirt Painting

Come to one of our favorite classes and paint a Project Explore T-Shirt. The design is already printed on the shirt, all you have to do is use your creativity and color it! Please fill in your T-shirt size when you register. You must register by October 24th for this activity so your T-shirt can be ordered and printed prior to the class.

Tuesday, November 21
Valley Middle School

6:30-8:00 pm
\$15 per person



CRAFTS CLASSES

Creative Corner

This corner is for independently creative people! You can bring your own project that you are working on or join us to get new ideas. We will have some craft supplies to share with you, depending on your project. If you have supplies to share, feel free to bring them. This is strictly a time to get together, hang out and craft!

Monday, September 11
Southview Elementary

Thursday, October 19
Southview Elementary

Monday, November 13
Southview Elementary



6:30-8:00 pm
\$5 per person

6:30-8:00 pm
\$5 per person

6:30-8:00 pm
\$5 per person

DANCES

Fall Kick-off Dance

Get out your dancing shoes and join us for a great evening together to 'kick-off' our fall season. What a great way to get moving and get together with friends!

Friday, September 22
Valley Middle School

6:30-9:00 pm
\$8 per person



Halloween Dance

It's time for the most popular dance of the year! Wear your favorite costume and join all your friends for our annual Halloween Dance. Don't be spooked if they don't recognize you.

Friday, October 27
Farmington High School

6:30-9:00 pm
\$8 per person



ENTERTAINMENT

Karaoke Night!

Calling all singers! Plan for a great evening of Karaoke as you sing favorite songs with friends. Make sure to include the name of the song you want to sing when you register for this activity. We'll have beverages to keep you hydrated.

Thursday, September 7
Valley Middle School

6:30-8:00 pm
\$5 per person

Monday, November 6
Valley Middle School

6:30-8:00 pm
\$5 per person

Bingo & Pizza

Let's meet up for a delicious pizza lunch followed by bingo! What a great way to spend a Saturday afternoon with friends. There will be lots of great prizes for you to choose from as your bingo prize.

Saturday, September 9
Valley Middle School

12:00-2:00 pm
\$9 per person



Let's Play Cards!

Calling all card players! If you enjoy UNO®, SKIP BO®, Gin Rummy, Go Fish, Old Maid and other card games plan to join your friends for a great night of fun. We will have the cards and some refreshments ready for you.

Friday, September 15
Valley Middle School

6:30-8:00 pm
\$5 per person

Wednesday, October 11
Valley Middle School

6:30-8:00 pm
\$5 per person

Wednesday, November 8
Valley Middle School

6:30-8:00 pm
\$5 per person



Movie Night

Get out of the house and join your friends for a fun evening of refreshments and a movie! Check-in time is 5:45-6:00 pm and the movie will begin promptly at 6:05 pm to make sure we are done by 8:00 pm.



Thursday, September 21
Valley Middle School

5:45-8:00 pm
\$5 per person

Game Night

Come on out and spend the evening playing games with your friends, both old and new! We'll have all the usual games, cards and puzzles. If you have a favorite game to share, feel free to bring it along. There will be beverages and snacks for you to enjoy while you play.

Friday, September 29
Valley Middle School

6:30-8:00 pm
\$5 per person



BINGO!

Time for B-I-N-G-O! Join your friends for an evening playing this fun game. There will be prizes to choose from for every player. We will serve a snack and beverage for you to enjoy while playing bingo with friends.

Friday, October 6
Valley Middle School

6:30-8:30 pm
\$5 per person

Word Search Challenge

Do you enjoy solving word searches? If so, this class is for you! You'll be challenged to see how many hidden words you can find in several puzzles. Remember the words can be hidden backwards, forwards and diagonally. Each participant will receive a word search book to take home. Refreshments will be served. Please register by September 28th, so your name can be included in the word search booklet.

Monday, October 9
Valley Middle School

6:30-8:00 pm
\$6 per person

Magic Show

Come and join us for a fun evening with Wonderful Woody! You'll be amazed by his illusions and tricks. They'll also be some juggling and a song or two. Come prepared for lots of laughs and some audience participation! Refreshments will be served.

Friday, October 13
Valley Middle School

6:30-7:30 pm
\$8 per person



Halloween Movie Night

Join your friends for a spooky movie to get in the 'spirit' of Halloween! Wear a costume if you'd like to add to the fun! Check in time is 5:45-6:00 pm. The movie will start at 6:05 pm to make sure we are done by 8:00 pm.

Monday, October 30
Valley Middle School

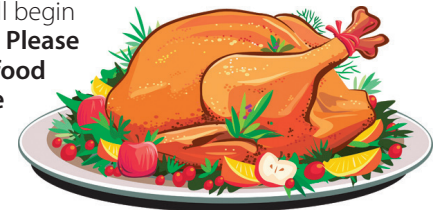


5:45-8:00 pm
\$5 per person

Thanksgiving Dinner

Come and celebrate the season at our annual Thanksgiving Dinner. We'll have turkey, stuffing, potatoes, other side dishes and pie for dessert! We will begin serving dinner at 5:45 pm. **Please bring a non-perishable food item to help support the food shelf at Messiah.**

We must receive your registration and payment for this event no later than Friday, November 3rd. Caregivers need to register and pay for dinner. Sorry, no walk-ins accepted.



Friday, November 17
Messiah Lutheran Church

5:30-7:30 pm
\$12 per person

Holiday Movie

Celebrate the start of the holiday season and get together with friends for a classic holiday movie. Refreshments will be served. You can check in for the movie starting at 5:45 pm. The movie begins promptly at 6:05 pm.

Thursday, November 30
Valley Middle School

5:45-8:00 pm
\$5 per person

HEALTH AND WELLNESS

Move & Groove

Join us for stretching and moving to music. We'll also use some hand weights for more muscle toning. This easy exercise class is so much fun you will forget it is good for you! Wear comfortable clothing and tennis shoes. Bring a water bottle and hand weights if you have them.

Wednesday, September 6
Nicollet Middle School

Wednesday, September 20
Nicollet Middle School

Wednesday, October 4
Nicollet Middle School

Wednesday, October 18
Nicollet Middle School

Wednesday, November 1
Nicollet Middle School

Wednesday, November 29
Nicollet Middle School



6:30-7:30 pm
\$5 per person

6:30-7:30 pm
\$5 per person

6:30-7:30 pm
\$5 per person

6:30-7:30 pm
\$5 per person

6:30-7:30 pm
\$5 per person

6:30-7:30 pm
\$5 per person

Yoga

Join us for a relaxing evening of stress reduction and meditation through gentle yoga. You will learn breathing techniques and poses to promote strength and wellness. This class is for all levels and abilities. It can be adapted for those with limitations. Wear comfortable clothing, bring a yoga mat or towel along with a water bottle to keep hydrated.

Tuesday, October 3
Valley Middle School

Please note this class meets the same night as Citizen's Academy.

Tuesday, October 17
Valley Middle School

Tuesday, November 14
Valley Middle School

Please note this class meets the same night as Sing Along.

Tuesday, November 28
Valley Middle School

6:30-7:30 pm
\$5 per person

6:30-7:30 pm
\$5 per person

6:30-7:30 pm
\$5 per person

6:30-7:30 pm
\$5 per person

Citizen's Academy

Join us for four evenings to learn more about our Apple Valley Police and Fire Departments. There will be a multitude of information covered including tours of the police department and a fire station. You will hear speakers cover topics including crime prevention, internet safety, personal safety, 911 use, K9, SWAT, basic first aid, fire prevention and more! First session meets at the Apple Valley Municipal Center. Location for the remaining classes will be announced at the first session.



You must be available to attend all four sessions as space is limited and this will be very popular!

Please note this class meets the same night as "Shake It Off" Dance class on September 19 and "Ghostbusters" Dance class on October 10th.

Tuesdays, Sept. 19-Oct. 10
Apple Valley Police Department

6:30-8:00 pm
\$6 per person

Hike Hanrahan Lake

Join us on a 2-to-3-mile hike on the beautiful rolling hills at Murphy-Hanrahan Nature Preserve. Wear sturdy walking shoes and appropriate clothing for the weather. Hikers must be able to stay with the group or have staff with them. Afterward we will relax and visit with refreshments. Meet by the parking lot and please arrive 10 minutes before the designated time so we can set out on our hike together.

In case of inclement weather, the instructor will call and re-schedule.

Saturday, September 30
Hanrahan Lake

10:00-11:30 am
\$5 per person



Stroll & Roll Valley Lake

Take a nice walk around the paved path and look for geese, ducks and other wildlife. Dress for the weather and wear good walking shoes. The path is suitable for wheelchairs, mostly flat, but there may be some small hills. Meet on the grass by the parking lot and shelter to sign in. Please arrive 10 minutes ahead of time so we can set off on our walk together. At the end of our stroll, we'll have some social time to enjoy bottled water, a snack and visit with friends.

In case of inclement weather, the instructor will call and re-schedule.

Saturday, October 7
Valley Lake Park

10:00-11:00 am
\$5 per person

Craft Fair

**Come one,
Come all!**

See a great variety of crafts for sale from some of our Project Explore friends and various local vendors. Get a jump on all your

holiday shopping. Invite your friends, family and co-workers. Food and drinks will be available for purchase.

Saturday, October 14, 10:00am – 3:00pm

Free!
Valley Middle School

If you are a crafter or want to volunteer, we need you!

Contact Caroline at 952-393-5944



HEALTH AND WELLNESS

Open Swim

Enjoy the many benefits of a warm water pool. The water temperature is a relaxing 88 degrees which can soothe sore muscles, offer stress reduction and will feel great! As you move in the pool your body is supported while providing gentle resistance to improve your overall body strength without any joint strain. The pool is reserved just for us for a fun afternoon. Lifeguards will be on duty. Bring your swimsuit, towel, and goggles if desired. If you can't swim or need assistance in the pool, make sure a staff person is able to get into the pool with you.

Parking Information: Enter the parking lot off Holyoke Ave. by the sign for JFK Elementary School. Park around the back of McGuire Middle School. Please enter the building through the pool/gym doors at McGuire Middle School. Take a left once you enter through the back doors of the school then the pool will be on your right. Please enter the pool deck through the double silver doors and check in with a lifeguard.

Saturday, October 14
McGuire Middle School

2:00-3:00 pm
\$5 per person

Saturday, November 4
McGuire Middle School

2:00-3:00 pm
\$5 per person



MUSIC & DRAMA

Sing Along

Do you love to sing? If the answer is 'yes' then plan to join Nick and Pat for a wonderful evening singing your favorite songs. There will be song sheets for you so you can follow along! Nick plays guitar and Pat will lead the singing. Beverages will be served.

Wednesday, September 13
Valley Middle School

6:30-7:30 pm
\$5 per person

Thursday, October 5
Southview Elementary

6:30-7:30 pm
\$5 per person

Tuesday, November 14
Southview Elementary

6:30-7:30 pm
\$5 per person

Please note this class meets the same night as Yoga.



"Shake It Off" Dance Class

Taylor Swift's fun, sassy song invites you to move your feet, sing along and "Shake it Off"! So, grab some friends and enjoy an hour of fun that will have you dancing the night away!! No partner needed for this great way to get moving, laughing and having a great time!

Please note this class meets the same night as Citizen's Academy.

Tuesday, September 19
Valley Middle School

6:30-7:30 pm
\$8 per person

"Ghostbusters" Dance Class

Who you gonna call? "Ghostbusters!" Turn Tuesday night into a dancing night with this iconic toe tapping song. What a fun way to start the week! No partner needed to have a great night dancing with friends.

Please note this class meets the same night as Citizen's Academy.

Tuesday, October 10
Valley Middle School

6:30-7:30 pm
\$8 per person



MUSIC & DRAMA

Country Line Dancing

Get those cowboy boots and grab your hat for an hour of classic country songs and dances.

Thursday, November 9
Valley Middle School



6:30-7:30 pm
\$8 per person

OUT ON THE TOWN

Cancellation Policy

Cancellations must be made prior to the registration deadline. You will be charged for pre-paid tickets and other direct costs unless a replacement can be found. No refunds will be given for cancellations received on or after the date trip.

Caregivers need to register and pay for each Out On The Town activity.

Lake Minnetonka Boat Cruise

Join us for a private cruise on Lake Minnetonka with friends. Lady of the Lake, a beautiful historic sternwheeler boat will take us all around the lake to explore beautiful shorelines, bays, inlets and harbors. There are three levels to the boat so you can be fully inside or completely uncovered, up top on the deck. Dinner is provided and includes a sandwich, pasta salad, fruit salad, jumbo cookie and a beverage. Gluten free option is available. Your registration includes the boat ride, your meal and drink. The boat does have four stairs to navigate getting on and off the boat but is otherwise accessible. *Registration must be received by August 29th or until the boat is full.*



Friday, September 8
Valley Middle School

4:15-8:30 pm
\$39 per person



MN Twins

Calling all Twins fans! Hop on board the bus down to Minneapolis and help us cheer on the hometown team as they take on the New York Mets! This Sunday afternoon game at Target Field is sure to be a great time! Game time is 1:10pm. These are very popular events, so get your registrations in early. Limited wheelchair seating is available. Seats are located in the Legends Landing, (Section T) which

provides a great view of both the diamond and the Minneapolis skyline, plus all-inclusive food and beverage! Simply present your ticket at the concession stand located behind the Legends Landing to receive unlimited* ballpark fare, including hot dogs, burgers, chicken tenders, popcorn, pop, water, juice and milk. If you are driving, the best entrance to our seat area is through Gate 14, Level 2.

We must receive your registration and payments by August 17th or until the tickets have sold out.

Sunday, September 10
Valley Middle School

11:45 am-5:00 pm
\$54 per person

OUT ON THE TOWN

“Jersey Boys”

With phenomenal music, memorable characters and great storytelling, Jersey Boys follows the fascinating evolution of four blue-collar kids who became one of the greatest successes in pop-music history. Winner of Best Musical at both the Tony Awards® and Olivier Awards®, Jersey Boys takes you behind the music of Frankie Valli and The Four Seasons to discover the secret of a 40-year friendship as the foursome work their way from the streets of New Jersey to the heights of stardom. Experience electrifying performances of chart-topping hits including “Sherry,” “Big Girls Don’t Cry,” “Can’t Take My Eyes Off You,” “Dawn” and “My Eyes Adored You” which brought The Four Seasons the highest honor: induction into the Rock ‘n’ Roll Hall of Fame. This performance is at The Chanhassen Dinner Theatre.

Lunch seating begins at 11am and the show starts at 1pm. Bring money if you want soda pop and/or dessert. *We must receive your registration and payment by August 18 or until tickets have sold out.* Wheelchair seating available.

Saturday, September 16
Valley Middle School

10:00 am-4:00 pm
\$88 per person

FAWN-DOE-ROSA

Hop on board a luxury motorcoach for a day of adventure. We will head to FAWN-DOE-ROSA Wildlife Educational Park located in St. Croix Falls, Wisconsin. The drive is about 90 minutes. Once at FAWN-DOE-ROSA a host will meet us for a 30-minute tour so you will be well prepared to then tour the park on your own. Everyone will receive a bag of animal feed. Places to explore include a Deer Yard, Petting Area, Farmyard and Gift Shop. You’ll see deer, horses, donkeys, goats and more. We will explore for about 90 minutes and then hop back on the bus for lunch. There are many lunch options available just down the road. McDonald’s, Dairy Queen, Panda Express and Subway. Lunch is on your own, so make sure to bring money. We’ll enjoy a scenic drive home along the St. Croix where we can enjoy the fall colors along the river. *Registration is open until September 11th or the bus is full.*



Saturday, September 23
Falcon Ridge Middle School

8:45 am-3:45 pm
\$37 per person

MN Twins Community Night

Come watch the Twins take on the Oakland Athletics with friends. Tickets for this game have been generously donated by the MN Twins Community Fund. Seats are located in Sections 202 and 302. (We have four tickets in Section 202 for wheelchair seating).



Game time is 6:40pm. Registration must be received by Monday, September 25th or until tickets have sold out. We ask for a small donation to cover the bus fee, staffing and administrative fees.

Wednesday, September 27
Valley Middle School

5:15-10:15 pm
\$10 per person

State Capitol & History Center

Take a tour of the Minnesota State Capitol Building with a private guide. Connect with this landmark building designed by Cass Gilbert through its amazing stories — and learn about its incredible architecture, art and history. After our tour we’ll take a short walk to the Minnesota History Center. Once there we can visit the ‘Market House Grab-n-Go’ which features a variety of sandwiches, salads, snacks, and beverages. After lunch we’ll explore the History Center. There are exhibits about Native Minnesota Communities, Minnesota’s Greatest Generation, Minnesota’s Wild Weather and more! Bring money for lunch at the Market House. *Registration closes on October 16th or when full.*

Saturday, October 28
Falcon Ridge Middle School

10:15 am-4:00 pm
\$12 per person



Cinderella

This joyous, magical musical based on the beloved fairy tale touches the heart with lots of laughs, audience participation and lovable characters along the way! It’s a perfect story for the season. Join us for this great holiday treat at the beautiful Ives Auditorium where every seat is terrific!

Wednesday, November 29
Ives Auditorium

10:00-11:15 am
\$10 per person

OUT & ABOUT

Lunch Bunch

Let’s meet for lunch and some socializing! It’s a great time to enjoy lunch, see old friends and make some new friends. If you’re available we hope you can join us! **Remember to bring money for your meal.**

Thursday, September 21
Culvers of Apple Valley

11:00 am-12:00 pm
Free

Friday, October 13
Freddy’s, Lakeville

11:00 am-12:00 pm
Free

Tuesday, November 14
Wendy’s, Apple Valley

11:00 am-12:00 pm
Free



SCIENCE

Apples, Apples, Apples

How come there are so many apples? Why do they taste so good yet different? Why do they have different sizes, shapes and colors? What is apple science? Answer these questions and more while making apple print four sack dish towels.

Monday, September 25
Valley Middle School

6:30-7:30 pm
\$12 per person



Tiny Dancers

What is a motor? Make motors out of batteries and magnets. Shape a tiny “dancer” out of wire and watch it spin and spin and spin! Find out how electricity and magnetism make motors.

Monday, October 23
Valley Middle School

6:30-7:30 pm
\$12 per person

SCIENCE

Rainbow Film Bookmarks

November is National STEAM Month (science, technology, engineering, art and math enrichment). Let's make thin films by floating fingernail polish on water and capturing the designs on black paper to make rainbow book markers. Discover the world of light and optics.

Monday, November 20
Valley Middle School

6:30-7:30 pm
\$12 per person



SPORTS

Our bowling leagues meet at Bogart's Entertainment Center. Join your friends for a fun time of bowling and visiting. If you are hungry, you can stay and eat right there in the Main Street Grill. You receive a free beverage with your meal purchase. Bowling leagues fill up quickly. You must pre-register to insure you will have a lane assigned.

Please indicate on your registration if you need lane bumpers and/or bowling ramp.

Monday Morning Bowling

Monday, September 11-November 13
Bogart's Entertainment Center

10:00-11:15 am
\$45 per person

Monday Afternoon Bowling

Monday, September 11-November 13
Bogart's Entertainment Center

4:00-5:15 pm
\$45 per person

Wednesday Bowling

Wednesday, September 13-November 15
Bogart's Entertainment Center

4:00-5:15 pm
\$45 per person

Thursday Bowling

Thursday, September 14-November 16
Bogart's Entertainment Center

4:00-5:15 pm
\$45 per person



VOLUNTEER CORNER

Thanksgiving Dinner Set-up

Come and help set up for our annual Thanksgiving dinner. We will get tables, chairs, napkins, cutlery and decorations ready for dinner.

Thursday, November 16
Messiah Lutheran Church

5:30-6:30 pm
Free

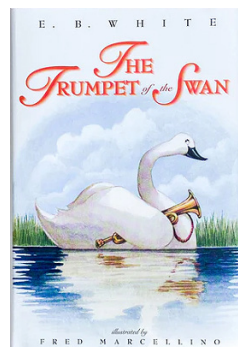
ZOOM CLASSES - ONLINE

Book Club - "The Moffats"

The Moffats are a family in Cranbury, Connecticut. Mama is a dressmaker with four children: Sylvie, Joey, Janey and Rufus. The two youngest, ten-year-old Janey and five-year-old Rufus, are the focus of these stories. Only a Moffat could turn mistakes and mischief into hilarious one-of-a-kind adventure.

Tuesdays, September 5-26
Online

4:00-5:00 pm
\$12 per person



Book Club - "The Trumpet of the Swan"

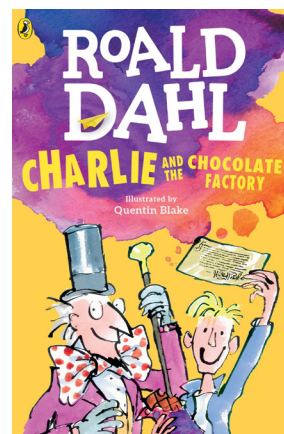
Louis is a trumpeter swan who comes into the world lacking a voice. His father explains to him that he is different from the other baby swans and promises to help. He does. Join us for another great story from E.B. White, the author of "Charlotte's Web" and "Stuart Little."

Tuesdays, October 3-31
Online

4:00-5:00 pm
\$15 per person

Book Club - "Charlie and the Chocolate Factory"

We will follow five lucky children allowed inside Willy Wonka's Chocolate Factory. They are Augustus Gloop, Veruca Salt, Violet Beauregarde, Mike Teavee and Charlie Bucket. They are in for the ride of their lives, as the fantastic chocolate factory is not as it seems, and is wilder than any rumors they've ever heard. This is another great story from Roald Dahl, the author of "Matilda" and "James and the Giant Peach".



Tuesdays, November 7-28
Online

4:00-5:00 pm
\$12 per person

PROJECT EXPLORE POINTS OF INTEREST

Walk-in Activities

We allow walk-ins for the following activities ONLY:

Bingo
Dances

No Walk-ins for Bingo & Pizza, Cooking Classes, Craft Classes or activities where a meal is being served.

Please be considerate as we need to order food and may not have enough for those people not registered. We may not have additional craft supplies for walk-ins. Prevent disappointment by registering before an activity.

Wish List

To help keep our fees low we love donations for Bingo Prizes. Great ideas are:

Beanie Babies, Fuzzy Posters, DVDs, Shampoo, Body Lotions, Bath Wash, Crayons, Coloring Books, Word Find Books, Games, Liters of Pop and Snack foods.

PROJECT EXPLORE GUIDELINES FOR PARTICIPATION

Project Explore promotes inclusion of adults with developmental, sensory, cognitive and physical disabilities in a variety of Community Education programs and makes reasonable accommodations to provide an enriching experience for all participants. Your cooperation in following the guidelines listed below helps to make the classes and trips run smoothly and safely.

1. Pre-registration is required for all classes, activities and trips. Walk-ins will be accepted for dances and Bingo, but pre-payment and reservations are appreciated.
 2. Participants must be accompanied to the classroom. The instructor or staff is in the classroom no earlier than 30 minutes prior to class. Check in with the Project Explore staff and confirm the best time to return and pick up the participant; this needs to be at least 15 minutes prior to the end of class.
 3. Participants who require personal assistance for physical and/or behavioral issues must be accompanied and supervised for all activities and events by their caregiver.
 4. All participants must be accompanied for field trips, unless they are their own guardian. Call the office with any questions.
 5. Any participant with an active seizure disorder must be accompanied and supervised at all Project Explore activities by their caregiver.
 6. All Project Explore programs are school district sponsored, so there is no smoking on school grounds. All programs are alcohol free.
 7. Transportation to and from all activities is the responsibility of the participant. Exceptions are for "Out On The Town" activities where a bus is provided.
 8. Instructors are not expected to, nor are trained to provide the level of assistance often required by people with disabilities. Instructors are not familiar with all the personal, physical or behavioral needs of the participants.
 9. Any individuals attending any of our activities on their own are asked to carry emergency contact information with them.
 10. If you do not wish for the image and likeness of you to be used for Project Explore or ISD 196's promotional materials and publications, contact Communication Department at communityed@district196.org or call 651-423-7701.
 11. Please do not bring any outside food or drink to non-meal events. It may cause inappropriate behavior from some participants. We appreciate your help.
 12. Arriving Late: Participants that arrive at an activity 30 minutes or more after the start time may not be permitted to complete all projects, activities or the event.
 13. Inclement Weather: In case of inclement weather check the ISD 196 website and also our outgoing voice message. We will make every effort to contact you.
- If unable to meet these guidelines, please call the program office.**

WEB RESOURCES

River Valley Project Explore: ce.district196.org/projectexplore

The Project Explore brochure and pictures from events can be viewed on our website.

Here are some other websites that provide a variety of services to people of all ages and abilities in Minnesota.

- **Arc of Minnesota:** www.TheArcOfMinnesota.org
Advocacy and support for people with developmental disabilities and their families.
- **True Friends:** www.truefriends.org
True Friends is a non-profit agency that creates unique educational, recreational and social opportunities for people of all ages with mental and physical disabilities.
- **Metropolitan Center For Independent Living:** www.mcil-mn.org
MCIL is dedicated to the full promotion of the Independent Living philosophy by supporting individuals with disabilities in their personal efforts to pursue self-directed lives. Contact them at 651-603-2007 for more information on classes and services they offer.
- **Pacer Center:** www.pacer.org
The mission of PACER is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families. They promote parents helping parents.
- **Search Beyond Adventures:** www.searchbeyond.com
Provides escorted travel tours for adults with disabilities.
- **Wilderness Inquiry:** www.wildernessinquiry.org
Our mission is to make adventure travel accessible to everyone, regardless of age, background or ability.
- **Disability Linkage Line:** www.minnesotahelp.info
The disability Linkage Line is a free statewide information and referral resource. It provides Minnesotans with disabilities and chronic illnesses a single access point for all disability related questions. Contact them at 1-866-333-2466 for more information.

ADDITIONAL COMMUNITY SERVICES

Special Olympics

Whether you are interested in participating at practices or competing at Area Games and State Meets, you are sure to make new friends and have fun in a healthy and well managed environment. There are many sports offered including track & field, swimming, basketball, bowling, bocce, poly hockey, tennis, gymnastics, softball, soccer and power lifting.

Burnsville Area:

Brian Petrich – bkpetrich@gmail.com; 612-760-2362

Rosemount-Apple Valley-Eagan area:

info@theravesp.com or www.theravesp.com

Community Education Integration Opportunities

Interesting and fun classes are offered through Community Education Programs. The sponsoring districts will make every effort to provide reasonable accommodation so your experience is successful. To request a catalog call the following Community Education Departments:

Burnsville:	952-707-4110
Farmington:	651-460-3200
Lakeville:	952-232-2170
Randolph:	507-263-2151
Rosemount:	651-423-7920

Like us on Facebook: River Valley Project Explore

See what's new and view current photos from our classes and activities!

Local Community Meals:

- All Saints Catholic, Lakeville located at 19795 Holyoke Ave, Lakeville
2nd Thursday, 6:00-7:00 pm
- Easter Lutheran by the Lake located at 4545 Pilot Knob Road, Eagan
Drive-Thru – Monday-Thursday, 5:30-6:30 pm

FACILITY ADDRESSES

Apple Valley Police Department

7100 147th Street West
Apple Valley, MN 55124

Bogart's Entertainment Center

14917 Garrett Avenue
Apple Valley, MN 55124

Chanhassen Dinner Theatre

501 W 78th Street
Chanhassen, MN 55317

Community Learning Center

17630 Juniper Path
Lakeville, MN 55044

Culver's Restaurant

15225 Galaxie Avenue
Apple Valley, MN 55124

Falcon Ridge Middle School

12900 Johnny Cake Ridge Road
Apple Valley, MN 55124

Farmington High School

20655 Flagstaff Avenue
Farmington, MN 55024

Freddy's Restaurant

16076 Pilot Knob Road
Lakeville, MN 55044

Hanrahan Lake

15501 Murphy Lake Boulevard
Savage, MN 55378

Ives Auditorium

11411 Masonic Home Drive
Bloomington, MN 55437

Lady of the Lake

8 Water Street
Excelsior, MN 55331

McGuire Middle School

21220 Holyoke Avenue
Lakeville, MN 55044

Messiah Lutheran Church

16725 Highview Avenue
Lakeville, MN 55044

Minnesota State Capitol

75 Rev. Dr. Martin Luther King, Jr.
Blvd.
St. Paul, MN 55155

Nicollet Middle School

400 E. 134th Street
Burnsville, MN 55337

Southview Elementary School

1025 Whitney Drive
Apple Valley, MN 55124

Target Field

1 Twins Way
Minneapolis, MN 55403

Valley Lake Park

160th Street, east of Cedar Ave.
Lakeville, MN 55044

Valley Middle School

900 Garden View Drive
Apple Valley, MN 55124

Wendy's Restaurant

15100 Cedar Avenue
Apple Valley, MN 55124

REGISTRATION FORM (ONE PER PERSON)

Online Registration:
ce.district196.org/projectexplore

Name: _____ Phone: _____

Address: _____ City: _____

Zip: _____ Email Address: _____

Please check if new address or phone number Contact Person: _____

Service Provider: _____ Group Home Name: _____

Special Information & Accommodations: Wheelchair Food Allergies, please specify _____

Please check if you do not wish for your photo to be used for publicity purposes or social media

Participant Events – Fall 2023

Cooking Classes

Gluten Free Cooking _____ \$15
Creepy Cooking _____ \$15
Chili Night! _____ \$15

Craft Classes

Yarn Bottle Cat
1:00-2:30 pm _____ \$12
6:30-8:00 pm _____ \$12
Decorative Pumpkins
1:00-2:30 pm _____ \$12
6:30-8:00 pm _____ \$12
Fall Cardmaking _____ \$12
Vultures
1:00-2:30 pm _____ \$12
6:30-8:00 pm _____ \$12
Pumpkin Carving _____ \$12
Gnome Witch
1:00-2:30 pm _____ \$12
6:30-8:00 pm _____ \$12
Turkey Flowers
1:00-2:30 pm _____ \$12
6:30-8:00 pm _____ \$12
Be Thankful
1:00-2:30 pm _____ \$12
6:30-8:00 pm _____ \$12
T-Shirt Painting
6:30-8:00 pm _____ \$15
T-Shirt Size _____
Creative Corner
September 11 _____ \$5
October 19 _____ \$5
November 13 _____ \$5

Science Classes

Apples, Apples, Apples _____ \$12
Tiny Dancers _____ \$12
Rainbow Film Bookmarks _____ \$12

Dances

Fall Kick-Off Dance _____ \$8
Halloween Dance _____ \$8

Entertainment

Karaoke
September 7 _____ \$5
Song request _____
November 6 _____ \$5
Song request _____
Bingo & Pizza _____ \$9
Let's Play Cards
September 15 _____ \$5
October 11 _____ \$5
November 8 _____ \$5
Movie Night _____ \$5
Game Night _____ \$5
BINGO! _____ \$5
Word Search Challenge _____ \$6
Magic Show _____ \$8
Halloween Movie Night _____ \$5
Thanksgiving Dinner _____ \$12
Holiday Movie _____ \$5

Health and Wellness

Yoga
October 3 _____ \$5
October 17 _____ \$5
November 14 _____ \$5
November 28 _____ \$5

Move & Groove

September 6 _____ \$5
September 20 _____ \$5
October 4 _____ \$5
October 18 _____ \$5
November 1 _____ \$5
November 29 _____ \$5
Citizen's Academy _____ \$6
Hike Hanrahan Lake _____ \$5
Stroll & Roll Valley Lake _____ \$5
Open Swim
October 14 _____ \$5
November 4 _____ \$5

Music & Drama

Sing Along
September 13 _____ \$5
October 5 _____ \$5
November 14 _____ \$5
"Shake It Off" Dance Class _____ \$8
"Ghostbusters" Dance Class _____ \$8
Country Line Dancing _____ \$8

Out on the Town

Lady of the Lake _____ \$39
No Bus _____ \$33
MN Twins _____ \$54
No Bus _____ \$49
"Jersey Boys" _____ \$88
No Bus _____ \$83
FAWN-DOE-ROSA _____ \$37
MN Twins Community Night _____ \$10
No Bus _____ \$5
State Capitol & History Center _____ \$12
No Bus _____ \$7
Cinderella _____ \$10

Out & About

Lunch Bunch
September 21-Culvers, AV _____ Free
October 13-Freddy's, LV _____ Free
November 14, Wendy's, AV _____ Free
Sports
Fall Bowling Leagues (10 weeks)
Monday Morning _____ \$45
Monday Afternoon _____ \$45
Wednesdays _____ \$45
Thursdays _____ \$45
I need lane bumpers _____
I need a bowling ramp _____

Online Activities

Book Club
"The Moffats" _____ \$12
"The Trumpet of the Swan" _____ \$15
"Charlie & The Chocolate Factory" _____ \$12

Volunteer Corner

Thanksgiving Dinner Set-up _____ Free

Participant Total _____
Credit Voucher _____
Enclosed _____
Check # _____
UCare # _____
UCare Plan _____

Caregiver Events – Fall 2023

This portion of the registration form must be completed when there is a fee charged for the caregivers to attend an activity with the participant(s).

Entertainment

Bingo & Pizza _____ \$5
Thanksgiving Dinner _____ \$12

Dances

Fall Kick-Off Dance _____ \$8
Halloween Dance _____ \$8

Out on the Town

Lady of the Lake _____ \$39
No Bus _____ \$33
MN Twins _____ \$54
No Bus _____ \$49
"Jersey Boys" _____ \$88
No Bus _____ \$83
FAWN-DOE-ROSA _____ \$37
MN Twins Community Night _____ \$10
No Bus _____ \$5
State Capitol & History Center _____ \$5
No Bus _____ \$Free
Cinderella _____ \$10

Caregiver Total _____
Credit Voucher _____
Enclosed _____
Check # _____

Complete and mail your registration form and check to:

River Valley Project Explore
15180 Canada Avenue
Rosemount, MN 55068

Payment is due with your registration. Please make checks payable to School District 196. Please call 651-423-7931 with any questions.

EASY WAYS TO REGISTER

1. By Mail

Complete one registration form per person and mail it with a check to:

River Valley Project Explore

15180 Canada Avenue

Rosemount, MN 55068

Make check payable to ISD 196

2. Online

Visit ce.district196.org/projectexplore to register online.

3. Phone

Use your Visa, MasterCard, American Express or Discover card and call 651-423-7920.

4. In Person

Walk in registrations can be made at the office between the hours of 8:00 am and 4:00 pm, Monday through Friday.

5. Drop Box

Drop off your registration in our secure drop box 24/7, located at our offices. You'll find the drop box on the south side of the building under the Community Ed awning.

Are You In?

Yes! Unless you are notified, assume that you are enrolled in the activity and that it will be held at the time and place indicated.

Cancellation and Refund Policy

- Full refunds will be given if classes are cancelled by Project Explore.
- Refund requests received five (5) working days prior to a class qualify for a refund.
- Requests received less than five (5) working days before class start may not receive a refund.
- Exceptions are made due to serious illness or family emergency.
- Once tickets are purchased for "Out On The Town" events, refunds will not be made unless there is someone on our waiting list.



HELP WITH PAYMENT

UCare Discount

- **Some UCare Members are eligible for a \$15 discount on all classes in this catalog.** If a class is less than \$15, the member may take the class with no fee. You must be UCare member at the time of registration and throughout the duration of the class. Members need to include their UCare ID number when registering and indicate which UCare Plan they have. Call the office if you have questions.

Scholarship Information

- Clients may request scholarship support for Project Explore sponsored activities. The annual maximum scholarship amount is \$100. Questions can be directed to Patty at the Program Office.

Scholarships are provided by the RVPE Foundation.



PERSONAL REGISTRATION RECORD



Name: _____

Check the classes you have registered for!

Tuesday, September 5

- Book Club – “The Moffats”
4:00-5:00 pm
Online

Wednesday, September 6

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, September 7

- Karaoke Night!
6:30-8:00 pm
Valley Middle School

Friday, September 8

- Lake Minnetonka Boat Cruise
4:15-8:30 pm
Valley Middle School

Saturday, September 9

- Bingo & Pizza
12:00-2:00 pm
Valley Middle School

Sunday, September 10

- MN Twins
11:45 am-5:00 pm
Valley Middle School

Monday, September 11

- Morning Bowling Begins
10:00-11:15 am
Bogart’s
- Afternoon Bowling Begins
4:00-5:15 pm
Bogart’s
- Creative Corner
6:30-8:00 pm
Southview Elementary

Wednesday, September 13

- Bowling Begins
4:00-5:15 pm
Bogart’s
- Sing Along
6:30-7:30 pm
Valley Middle School

Thursday, September 14

- Yarn Cat Bottle
Community Learning Center
1:00-2:30 pm
- Bowling Begins
4:00-5:15 pm
Bogart’s
- Yarn Cat Bottle
6:30-8:00 pm
Valley Middle School

Friday, September 15

- Let’s Play Cards
6:30-8:00 pm
Valley Middle School

Saturday, September 16

- “Jersey Boys”
10:00 am-4:00 pm
Valley Middle School

Monday, September 18

- Gluten Free Cooking
5:30-7:30 pm
Valley Middle School

Tuesday, September 19

- “Shake It Off” Dance Class
6:30-7:30 pm
Valley Middle School
- Citizen’s Academy begins
AV Police Department
6:30-8:00 pm

Wednesday, September 20

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, September 21

- Lunch Bunch
11:00 am-12:00 pm
Culver’s Apple Valley

- Movie Night
5:45-8:00 pm
Valley Middle School

Friday, September 22

- Fall Kick-Off Dance
6:30-9:00 pm
Valley Middle School

Saturday, September 23

- FAWN-DOE-ROSA
8:45 am-3:45 pm
Falcon Ridge Middle School

Monday, September 25

- Apples, Apples, Apples
6:30-7:30 pm
Valley Middle School

Wednesday, September 27

- MN Twins Community Night
5:15-10:15 pm
Valley Middle School

Thursday, September 28

- Decorative Pumpkins
1:00-2:30 pm
Community Learning Center
- Decorative Pumpkins
6:30-8:00 pm
Southview Elementary School

Friday, September 29

- Game Night
6:30-8:00 pm
Valley Middle School

Saturday, September 30

- Hike Hanrahan Lake
10:00-11:30 am
Hanrahan Lake Park

Monday, October 2

- Fall Cardmaking
6:30-8:00 pm
Valley Middle School

Tuesday, October 3

- Book Club – “The Trumpet of the Swan”
4:00-5:00 pm
Online

Yoga

- Yoga
6:30-7:30 pm
Valley Middle School

Wednesday, October 4

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, October 5

- Sing Along
6:30-7:30 pm
Southview Elementary School

Friday, October 6

- BINGO!
6:30-8:30 pm
Valley Middle School

Saturday, October 7

- Stroll & Roll Valley Lake
10:00-11:00 am
Valley Lake Park

Monday, October 9

- Word Search Challenge
6:30-8:00 pm
Valley Middle School

Tuesday, October 10

- “Ghostbusters” Dance Class
6:30-7:30 pm
Valley Middle School

Wednesday, October 11

- Let’s Play Cards
6:30-8:00 pm
Valley Middle School

Thursday, October 12

- Vultures!
1:00-2:30 pm
Community Learning Center

- Vultures!
6:30-8:00 pm
Valley Middle School

Friday, October 13

- Lunch Bunch
11:00 am-12:00 pm
Freddy’s Lakeville
- Magic Show
6:30-7:30 pm
Valley Middle School

Saturday, October 14

- CRAFT FAIR
10:00 am-3:00 pm
Valley Middle School
- Open Swim
2:00-3:00 pm
McGuire Middle School

Monday, October 16

- Creepy Cooking
5:30-7:30 pm
Valley Middle School

Tuesday, October 17

- Yoga
6:30-7:30 pm
Valley Middle School

Wednesday, October 18

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, October 19

- Creative Corner
6:30-8:00 pm
Southview Elementary School

Monday, October 23

- Tiny Dancers
6:30-7:30 pm
Valley Middle School

Tuesday, October 24

- Pumpkin Carving
6:30-8:00 pm
Southview Elementary School

Thursday, October 26

- Gnome Witch
1:00-2:30 pm
Community Learning Center
- Gnome Witch
6:30-8:00 pm
Valley Middle School

Friday, October 27

- Halloween Dance
6:30-9:00 pm
Farmington High School

Saturday, October 28

- State Capitol & History Center
10:15 am-4:00 pm
Falcon Ridge Middle School

Monday, October 30

- Halloween Movie Night
5:45-8:00 pm
Valley Middle School

Wednesday, November 1

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Friday, November 3

- Turkey Flowers
1:00-2:30 pm
Community Learning Center
- Turkey Flowers
6:30-8:00 pm
Southview Elementary School

Saturday, November 4

- Open Swim
2:00-3:00 pm
McGuire Middle School

Monday, November 6

- Karaoke Night!
6:30-8:00 pm
Valley Middle School

Tuesday, November 7

- Book Club – “Charlie & The Chocolate Factory”
4:00-5:00 pm
Online

Wednesday, November 8

- Let’s Play Cards
6:30-8:00 pm
Valley Middle School

Thursday, November 9

- County Line Dancing
6:30-7:30 pm
Valley Middle School

Monday, November 13

- Creative Corner
6:30-8:00 pm
Southview Elementary School

Tuesday, November 14

- Lunch Bunch
11:00 am-12:00 pm
Wendy’s Apple Valley

Yoga

- Yoga
6:30-7:30 pm
Valley Middle School

Sing Along

- Sing Along
6:30-7:30 pm
Southview Elementary School

Wednesday, November 15

- Be Thankful
1:00-2:30 pm
Community Learning Center

Be Thankful

- Be Thankful
6:30-8:00 pm
Valley Middle School

Thursday, November 16

- Thanksgiving Dinner Set-up
5:30-6:30 pm
Messiah Lutheran Church

Friday, November 17

- Thanksgiving Dinner
5:30-7:30 pm
Messiah Lutheran Church

Monday, November 20

- Rainbow Film Bookmarks
6:30-7:30 pm
Valley Middle School

Tuesday, November 21

- T-Shirt Painting
6:30-8:00 pm
Valley Middle School

Monday, November 27

- Chili Night!
5:30-7:30 pm
Valley Middle School

Tuesday, November 28

- Yoga
6:30-7:30 pm
Valley Middle School

Wednesday, November 29

- Cinderella
10:00-11:15 am
Ives Auditorium

Move & Groove

- Move & Groove
6:30-7:30 pm
Nicollet Middle School

Thursday, November 30

- Holiday Movie
5:45-8:00 pm
Valley Middle School

A Community Education Consortium Representing:

Burnsville (#191)
200 West Burnsville Parkway
Burnsville, MN 55337

Farmington (#192)
20655 Flagstaff Avenue
Farmington, MN 55024

Lakeville (#194)
8670 210th Street West
Lakeville, MN 55044

Randolph (#195)
29110 Davison Avenue
Randolph, MN 55065

**Rosemount-Apple Valley-
Eagan (#196)**
3455 153rd Street W
Rosemount, MN 55068



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TIME SENSITIVE MATERIAL

If you no longer want to receive this brochure, or you know someone who would like to receive it, please call us at 651-423-7931. Thank you!

ROCK 'N' ROLL SUMMER DANCE!

