How to study for a test

1. Start as soon as possible- Read the textbook assignments, do the homework, and go to class. Organize a notebook and folder for class. Keep all your papers together for easy access.
2. Make a study schedule- Time management is the key to studying for a test. Study over the course of a week, not just one night. Ideally take a look at your notes every night.
3. Take it one concept at a time, hitting the hardest first. Then, quiz yourself.
4. Make flashcards and review them every night.
5. Have a family member quiz you on the information.
6. Read aloud your notes each night.
7. Make visuals such as graphs and pictures. They are much easier to remember then boring drawn out sentences.
8. Use and create mnemonics (Example: PEMDAS stands for parentheses, exponents, multiply, divide, add, subtract)
9. Avoid the last minute cram session- Studying the night before the test will make it even more difficult. It's impossible to absorb that much information for a test all at once. Studying the night before can get your brain too tired and in the test you will forget every bit of information you collected during your study time.
10. Study right after waking up and just before bed- In the morning, your mind is fresh and clear. At night, your brain secretes chemicals to cement the information into your memory. Research shows that the closer the information is taken in relative to sleep, the more it will stay in. So review before bed! It also shows that getting a good night's rest leads to greater levels of retention.