



## E2: Asthma Medication Order

Revised 05/2021

<b>Name:</b>				<b>Birthdate:</b>	
<b>Is ASTHMA considered</b>	<b>Exercise Induced</b>	<b>Mild</b>	<b>Moderate</b>	<b>Severe</b>	

### ALL SECTIONS ON THIS PAGE TO BE COMPLETED BY STUDENT'S LICENSED HEALTHCARE PROVIDER (LHP):

**Asthma / Triggers:**      None known      Animals      Cold air      Exercise      Pollens      Respiratory colds  
Smoke, chemicals, strong odors      Other \_\_\_\_\_  
(i.e., foods, emotions, insects, etc.)

#### USUAL ASTHMA SYMPTOMS:

Cough      Wheeze      Shortness of breath      Chest tightness      Asking to use inhaler      Other \_\_\_\_\_

#### QUICK RELIEF MEDICATION ORDERS: (check the appropriate quick relief med(s) )

Uses inhaler with spacer      Albuterol 2 puffs (Proair®, Ventolin HFA®, Proventil®) as needed every 4 hours for cough/wheeze  
Levalbuterol 2 puffs (Xopenex®) as needed every 4 hours for cough/wheeze

Other \_\_\_\_\_      Epi auto-injector      0.3 mg      Jr. 0.15 mg      Dose: \_\_\_\_\_      Time: \_\_\_\_\_

**Daily controller meds:** \_\_\_\_\_      Takes daily controller medications at school

Takes daily controller medications at home

**SIDE EFFECTS** of medication(s): \_\_\_\_\_  
**This student demonstrated correct use of the inhaler in the LHP's office as required.**

**This student is able to carry and use inhalers.**      **YES**      **NO**

### YELLOW ZONE      SIGNIFICANT SYMPTOMS      DO NOT LEAVE STUDENT UNATTENDED

- ▶ If student is using quick relief inhaler > 2 times a week or requires frequent observation by school staff → **Notify parents + nurse**
- ▶ If student is coughing, wheezing and having difficulty breathing:  
Give 2 puffs of quick relief inhaler. May repeat in 5-10 minutes. → **Notify parents + nurse if repeated.**      Other: \_\_\_\_\_
- ▶ **If NO improvement after repeated dose, call 911 – See below.**

### RED ZONE      CALL 911      DO NOT LEAVE STUDENT UNATTENDED

If student is very short of breath, can see ribs during breathing, difficulty walking to talking, blue appearance to lips or nails, quick relief medication not working.

- ▶ **Call 911**      Give 4 puffs quick relief inhaler (or nebulizer treatment) and notify parents and school nurse.  
This student needs Epi auto-injector for severe asthma attacks      May carry and self-administer Epi auto-injector  
Needs help giving the Epi auto-injector.      Other: \_\_\_\_\_

#### EXERCISE PRE-TREATMENT ORDERS (check all that apply)

N/A

Give 2 puffs of quick relief inhaler 15-30 minutes prior to:      **PE**      **Recess**      **As needed**

With no less than 2 hours between doses unless student complains of symptoms.

May repeat 2 puffs of quick relief inhaler in symptom occur.      → **Notify parents + nurse if repeated.**

<b>LHP Signature:</b>		<b>Print name:</b>	
<b>Start date:</b>	<b>End date:</b> <small>(not to exceed current school year)</small>	<b>Last day of school</b>	<b>Other:</b>
<b>Date:</b>	<b>Telephone:</b>	<b>Fax:</b>	

- I request this medication to be given as ordered by the licensed health professional (LHP) (i.e.: doctor, nurse practitioner, PAC).
- I give health services staff permission to communicate with the LHP/medical office staff about his medication.
- I understand that any medication will not necessarily be given by a school nurse but may be given by trained and supervised school staff.
- Medical/medication information may be shared with school staff working with my child and 911 staff, if they are called.
- All medication supplied must come in its originally provided container with instructions as noted above by the licensed health professional.
- Student is encouraged to wear a medical ID bracelet identifying the medical condition.

- ▶ I request and authorize my child to carry and/or self-administer their medication.      **Yes**      **No**
- ▶ This permission to possess and self-administer any medication may be revoked by the principal/school nurse if it is determined that the student cannot safely and effectively self-administer.

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

<b>For District Nurse's Use Only</b> Student has demonstrated to the nurse, the skill necessary to use the medication and any device necessary to self-administer the medication.	<b>Device(s) if any, used:</b> _____ <b>Expiration date(s):</b> _____ <b>School Nurse Signature:</b> _____ <b>Date:</b> _____
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