

**SUBSTANCE ABUSE PROGRAM**

**POLICY:**

The Lake Stevens School District recognizes that the abuse of alcohol and the use and abuse of controlled illegal, addictive, or harmful substances, including anabolic steroids, is a societal problem and may represent an impairment to the normal development, well-being, and academic performance of students. To ensure the safety, health, and well-being of all students, the Board is committed to the development of a program which emphasizes drug and alcohol abuse prevention, intervention, aftercare support, and necessary corrective actions. The Board understands the primary role of parents in the education of their children and the need to collaborate with them when developing program activities. The program will address the legal, social, and health consequences of drug and alcohol use and provide information about effective techniques for resisting peer pressure to use illicit drugs or alcohol. The program will be age-appropriate and developmentally based for all students in all grades.

The Board recognizes the effects to the school, home, and community resulting from the abuse of alcohol and the use and abuse of controlled illegal, addictive, or harmful substances, including anabolic steroids. While the primary obligation to seek assistance rests with the student and his/her parent(s)/guardian(s), school staff shall work with the home and community to develop and implement a comprehensive prevention and intervention program. The Board of Directors shall seek the support, cooperation, and coordination of public and private agencies through formation of an advisory committee, including representatives from the instructional staff, students, parents, state and local law enforcement staff, and the county coordinator of alcohol and drug treatment, or a representative of a treatment provider.

The Superintendent is directed to develop and implement procedures to assess the scope of the problem of the use of addictive substances such as alcohol, drugs, and nicotine, and to reduce and/or eliminate the problems associated with the use of alcohol, drugs, and nicotine.

Parents and interested community members are encouraged to visit the school and/or classroom to observe classroom activities and review instructional materials. At the conclusion of each year, the District will evaluate the effectiveness of the program through the Curriculum Commission.

Cross References:  
(cf. 1420 - School Visitations)

Legal References:

RCW 28A.170.010 through .070 Substance Abuse Awareness Program  
RCW 28A.170.075 Substance Abuse Prevention and Intervention  
RCW 28A.210.310 Prohibition on use of tobacco products on school property

## **SUBSTANCE ABUSE PROGRAM**

### **PROCEDURES:**

Actions taken by staff members in dealing with student use of alcohol and the use and abuse of controlled illegal, addictive, or harmful substances, including anabolic steroids, will have as their first concern the welfare of the student involved and the other students in the school. Although a helping relationship rather than an investigative and punitive approach will be emphasized, necessary and appropriate disciplinary action will be taken when laws or school regulations are violated. Law enforcement agencies will be called upon for investigative and consultative assistance where illegal drug or alcohol activity has occurred.

### **Prevention**

The prevention program shall focus on classroom instruction, guidance services, and the school climate.

### **Instruction**

This dimension of the prevention program shall focus on:

- A. the effects of addictive substances such as alcohol, drugs, and nicotine upon the body; and
- B. skill development related to self-esteem, goal-setting, decision making, conflict management, problem solving, refusal, and communication.

### **Guidance Services**

Staff shall meet with students, individually and in small groups, to supplement addictive substance prevention, instruction, and skill development. Staff will also assist parents to maximize the prevention efforts of the school.

### **School Climate**

A facilitative school environment can help students to achieve in a productive manner (academically, social, and emotionally). The school shall strive to be a place where:

- A. students, staff, and parents respect themselves and others;
- B. individuals can be trusted to do what they say they will do;
- C. high morale is evident;
- D. each person feels that he/she has a voice in the decisions that affect him/her;
- E. all feel that they are continuing to learn and grow;
- F. all value diversity and accept it as an opportunity for growth and development;
- G. all possess a “sense of belonging;”
- H. all feel that they can make a difference to someone else.

To this end, the school will encourage the formation of “natural helper,” Core Team, and any education and/or prevention promotions that increase the awareness of the effects of substance. Student support groups shall assist students concerned about their own substance abuse, students living in families suffering from substance abuse, and students concerned about the substance abuse of someone else.

### **Intervention**

The goal of the intervention program shall be to eliminate use of alcohol and the use and abuse of controlled, illegal, addictive, or harmful substances, including anabolic steroids abuse by students. Ongoing in-service will be provided for faculty and staff. Important aspects of in-service training will include dimensions of the family illness and dynamics of the addiction process; enabling behaviors; intervention techniques; children in chemical dependent families; student experimentation, abuse and dependency; parental involvement and community resources; prevention issues and strategies; treatment and aftercare support; and implementation of the program into the classroom/building.

Staff roles for the intervention program are as follows:

- A. Administrators, counselors, selected staff, and nurse meet weekly for the purpose of identifying any student(s) who may be in need of assistance. Such staff shall be sensitive to identifying symptoms of substance abuse.

Using an identified and publicized process, suspected student(s) shall be referred to the Core Team, consisting of staff members who have exhibited a strong interest in attending to the needs of such students and who have received specialized training in substance abuse dependency. Referrals can be made by teaching staff, parents, guidance staff, or students.

- B. The Core Team will meet regularly to review referrals; confer with students and, if warranted, counselors, administrators, and/or parents; collect data; make recommendations for services; and maintain a confidential system of recordkeeping. Parents will be involved before any action is taken.
- C. Students returning to school from a community inpatient or outpatient treatment program will be given aftercare support by the Core Team. Such students will receive support from “natural helpers” so that they may develop a strong sense of bond with other students and the school. Primary aftercare responsibility for students returning from a community treatment program rests with the student, parent, and community treatment program personnel. School staff, the student, parent(s), and community treatment personnel will work cooperatively to facilitate the aftercare plan.

### **Corrective Action**

If a student appears at school or at a school-sponsored function demonstrating behavior which indicates that he/she may be under the influence of an addictive substance and/or admits to an administrator that he/she is under the influence of an addictive substance, the school will take the following action:

- A. The parents will be notified to arrange for appropriate treatment.
- B. If the student’s illegal use of addictive substances is confirmed, the school administration may request the assistance of a law enforcement official in investigating the source of the addictive substance.
- C. Appropriate school disciplinary action will be taken.

If school authorities find a student in possession of addictive substances at school or at a school sanctioned activity, the addictive substance will be confiscated and turned over to law enforcement officials for investigation and disposal. Appropriate school disciplinary action will be taken by a school administrator regardless of law enforcement action.

If a school administrator receives information concerning sales and use of addictive substances outside of school, the information will be reported to law enforcement officials for their investigation and appropriate legal action.

### **Schools/Programs of Choice**

Alternative programs or schools of choice will develop procedures and safeguards that focus on prevention and intervention strategies to maintain drug and alcohol free campuses. These procedures must be communicated in writing to students and parents at admission. Admission to identified voluntary schools of choice are conditional.