

HILLS CHEERLEADING

Interested in Cheerleading?
Hills Cheerleading will be a combine HSE and HSW program for the 2023-2024 season. In addition to cheering at football games, basketball games and competing a traditional routine, we will be adding Game Day competition to our fall season. JV will also be competing in the winter!

We will begin summer training open to anyone from HSE or HSW, where we will break down the basics and work our way up. This will include motion and jump technique, stunts, tumbling, cheers and dance. No experience necessary.

Open gyms will be Tuesdays and Thursdays 4-6, starting July 11th through August 17th at Central Office. For any 7th or 8th graders interested in cheerleading from Candlewood MS or West Hollow MS, please reach out by email.

Please feel free to follow our Instagrams @HHHVarsityCheerleading & @HHHJV Cheer for frequent updates.

To receive an open gym waiver, please fill out the interest form, the link can be found in our Instagram bio or through the QR code below. You will NOT be able to participate in open gyms without a waiver.



Feel free to DM us on Instagram or send us an email with any further questions.

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APPROVED FOR DISTRIBUTION
JUL 12 2023
DR. PATRICK HARRIGAN
SUPERINTENDENT OF SCHOOLS

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