

# "GREENING OUT"

**A term we wish you didn't need to know!**

**IT'S ILLEGAL FOR ANYONE UNDER THE AGE OF 21 TO PURCHASE, POSSESS, OR CONSUME CANNABIS IN NEW YORK STATE**

Schools across the state have been responding to students experiencing **ACUTE TOXICITY** otherwise known as "greening out", from cannabis overuse and high-potency THC products. The signs of overconsuming or using highly concentrated cannabis products will present in a more severe way than the typical side effects.

## SIGNS & SYMPTOMS MAY INCLUDE:

Extreme confusion      Fast heart rate  
Severe nausea or vomiting      Delusions or hallucinations  
Paranoia      Increased blood pressure  
Panic      Anxiety



**Products with Extremely High THC Content:**  
**Gummies, Vape Oils, Edibles**

Also known as:  
"Hulking"  
"Whiting Out"



"Dabs" is another commonly used term and is different from gummies and vape oils.

## WHAT SHOULD YOU DO IN A SITUATION LIKE THIS?

Call 9-1-1 and follow the policies set forth in your school/organization.

If you or someone you know is showing signs which may indicate overconsumption of marijuana, call the Poison Control Center: 1-800-222-1222.



## SCAN FOR EDUCATIONAL RESOURCES



[GetSensible.org](https://www.getsensible.org)



[Cannabis.ny.gov](https://www.cannabis.ny.gov)

## TIPS ON WHAT TO DO FOR THE PERSON UNTIL HELP ARRIVES:



Use Mindfulness/Breathing exercises to calm them; If possible, help them get in touch with an emergency contact.

If they are unconscious and you suspect an opioid overdose, it is advisable to administer Naloxone (Narcan).



If there is danger of choking on vomit or anything else, turn them onto their side, or the Recovery Position.

Inform EMS of any help you administered before their arrival.



## REPORTING INCIDENTS TO THE OFFICE OF CANNABIS MANAGEMENT:

*There are three types of incidents that can be reported:*



Adverse Health Effects



Concern about a Cannabis Business



Concern Regarding a Cannabis Product

For more information



Visit the OCM website by scanning the QR code, or use the link below:  
[www.tinyurl.com/OCMReport](https://www.tinyurl.com/OCMReport)

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SUPERINTENDENT OF SCHOOLS

Created in April 2023 by Prevention Matters – a collection of prevention agencies across New York State