

What resources are available?

Access Unit

A call center comprised of mental health professionals that provide widespread linkages and referrals to services.

1-888-743-1478

24 hours a day / 7 days a week

2-1-1

An Information and Referral Service that helps individuals find resources that may be able to assist with health and social services.

2-1-1

24 hours a day / 7 days a week

TTY users please dial 7-1-1