

# Ada County Resources

## Mental Health Services

- **IDHW Children and Family / Mental Health Services Program (24 hr Crisis Line)**

### **Ada County**

*Telephones:* (208) 334-0808 (24 hr)

Toll Free: (800) 600-6474

Public mental health services.

### **COMMUNITY CRISIS RESPONSE SERVICES**

First line intervention for children and adults experiencing a mental health crisis. Children's mental health services may be provided for a sliding fee, medical insurance or Medicaid payment. Call for details.

## Counseling Services

- **About Balance Mental Health, LLC**

**5460 Franklin Rd., Ste. A**

**Boise, ID 83705**

*Telephones:* (208) 342-6300

About Balance Mental Health is a mental health agency with the philosophy that a balanced life encourages growth, strength, and emotional health. Provides mental health services for adults and children. Sliding Scale services available.

- **All Together Now Inc.**

**1111 S. Orchard, Ste. 650**

**Boise, ID 83705**

*Telephones:* (208) 336-9591

Counseling services offered on a sliding fee scale based on income and family size. Provides counseling for children, adults, couples and families; accepts Medicaid and Medicare.

- **Catholic Charities of Idaho - Boise**

**4202 Emerald**

**Boise, ID 83706**

*Telephones:* (208) 345-6031 Contact Gwynne Cameron/Idaho Dad's Matter

Catholic Charities of Idaho offer counseling on a sliding fee scale to children, families, and adults.

They also offer family support services and social and mental health support groups. Spanish services also available. "Idaho Dad's Matter"- In this program Dad's, especially Dad's who are newly divorced paying child support, are eligible for free counseling services.

- **Community Support Inc.**

**10448 Garverdale Ct.**

**Boise, ID 83704**

*Telephones:* (208) 323-9550

Counseling services offered on a sliding fee scale based on income and family size.

- **Genesis Counseling and Psychological**

**10792 W. Overland**

**Boise, ID 83709**

*Telephones:* (208) 375-7777

Counseling services offered on a sliding fee scale based on income and family size.

2-1-1 Idaho CareLine 03/01/2007

[www.idahocareline.org](http://www.idahocareline.org)

For additional referrals or information, dial 2-1-1 or 1-800-926-2588

# Ada County Resources

- **Life Solutions Inc.**

**6003 W. Overland Rd., Ste. 105**

**Boise, ID 83709**

*Telephones: (208) 322-7699*

Counseling services offered on a sliding fee scale based on income and family size.

- **Living Hope Clinic**

**3308 N. Cole Rd., Ste. A**

**Boise, ID 83704**

*Telephones: (208) 378-1122*

Counseling services offered on a sliding fee scale based on income and family size.

- **Lutheran Community Services**

**410 S. Orchard, Ste. 124A**

**Boise, ID 83705**

*Telephones: (208) 323-0996*

Lutheran Community Services provides a wide variety of services to adults, adolescents, children, families, schools, businesses, congregations, neighborhoods and communities. Therapists have experience working with a wide variety of issues including: overcoming trauma, depression, family conflict, anger management, and grief/loss.

- **Methodist Counseling Center**

**717 N. 11th St**

**Boise, ID 83702**

*Telephones: (208) 343-7511 Ext 229 Ask for Fred*

Methodist Counseling Center offers the following services: Individual counseling and therapy, couple counseling and therapy, family counseling and therapy, consultation, referral, facilitation, supervision, group experiences, and educational opportunities.

- **Phyllis Nodler**

**716 N. Orchard**

**Boise, ID 83705**

*Telephones: (208) 577-7634*

Counseling services offered on a sliding fee scale based on income and family size.

- **Real World Mental Wellness Center**

**9458 Fairview Ste., J**

**Boise, ID 83704**

*Telephones: (208) 713-8070*

Counseling services offered on a sliding fee scale based on income and family size.

- **Ronald B. Tye, Psy.D. & Associates, P.A.**

**6003 Overland Rd., Ste. 301**

**Boise, ID 83709**

*Telephones: (208) 672-8699*

Counseling services offered on a sliding fee scale based on income and family size. Full service psychological practice. Individual, couple, family. Working with children, adolescents and adults.

- **Tidwell Social Work Services & Consulting**

**5999 W. State, Ste. B**

**Boise, ID 83703**

*Telephones: (208) 853-5095*

Counseling services offered on a sliding fee scale based on income and family size.

2-1-1 Idaho CareLine 03/01/2007

[www.idahocareline.org](http://www.idahocareline.org)

For additional referrals or information, dial 2-1-1 or 1-800-926-2588

# Ada County Resources

- **Tomorrow's Hope Satellite Services Mental Health Clinic**

**1655 Fairview Ave., Ste. 100**

**Boise, ID 83702**

*Telephones: (208) 319-0760*

Offers counseling services for individuals, couples, families, and children. Sliding fee scale available. Medicaid is also accepted.

- **Warm Springs Counseling Center**

**740 Warm Springs Ave.**

**Boise, ID 83712**

*Telephones: (208) 343-7797*

The Warm Springs Counseling Center provides the highest quality mental health services, education, and training to the children and families of our community. Warm Springs Counseling specializes in the treatment of children and families and does not place a cap on the number of low-income clients served. Through a unique subsidy program (Community Sponsorship Program) clients are able to access services with payment requirements based on the family's ability to pay.

- **Girls & Boys Town National Hotline (24 hr Crisis Line)**

**13940 Gutowski Rd.**

**Boys Town, NE 68010**

*Telephones: (800) 448-3000*

24 hour service available free of charge to parents and children. Trained counselors can cover topics such as abusive relationships, depression, and parent/child conflict.

## Support Groups

- **Camp Erin**

**420 S. Orchard**

**Boise, ID 83705**

*Telephones: (208) 275-0000 Camp Director*

Camp Erin is a free, weekend camp for children who are grieving the death of a loved one. We combine high-energy camp activities with grief education and emotional support to help children and teens cope with loss. Children ages 6-17 will join 50 other campers from around the Treasure Valley who have shared a similar experience.

- **Compassionate Friends - National Office**

**P.O. Box 3696**

**OAK BROOK, IL 60522-3696**

*Telephones: (877) 969-0010*

The Compassionate Friends is a self-help national organization that offers emotional support to families who have experienced the death of a child. Chapters in Blackfoot, Boise, Coeur d'Alene, Idaho Falls, Pocatello. Contact the national office for more information and literature.

- **Touchstone Center/Grieving Children/ Adolescents- Boise**

**3800 E. Shady Glen**

**Boise, ID 83706**

*Telephones: (208) 377-3216 Office*

Helping children and adolescents (ages 6-18) cope with grief after the death of a family member or close friend. Build grief peer support groups for children.