

# Canyon County Resources

## Mental Health Services

- **IDHW Children and Family / Mental Health Services Program (24 hr Crisis Line)**

### **Canyon County**

*Telephones:* (208) 459-0092 (24 hr)

Toll Free: (800) 424-0297

Public mental health services.

### **COMMUNITY CRISIS RESPONSE SERVICES**

First line intervention for children and adults experiencing a mental health crisis. Children's mental health services may be provided for a sliding fee, medical insurance or Medicaid payment. Call for details.

## Counseling Services

- **Brad Levitt, PsyD LMFT**

### **Counseling & Psychological Testing**

**182 S.W. 10th Street**

**Ontario, OR 97914 (with services in Caldwell and Fruitland)**

*Telephones:* (541) 889-2932

Counseling and psychological testing services offered on a sliding fee scale based on income and family size.

- **Catholic Charities of Idaho - Nampa**

**1515 8th St. S.**

**Nampa, ID 83651**

*Telephones:* (208) 318-0387

(208) 466-9926

Contact Janie Mendez/Idaho Dad's Matter

Catholic Charities of Idaho offer counseling on a sliding fee scale to children, families, and adults.

They also offer family support services and social and mental health support groups. Catholic Charities also offers youth development services. "Idaho Dad's Matter"- In this program Dad's, especially Dad's who are newly divorced paying child support, are eligible for free counseling services.

- **Healthy Families**

### **City of Nampa Community Development**

**322 Caldwell Blvd Suite 324E**

**Nampa, ID 83651**

*Telephones:* (208) 461-5475

Healthy Families is a coalition of religious, civic, education, minority, media, and business leaders dedicated to improving the wellbeing of children through the development and coordination of community initiatives. Healthy Families maintains a list of community counseling resources. Some free resources available, call for details.

- **Ideal Mental Health, LLC**

**16 12th Ave. South, Ste. 216**

**Nampa, ID 83651**

*Telephones:* (208) 468-1511

Low cost counseling services based on a sliding scale. Ideal Mental Health also accepts Idaho Medicaid.

2-1-1 Idaho CareLine 03/01/2007

[www.idahocareline.org](http://www.idahocareline.org)

For additional referrals or information, dial 2-1-1 or 1-800-926-2588

# Canyon County Resources

- **Life Counseling Center**

**112 12th Ave. Road**

**Nampa, ID 83686**

*Telephones: (208) 465-5433*

Individual, family, couple, and group counseling services offered for a wide range of concerns. They accept third party reimbursement, Medicaid, out of pocket, and a sliding fee scale based on income and family size.

- **Lifeways Behavioral Health**

**702 Sunset Dr.**

**Ontario, OR 97914**

*Telephones: (541) 889-9167*

Counseling services offered on a sliding fee scale based on income and family size.

- **Webb Psychological Clinic and Institute**

**408 S. 22nd Ave.**

**Nampa, ID 83651**

*Telephones: (208) 466-8267*

Counseling services offered on a sliding fee scale based on income and family size

- **Girls & Boys Town National Hotline (24 hr Crisis Line)**

**13940 Gutowski Rd.**

**Boys Town, NE 68010**

*Telephones: (800) 448-3000*

24 hour service available free of charge to parents and children. Trained counselors can cover topics such as abusive relationships, depression, and parent/child conflict.

## Support Groups

- **Bereavement Group, Nampa**

**308 E. Hawaii Ave.**

**Nampa, ID 83686-6000**

*Telephones: (208) 463-6009*

*(800) 553-6415*

This is a group program to develop an understanding of the grieving process, and positive ways to cope with grief. Pre-registration is required. 8 week course. Held at MSTI in Nampa. Spring & Fall courses offered. No Cost to register call Bruce Wehler.

- **Grief Support, Nampa Mercy Medical Center**

**1512 12th Avenue Rd.**

**Nampa, ID 83686**

*Telephones: (208) 463-5895*

Meets in 8 wk Sessions, 3 a year (winter, spring & fall) for individuals and families. Next session starts 3/5/07.

- **Compassionate Friends - National Office**

**P.O. Box 3696**

**Oak Brook, IL 60522-3696**

*Telephones: (877) 969-0010*

The Compassionate Friends is a self-help national organization that offers emotional support to families who have experienced the death of a child. Chapters in Blackfoot, Boise, Coeur d'Alene, Idaho Falls, Pocatello. Contact the national office for more information and literature.

2-1-1 Idaho CareLine 03/01/2007

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