



**Old Rochester Regional High School
Counseling Department
Grade 9 Curriculum**

Fall

- **Freshmen Transition Groups ([Presentation Link](#))**
 - Introduce support staff
 - Discuss the role of the guidance counselor at the high school
 - Highlight available supports throughout the building
 - Explain how to make an appointment to see a counselor
 - Discuss and encourage the use of soft-skills with the goal of becoming a more independent student
 - Introduce graduation requirements (classes and credits) and compare to Mass State University entrance requirements
 - Discuss what is included on a high school transcript, including GPA and class rank
 - Highlight excerpts from the Handbook regarding the Attendance Policy and Dress Code
 - Encourage students to make the most of their high school experience
- **Individual Follow-Up Meetings**
 - Complete [Freshmen Interview Form](#) with the student
 - Review grades in Powerschool
 - Answer any follow-up questions from the group session

Winter

- **Prospective Student Athlete Presentation**

Spring

- **Course Requests**
 - Review graduation requirements, including classes and credits
 - Plan courses with a focus on career pathways
 - Encourage students to review the Program of Studies for course descriptions and prerequisites
 - Discuss the importance of a happy and healthy balance

Ongoing

- Individual meetings regarding academic performance and social/emotional health, as needed