

## CRISIS HOTLINES AND HELPLINES

### Crisis Hotlines

<b>Poison Center</b>	1-800-222-1222
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### **Abuse and Neglect**

Adult Abuse/Neglect Hotline	<b>1-866-654-3219 or 1-505-476-4912</b>
Child Abuse and Neglect Reporting Hotline (CYFD)	#7233 or 1-855-333-SAFE(7233)

### **Domestic Violence Crisis**

National Domestic Violence Hotline	1-800-799-7233 (TTY 1-800-787-3224) or click "Chat Now" at <a href="http://www.thehotline.org/">www.thehotline.org/</a> to text
Albuquerque Domestic Violence Hotline (S.A.F.E. House)	(505) 247-4219 or 1-800-773-3645
Santa Fe Domestic Violence Hotline (Esperanza DV Shelter)	505-473-5200 or 1-800-473-5220
StrongHeart Native Helpline	1- 844-762-8483
National Teen Dating Abuse Hotline	1- 866-331-9474

### **Immigration Crisis**

NM Migra Watch Hotline (M-F 6am-9pm) (to report an ICE action or seek legal help for someone facing detention)	1-844-363-1423, ext. 102
Visit SHARE Library resource: "Immigrant & Refugee Information" for list of statewide immigrant resources	

### **LGBTQ Crisis**

Trevor Project (for LGBTQ youth)	1-866-488-7386
National Trans Lifeline	1-877-565-8860
SAGE LGBT Elder Hotline (age 50+)	1-888-234-7243
LGBT National Help Center Hotline (all ages)	1-888-843-4564
LGBT National Youth Talkline (youth up to age 25)	1-800-246-7743
Websites: <a href="https://eqnm.org">https://eqnm.org</a> ; <a href="https://www.thetrevorproject.org">https://www.thetrevorproject.org</a> <a href="http://www.translifeline.org/">http://www.translifeline.org/</a> <a href="https://www.glbthotline.org">https://www.glbthotline.org</a>	

**Mental Health Crisis**

New Mexico Crisis and Access Line (NMCAL) <b>Crisis Line</b> <b>Peer to Peer Warmline</b> (call 3:30-11:30 pm - 7 days/week) Text Peer to Peer Warmline (text 6 - 11 pm - 7 days/week) TTYL Access available by calling <b>1-855-227-5485</b>	<b>1-855-NMCRISIS (1-855-662-7474)</b> <b>1-855-4NM-7100 (1-855-466-7100)</b> <b>1-855-4NM-7100 (1-855-466-7100)</b>
New Mexico Suicide Prevention Hotline	1-866-HELP-1-NM (1-866-435-7166)
National Suicide Prevention Lifeline English Español	1-800-273-8255 1-888-628-9454
Veterans Crisis Line	1-800-273-8255, ext. 1
Agora Crisis Center	(505) 277-3013
Hidalgo Medical Services (HMS) Mental Health Crisis Line (24/7) - (Southwest New Mexico including Grant County)	1-855-422-4334
Santa Fe Crisis Response Hotline	(505) 820-6333 or 1-888-920-6333
Streetwise, Inc. crisis line (24/7)	(505) 908-5400
Crisis Text Line - Crisis counselors are trained volunteers and texter will usually receive a response within 5 minutes <a href="https://www.crisistextline.org/how-it-works">https://www.crisistextline.org/how-it-works</a>	text HOME to 741741

**Substance Use Crisis**

Alcoholics Anonymous (AA) English Español Websites: <a href="http://www.albuquerqueaa.org/">http://www.albuquerqueaa.org/</a> (in ABQ area) <a href="https://nm-aa.org/">https://nm-aa.org/</a> (statewide)	(505) 266-1900 (505) 266-3688
Cocaine Anonymous (CA) website: <a href="http://www.canm.info">www.canm.info</a>	(505) 344-9828
Narcotics Anonymous (NA) Website: <a href="https://riograndena.org/">https://riograndena.org/</a>	(800) 925-4186

**Trauma, including Sexual Assault (24/7)**

Albuquerque Rape Crisis Hotline	(505) 266-7711
Santa Fe Crisis Advocacy Hotline	(505) 986-9111 or 1-800-721-7273
Arise Crisis Line (Curry, Roosevelt, Quay, Harding, DeBaca, Union and Lea Counties)	575-226-7263
Sexual Assault Crisis Line (Grant and Hidalgo Counties)	1-866-750-6474
National Sexual Assault Crisis Line	1-800-656-4673

**Youth Crisis (also see Mental Health Crisis and LGBTQ numbers)**

National Runaway Safeline	1-800-RUNAWAY or 1-800-786-2929
New Day Safe Home in Albuquerque (for youth 11-17)	(505) 938-1060
Amistad Crisis Shelter in Albuquerque (for youth 12-17)	(505) 877-0371
Safe Place – youth text if you need a safe place to go ( <a href="https://www.nationalsafeplace.org/how-does-safe-place-work">https://www.nationalsafeplace.org/how-does-safe-place-work</a> )	Text the word “safe” and your location (address, city, state) to 4HELP (44357) – after you get a reply text, then text “2chat” to text with a trained counselor
Ala-Teen English Español	(505) 262-2177 (505) 243-6135
Boys Town National Hotline (for teens or parents of teens)	1-800-448-3000
Narateen	(310) 534-8188 or 1-800-477-6291

**Other Crises**

National Human Trafficking Hotline (for victims or survivors of human trafficking or to report a tip): <a href="https://humantraffickinghotline.org">https://humantraffickinghotline.org</a> (for live chat)	1-888-373-7888 (TTY: 711); Text HELP or INFO to 233733 Live chat
Eating Disorders (24/7 crisis support)	text 'NEDA' to 741741
Animal Cruelty Hotline	1-877-5-HUMANE (1-877-548-6263)
Drunk Busters Hotline	1-877-394-4258 (or #394)

**Information Hotlines/Helpines**

**Families/Children (also see other sections, including Health and Legal Assistance)**

Abortion Information Hotline	1-800-772-9100 or 1-877-257-0012
National Life Center Hotline	1-800-848-5683
La Leche League New Mexico Breastfeeding Helpline	(505) 821-2511
La Leche League National Breastfeeding Helpline	1-877-4-LALECHE (877-452-5324)
Prenatal Care Helpline English Español	1-800-311-BABY (1-800-311-2229) 1-800-504-7081
Postpartum Support International	1-800-944-4773
NM Resource & Referral Helpline	1-800-691-9067
Foster/Adoption Hotline (CYFD)	1-800-432-2075

**Health**

ADHD national helpline (CHADD)	1-800-233-4050 (Mon-Fri, 1-5 pm ET)
Cancer national helpline (American Cancer Society)	1-800-227-2345
CDC National AIDS Hotline	1-800-232-4636
Eating Disorders Help Line (national) (NEDA)	1-800-931-2237
Medication Information Hotline/Helpine	1-800-222-1222
National Hispanic Family Health Helpline	1-866-783-2645
NM Medicaid Call Center	1-888-997-2583

**Substance Use**

Al-Anon and Alateen English Español	(505) 262-2177 (505) 243-6135
Mothers Against Drunk Driving (MADD)	1-800-438-6233
Nar-Anon Family (Support) Groups	(310) 534-8188 or 1-800-477-6291
Narcan/Naloxone Opiate Overdose Prevention Helpline	1-855-DOH-HOOD (1-855-364-6663)
Quit Smoking Hotline (NMDOH)	1-800-QUIT-NOW (1-800-784-8669)

**Legal Assistance**

Kinship Guardianship Legal Hotline	Statewide: 1-800-980-1165 Albuquerque: (505) 217-1660
Legal helpline for seniors (55+) (statewide) (State Bar of NM)	1-800-876-6657
NM Legal Aid (statewide intake number)	1-833-LGL-HELP (1-833-545-4357)

**Others**

National Hunger Hotline (USDA)	1-866-348-6479
United Way Central NM Resources Helpline	211

