

Camp Girl Power

Join us for 5 half-days of fun empowerment
for girls 11-13 years old!

Monday, August 10th to Friday, August 14th 2015
9 AM to 12 PM

Girls will develop the skills to be empowered in the 21st century
through a variety of fun and interactive activities.

Camp is facilitated by:
Dawn H. Haaz, Psy.D. & Samantha Lohr, M.Ed., N.C.C.

Monday: It's All About Me

Explore self-identity and build self-esteem

Tuesday: Mind, Body, Spirit Day

Learn to take care of oneself mentally, physically, and spiritually

Wednesday: It's All About Us

Understand healthy relationships and how to develop them

Thursday: Take the Lead

Become an effective leader and team player

Friday: Empowered We Stand

Reflect on skills learned throughout the week

EMPOWERED : Possessing the knowledge, skills, confidence, and
resources to stand up for oneself and make positive choices.™



Girls Empowered

P.O. Box 201
Doylestown, PA 18901

PHONE: 267-225-6684

EMAIL: dawn@girlsempowered.net

WEBSITE: www.girlsempowered.net



Fee is \$250 (Limited financial assistance available)