

Book	Policy Manual
Section	100 Programs
Title	Sudden Cardiac Arrest
Code	123.2
Status	Active
Adopted	April 15, 2013
Last Revised	August 18, 2014

Authority

The Board recognizes the importance of ensuring the safety of students participating in the district's athletic programs. This policy has been developed to provide guidance for prevention and recognition of sudden cardiac arrest in student athletes. [\[1\]](#)

Definition

Athletic activity shall mean all of the following: [\[2\]](#)

1. Interscholastic athletics. [\[3\]](#)
2. An athletic contest or competition, other than interscholastic athletics, that is sponsored by or associated with the school, including cheerleading, club-sponsored sports activities and sports activities sponsored by school-affiliated organizations. [\[4\]](#)
3. Noncompetitive cheerleading that is sponsored by or associated with the school. [\[4\]](#)
4. Practices, interschool practices and scrimmages for all athletic activities. [\[4\]](#)[\[3\]](#)

Delegation of Responsibility

Each school year, prior to participation in an athletic activity, every student athlete and his/her parent/guardian shall sign and return the acknowledgement of receipt and review of the Sudden Cardiac Arrest Symptoms and Warning Signs Information Sheet. [\[5\]](#)

Guidelines

The school may hold an informational meeting prior to the start of each athletic season for all competitors regarding the symptoms and warning signs of sudden cardiac arrest. In addition to the student athletes, such meetings may include parents/guardians, coaches, other appropriate school officials, physicians, pediatric cardiologists, school nurse and licensed athletic trainers. [\[5\]](#)

Removal From Play

A student who, as determined by a game official, coach from the student's team, certified athletic trainer, licensed physician, or other official designated by the district, exhibits signs or symptoms of sudden cardiac arrest while participating in an athletic activity shall be removed by the coach from participation at that time. [\[5\]](#)

Any student known to have exhibited signs or symptoms of sudden cardiac arrest or exhibits signs of cardiac difficulty, as defined by the information sheet, prior to or following an athletic activity shall be

prevented from participating in athletic activities.

Return to Play

The coach shall not return a student to participation until the student is evaluated and cleared for return to participation in writing by a licensed physician (MD or DO), certified registered nurse practitioner or cardiologist. [5]

Training

All coaches and volunteer coaches shall annually, prior to coaching an athletic activity, complete the sudden cardiac arrest training course offered by a provider approved by the PA Department of Health. All coaches and volunteer coaches must have AED, CPR & First Aid training prior to first day of practice (or first day of informal practice) beginning the 2013-2014 school year.[5]

Penalties

1. For a **first** violation, suspension from coaching any athletic activity for the remainder of the season.
2. For a **second** violation, suspension from coaching any athletic activity for the remainder of the season and for the next season.
3. For a **third** violation, permanent suspension from coaching any athletic activity.

Legal

1. [24 P.S. 5331 et seq](#)

2. [24 P.S. 5332](#)

3. Pol. 123

4. Pol. 122

5. [24 P.S. 5333](#)

[24 P.S. 5331 et seq](#)

Pol. 822