

Rebecca Saffert
Principal

Sarah Schwartz
Vice Principal

Jim Kelly
Administrative Dean
of Students (A-K)

Ryan Slattery
Dean of Students
(L-Z)

Dr. Hank Harvey
Student Services
Coordinator

Ryan Ludwig
Athletic Director

School Counselors:
Meghan Kratzke
(A-DIA)

TBD
(DIB-HUM)

Matt Berg
(HUN-MC)

Katy Kline
(MD-SAM)

Patrick Hurley
(SAN-Z)

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Attendance: (847) 474-6100

<https://cg.d155.org/>

Connect with Us

@CaryGroveHighSchool

@CaryGroveHS

@carygrove_hs



CARY-GROVE HIGH SCHOOL SUMMER NEWSLETTER 2023

Families of Cary-Grove,

I am extremely excited to continue my career at Cary-Grove as the new principal! I have always enjoyed working with our amazing and dedicated staff, the supportive community, and our incredible students. Together we will continue to provide a quality high school experience, a supportive environment, and career exploration opportunities.

To share a little bit about me: I am a proud graduate of Cary-Grove High School and have served as vice principal here for the last 12 years. I began my career at Crystal Lake South as a math teacher before transferring to Cary-Grove to teach for nine years. I then moved into the dean of students role. I have coached cheer and dance and served as a senior class sponsor. Prior to my education career, I worked as a financial analyst for General Electric for eight years. I received a bachelor's in business finance from Western Illinois University, a teaching endorsement from Northeastern Illinois, a master's in curriculum and instruction from North Central University, and a master's in administration from Northern Illinois University. I have two children, Haley (25) and Presley (22) who were fortunate to receive a D155 education!

As the 2023-2024 school year approaches, I am looking forward to seeing the hallways filled with the energy and enthusiasm of students and teachers. I especially want to welcome our incoming Freshmen Class of 2027 as they join us in becoming the newest Trojans!

Accompanying this letter is information regarding various events and deadlines in preparation for the upcoming school year. If you have any questions regarding the materials, please do not hesitate to contact us.

Sincerely,
Rebecca Saffert
Principal

Go Trojans!

DISTRIBUTION DAYS

All students must attend their designated distribution day. Students will receive their class schedule, textbooks, and student ID. Yearbook pictures will also be taken for incoming freshmen, sophomores, and juniors. For incoming seniors, proof of vaccination against meningococcal disease must be turned in prior to distribution day. For incoming freshmen, a completed physical is required for entrance into distribution day. Please note that the first 30 minutes of each time slot are typically busy.

Seniors (All) & Juniors (A-K)
Juniors (L-Z) & Sophomores (All)
Freshmen

Tuesday, August 8
Wednesday, August 9
Thursday, August 10

Distribution Day Hours
11:00 a.m. - 2:00 p.m.
3:00 p.m. - 6:00 p.m.



SCHOOL INFORMATION



STUDENT ID'S & YEARBOOK PICTURES

Every student's ID picture will be taken on distribution day. Please come prepared to be photographed. This photo will be used in the yearbook (for freshmen, sophomores, juniors) and on all student IDs. Any student unable to have his/her yearbook photo taken on distribution day will have an opportunity during retakes in October. Students who were unable to get an ID picture taken may get their ID picture taken in the Library once school starts. Students are required to carry their ID at all times while at school. It serves as their library card, bus pass, work-release, lunch release, and activity ticket, and is required for textbook sign-out and admittance to study hall, the Library, commons, and Math & Literacy Center. Juniors and seniors approved for open campus will present their ID when entering and exiting the building. The replacement cost for a lost or altered card is \$5.



SENIOR PORTRAITS

Seniors will have their student ID picture taken on distribution day. This picture will differ from the picture used in the yearbook. In order for your picture to appear in the senior section of the yearbook, you must have your picture taken by Empire Photography. You are under no obligation to purchase anything, and there is no fee if you are only having a picture taken for the yearbook. If you still need to schedule your portrait session, please visit www.empirephotos.com/carygroveseniors. If you need to contact Empire Photography for any reason, their customer service number is 608-257-2941.

YEARBOOK INFORMATION

The ONLY way to purchase a yearbook is online at www.jostens.com, or visit this [direct link](#) for Cary-Grove High School. The cost of the yearbook is \$52.



TRANSPORTATION

Buses will not run on distribution days and Freshman Orientation. Buses begin running on August 16, the first day of school. Bus route and stop information will be mailed to each student's home in August. Bus schedules and information will be available on freshman distribution day should you have any questions.



FRESHMAN CHROMEBOOK DISTRIBUTION

Chromebooks will be distributed to freshmen, Class of 2027 and transfer students during distribution days, as part of the district's one-to-one computing program.

FRESHMAN & TRANSFER STUDENT ORIENTATION

The Cary-Grove staff and students invite the Class of 2027 to Connect Crew Freshman Orientation 10 a.m.–1:15 p.m. Tuesday, August 15, Lower Gym

The purpose of this orientation is to make the transition from middle school to high school a positive one. Seniors and juniors will serve as leaders and mentors to the freshmen. Large and small group activities are designed to address students' needs and concerns in an enjoyable manner. Wear comfortable clothes and don't bring school supplies. Travel light! Due to the nature of this program, make-up opportunities are not available. If you have any questions, please email your Connect Crew Coordinators, Mr. Neff (cneff@d155.org) or Mrs. Anderson (sanderson@d155.org).

STUDENT SERVICES

Student Services encompasses much more than scheduling. Parents and students should feel free to stop in or call our office with any social-emotional needs as our department includes counselors, social workers, a psychologist, and a school nurse. In addition, students and parents have access to our College and Career Center to research various post-high school educational and career options. Student transcripts are also maintained by the Student Services Office.

COUNSELOR CASELOAD

Student caseloads are determined by alphabet.
Contact: (847) 639-3825

Meghan Kratzke	(A-DIA)	ext. 4117
TBD	(DIB-HUM)	ext. 4113
Matt Berg	(HUN-MC)	ext. 4125
Katy Kline	(MD-SAM)	ext. 4127
Patrick Hurley	(SAN-Z)	ext. 4126
Dr. Hank Harvey	Student Services Coordinator	

Please know that we maintain an open-door policy. Any student can see any counselor with whom he or she feels comfortable; however, the assigned counselor as noted above is the primary case manager and maintains all files and records generated for the student.

ACADEMIC ASSISTANCE

Should your student struggle academically, we strongly suggest that you contact their teacher as a starting point. Our teachers are happy to meet individually with students to provide additional assistance before school, perhaps during your student's study hall or lunch, or even after school. If you notice that your student is struggling in multiple classes, please telephone your student's counselor. They are able to set up a meeting with you, your student, and all necessary teachers. Through this process, your student may be considered for other interventions. These might include smaller guided study halls, or assistance in our literacy and math centers.

FAITH'S LAW RESOURCE GUIDE

All children have the right to grow up in safe and healthy communities that have welcoming and nurturing schools. The Illinois State Board of Education has developed and published the Sexual Abuse Response and Prevention Resource Guide, available on the district's website, [click here](#). The district is required to share this information with parents/guardians and make it available on the district website.



COUNSELOR SUMMER HOURS: AUGUST 1, 2023

School counselors will be available for appointments beginning August 1. The only schedule changes allowed will be for errors (i.e. schedule has Spanish IV, but should have Spanish III).



STUDENT SERVICES ONLINE RESOURCES

For a wealth of information about scholarships, post-high school options, ACT/SAT testing, college representative visits, and financial aid, please visit the Student Services website at <https://cg.d155.org/student-services>.

SCHOOL PROCEDURES

ATTENDANCE

Because irregular or poor attendance denies the student opportunities to maximize benefits from teachers and fellow students, the following policies have been adopted:

- A parent or guardian must call the school each day a student misses all or part of his/her school day.
- You may leave information on the automated voicemail system 24 hours a day, or you may call the switchboard between the hours of 7 a.m. and 4 p.m.
- Written notes are not acceptable to excuse absences.
- A student is only allowed NINE days of absence without question, per semester, provided there is a call from a parent. (*Note: Absences that are valid and accompanied by supporting documentation are not counted toward the nine days of absence.*) Please see the student handbook or the website for further information.

24-Hour Attendance Hotline:
(847)-474-6100

CELL PHONE USE

Cary-Grove students are allowed to use their cell phones ONLY during passing periods and their lunch period. All other times the phone must be OFF AND PUT AWAY. If a student's phone rings or they are using it during non-designated times, it will be taken by the teacher and given to the dean. On the first offense, the student may pick up their phone after school and will receive a two-hour detention. The second offense will be a two-hour detention and a parent will have to pick up the phone. For three or more offenses, additional discipline may be given.

ATTENDANCE NOTIFICATIONS

Cary-Grove will use an automated calling system to alert parents when their student is considered absent/ truant. The notification system also allows the school to communicate via text message. Parents and guardians who gave permission to be called and/or texted and provided a mobile phone number during online registration will receive attendance notifications. Parents and guardians can revoke this consent at any time by notifying Shannon Podzimek, director of communications, spodzimek@d155.org, or by following the instructions in the automated phone call or text messages. Please ensure that your primary number stays up-to-date throughout the year so that we can provide you with pertinent information if necessary.



EMERGENCY ALERT NOTIFICATIONS

District 155 uses an automated calling system to alert parents of emergency situations including weather closings. In most cases, the system uses the primary phone number listed in Family Access. Please ensure that your primary number stays up-to-date throughout the year so that we can provide you with pertinent information if necessary.

SCHOOL PROCEDURES

SCHOOL VISITORS

Parents or others visiting during the school day should:

- Park in a “Visitors” space.
- Enter the building through the main door.
- Press the button to be buzzed in.
- Sign in at the greeter’s desk in the office.

For the school’s security, all visitors must present a valid driver’s license or state ID to be scanned through a national database. You must leave your license/ID at the front desk while visiting Cary-Grove, and it will be returned to you upon check-out.

STUDENT PARKING

Due to limited space, only juniors and seniors may park in the student lot. A permit must be purchased at the cost of \$150.00. Permits are limited. Emergency, one-day parking privileges are available for \$5.00 per day. Please see the deans’ secretary for details.

DRIVER EDUCATION

State law requires that no student be permitted to take driver’s education courses unless he/she has received a passing grade in at least eight credit-carrying courses during the previous two semesters of school. All students enrolled in Behind-the-Wheel driver’s education must pay a \$250.00 fee due at registration plus the Secretary of State permit fee of \$20.00 due on the first day of class. Students will fill out the permit application on the first day of class.

SCHOOL LUNCHES

District 155 allows students to use their ID card to make cafeteria purchases. The cashless purchase program allows a student/parent to add money to the ID by clicking the “Food Service” link in Skyward Family Access.

LUNCH RELEASE

Seniors and juniors may be granted lunch release privileges with their parent’s/guardian’s permission. Lunch release forms can be picked up during distribution day and returned on the first day of school.

No freshmen or sophomores are allowed to leave campus during lunch. If a student chooses to violate this rule, consequences may include a four-hour detention for the first offense.

CUM LAUDE GRADUATE PROGRAM

This program is designed to honor our students who continually challenge themselves in academics, school participation, volunteerism, and citizenship. Students who meet or exceed the criteria will be honored at their graduation with a medal and notation on their diploma.

STUDENT HANDBOOK



The student handbook includes all school rules and regulations on academics, student conduct, student attire & dress, attendance, transportation, athletics, and activities.

Parents and students must become familiar with the content of the student handbook, which is available on the school's [website](#). All students will be held accountable for the information found in the handbook.

SCHOOL PROCEDURES



CLASS SCHEDULES

DAILY CLASS SCHEDULE

Period	Time
0*	6:30 - 7:15 a.m.*
1	7:25 - 8:10 a.m.
2	8:15 - 9:00 a.m.
3	9:05 - 9:50 a.m.
4	9:55 - 10:40 a.m.
5	10:45 - 11:30 a.m.
6	11:35 a.m. - 12:20 p.m.
7	12:25 - 1:10 p.m.
8	1:15 - 2:00 p.m.
9	2:05 - 2:50 p.m.

LATE START MONDAY CLASS SCHEDULE

Period	Time
0*	6:30 - 7:10 a.m.*
1	8:10 - 8:50 a.m.
2	8:55 - 9:35 a.m.
3	9:40 - 10:20 a.m.
4	10:25 - 11:05 a.m.
5	11:10 - 11:50 a.m.
6	11:55 a.m. - 12:35 p.m.
7	12:40 - 1:20 p.m.
8	1:25 - 2:05 p.m.
9	2:10 - 2:50 p.m.

EARLY RELEASE CLASS SCHEDULE

Period	Time
0*	6:43 - 7:15 a.m.*
1	7:25 - 7:57 a.m.
2	8:02 - 8:34 a.m.
3	8:39 - 9:11 a.m.
4	9:16 - 9:48 a.m.
5	9:53 - 10:25 a.m.
6	10:30 - 11:02 a.m.
7	11:07 - 11:39 a.m.
8	11:44 a.m. - 12:16 p.m.
9	12:21 - 12:53 p.m.

****Only students enrolled in zero hour will begin at 6:30 a.m.****



HEALTH SERVICES

FRESHMAN REQUIREMENTS

FRESHMAN PHYSICALS

All freshmen are required by law to complete a physical exam within 12 months of Freshman Distribution Day, August 10, 2023. Physicals conducted between August 11, 2022 - August 10, 2023 will satisfy this requirement.

The exam must be documented by a physician using the state approved form available to [download here](#) and the parent must complete the *Health History* section.

*****Please note that Athletic physicals do not meet the requirements for students entering 9th grade.***

FRESHMAN DENTAL EXAMS

All freshmen are also required to submit proof of a dental exam within 18 months of the start of freshman year.

The exam must be documented by a physician using the state approved form available to [download here](#).



Freshmen have two options to submit the State of Illinois Certificate of Child Health Examination and School Dental Examination forms. You can email the forms to your school nurse:

Cary-Grove

cgnurse@d155.org

Or you have the option to bring the forms to Distribution Day in August. This will be your ticket into Freshman Distribution Day.

SENIOR REQUIREMENTS

MENINGITIS VACCINATION

All seniors must meet Illinois Department of Public Health immunization requirements for meningococcal disease prior to the start of 12th grade.

Proof of vaccination must be provided prior to Senior Distribution Day, August 8, 2023.

ALL STUDENTS

MEDICATION FORM

Any student needing to take medication (prescription and/or over-the counter) must have a Medication Form on file with the school nurse. Forms must be submitted annually. The form is available to [download here](#).

ASTHMA ACTION PLAN

Students who have asthma are required to have an "Asthma Action Plan." It must be kept on file in the school nurse's office. The form is available to [download here](#).



ATHLETICS

Information about athletic teams, forms, tryouts, and practices is available on the [website](#). You will also find game cancellation notices, schedule updates, driving directions, scores, rosters, news, and other announcements.

ATHLETIC DEPARTMENT

Athletic Director: Ryan Ludwig

Assistant Athletic Director: Tim Garis

Athletic Secretary: Donna Ganshaw

Athletic Trainer: Cindy Hernandez



ATHLETIC FEES

Student athletic participation fees for 2023-24 are \$100 per sport, with a student maximum of \$200 per student, and a family maximum of \$400 per household.

Athletic fees will be due after rosters have been finalized. The athletic fee will be posted in Skyward Family Access. Athletic fee payments can be completed through Skyward Family Access. After logging in, go to "Fee Management" to pay the fees associated with your student. Discover, Visa, and MasterCard are accepted for online payment. Athletic fees can also be paid in person at school in the principal's office. Checks are payable to Community High School District 155. The athletic participation fee(s) will be waived for students who qualify and apply for fee waivers.

District 155 has a no refund policy after the first IHSA event/contest. Athletes who quit their sport prior to the first IHSA event/contest are eligible for a full refund, but must meet the following conditions:

- Notify the coach and athletic office (Athlete should notify coach and athletic office via email)
- Must be cleared of all uniform/equipment rentals by coach

2023 HOME FOOTBALL GAMES

AUGUST 25
VS. BURLINGTON
CENTRAL

SEPTEMBER 8
VS. MCHENRY

SEPTEMBER 22
VS. PRAIRIE
RIDGE

OCTOBER 7
VS. HUNTLEY
(HOMECOMING)

OCTOBER 13
VS. CRYSTAL
LAKE SOUTH
(SENIOR NIGHT)

ATHLETICS

ADMISSION PRICE TO ATHLETIC EVENTS

Admission prices to Fox Valley Conference and other athletic contests are \$6.00 for adults, \$4.00 for students with ID cards and \$3.00 for children in 5th grade and younger. Costs for IHSA tournament events may differ, and no passes can be accepted for such events.

ATHLETIC & ACTIVITY PASS

Cary-Grove students with an activity pass are admitted to all non-IHSA tournament athletic and non-fundraising musical events at Cary-Grove.

NEW THIS YEAR: DIGITAL TICKETS FOR ATHLETIC EVENTS

Beginning this year, CG will use digital ticketing by GoFan for athletic events. You can purchase tickets by downloading the "GoFan" app or purchase tickets on the website. All major credit cards are accepted, along with Apple Pay and Google Pay. Fans are encouraged to buy tickets online prior to arriving at the facility. Signage will be set up at the venue to help fans navigate an online purchase quickly and easily.

1. Go to www.gofan.co
2. Search "School Name"
3. Select Event

NEW THIS YEAR: LIVE STREAMING ATHLETIC EVENTS

You will now be able to watch several athletic events for free on the district's live streaming platform, hudl tv, [click here](#). The following sports will be live-streamed & recorded to view later:

Football | Volleyball | Basketball (Boys/Girls) | Lacrosse (Boys/Girls) | Soccer (Boys/Girls)*

*May vary between schools



SEASON PASSES

Information about how to purchase season passes will be available on the athletic website on August 1.

GOLDEN AGE PASSES

For those in the community who are over the age of 60, a Golden Age Pass is provided at no charge. Anyone wishing to obtain a Golden Age Pass for our activities should contact Mrs. Claypool in the Principal's Office. The pass may be used to gain admittance to all school-sponsored activities throughout the district for the holder and his/her spouse. Please note that these passes may not be used at IHSA tournament events.

SCHOOL CALENDAR

Tues - Thurs	August 8-10	Distribution Days
Mon - Tues	August 14-15, 2023	Institute Days - No Classes
Wednesday	August 16	First Day of School - ALL STUDENTS
Monday	September 4	Labor Day - No School
Wednesday	September 6	Open House - Early Release
Saturday	October 7	Homecoming Game/Dance
Monday	October 9	Columbus Day - No School
Wed - Fri	November 22-24	Thanksgiving Holiday - No School
Tues - Wed	December 19-20	Final Exam Days
Wednesday	December 20	Last Day of School in 2023 - End of First Semester
Thurs - Wed	Dec 21 - Jan 3, 2024	Winter Break - No School
Thurs - Fri	January 4-5	Institute Days - No Classes
Monday	January 8	First Day of Second Semester 2024
Monday	January 15	Martin Luther King, Jr. Day - No School
Monday	February 19	Presidents' Day - No School
Mon - Fri	March 25-29	Spring Break - No School
Friday	April 26	School Improvement Day - Early Release
Saturday	May 18	Graduation Ceremony, Class of 2024 - 10:00 a.m.
Mon - Tues	May 20-21	Final Exams
Tuesday	May 21	Last Day of School - Final Exam Schedule (if no Emergency Days are used)
Monday	May 27	Memorial Day - No School
Wednesday	May 29	Last Day of School (if all Emergency Days are used)

**Every Monday that school is in session will be a "Late-Start Monday," with classes beginning at 8:10 a.m.*

***A current calendar is maintained on the school website. The online version is updated after each emergency closing day.*

SAVE THE DATE OPEN HOUSE

SEPTEMBER 6, 2023 | 7:00 PM



Parents & Guardians are encouraged to attend Open House. This is your opportunity to visit each of your student's classrooms, meet their teachers, and learn about the courses.