



Date of Assessment: 12/09/2022		School/Work Location Wellness Action Plan SY22-23	
Name of School/Work Location: Creekview High School		Number of Students: 2,088	Number of Employees: 185
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. A healthy recipe recommendation in monthly newsletter.	In Progress	185	Sent out in monthly newsletter to all staff.
2. Printable materials and handouts on healthy habits and eating posted in staff lounge and rotated monthly.	In Progress	185	Materials gathered from reputable sites like nutrition.gov .
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Staff Needs Assessment	Completed	55	Surveyed staff on how we could best support them.
2. Snack Cart	Completed	150	Provided snacks to boost morale.
Physical Activity Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Staff Walking Club	In Progress	10	Still in early stages of development
2. Staff Kickball Competition/Cookout	Not Completed	25	
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Coffee Social	Completed	50	Partnered with PTSA to provide coffee and snacks on DLD.
2. Ugly Sweater Contest	In Progress	50	Will be hosted during holiday luncheon.
District Nutrition Guidelines for Beverages Sold to Students	Status (select one):	Completed	Notes: All foods and beverages sold to students during the school day shall be consistent with USDA Smart Snack guidelines and shall comply with nutrition guidelines for each grade level. If food item does not meet the nutrition guidelines, it must qualify and be approved for an exemption.

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District Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one):	Completed	Notes: All foods and beverages not sold to students during the school day shall encourage and support healthy eating by students.
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Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Jonathan Harrison	Wellness Ambassador	
2. Haleigh Miner	Wellness Ambassador	
3.		
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Greg Pfennig	Time Keeper	
2. Michele Dowd	Note Taker	
3. Hillary Grummer	Nutrition Expert	
4. Jessica Whitley	Admin. Liason	
5.		

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Wellness Newsletter	1 x monthly	
2. Weekly Admin. Updates		As needed to promote events.

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