



Cherokee County
School District

Date of Assessment: 11/2/2022		School/Work Location Wellness Action Plan SY22-23	
Name of School/Work Location: CCSD Preschool Centers (Ralph Bunche, Johnston)		Number of Students: 195 (120 @ RBC, 75 @ Johnston)	Number of Employees: 55 (39 @ RBC, 16 @ Johnston)
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Healthy recipe share	In Progress	55	Healthy Harvest of the Month Calendar
2. Promote SHBP Green Day Challenges	In Progress	55	SHBP Sharecare and <i>Be Well SHBP</i> Program
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Promote LifeWorks Program & App	In Progress	55	EAP, download free app
2. Promote Calm Students Initiative	In Progress	55	App free to educators (calm.com/schools)
Physical Activity Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Promote staff participation in The Smile Run 7 th Annual 5k, Fun Run & Tot Trot	Completed	15	Sponsored by Christian Egner Foundation, Saturday, October 8, 2022
2. Track steps on Sharecare app	In Progress	20	Sharecare app
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Staff/Family Member Flu Vaccine Clinic	Completed	7	Flu clinic scheduled for 10/26/2022
2. Promote healthy eating with healthy snacks in teacher workroom/refrigerator	In Progress	55	Monthly rotating staff contributions
District Nutrition Guidelines for Beverages Sold to Students	Status (select one): N/A	Choose an item.	Notes: All foods and beverages sold to students during the school day shall be consistent with USDA Smart Snack guidelines and shall comply with nutrition guidelines for each grade level. If food item does not meet the nutrition guidelines, it must qualify and be approved for an exemption.
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one): N/A	Choose an item.	Notes: All foods and beverages not sold to students during the school day shall encourage and support healthy eating by students.

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Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Angela Moody	Assistant Principal	
2. Tricia Griffith, LPN	School Nurse	Wellness Ambassador
3.		
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Angela Moody	Assistant Principal	
2. Tricia Griffith, LPN	School Nurse	Wellness Ambassador
3.		
4.		
5.		

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Staff workroom / Nurse's Clinic	Monthly	Flyers, sign-up sheets, bulletin board
2. Staff Meetings	Weekly	Announcements
3. Email	Weekly	Wellness Wednesday, SHBP emails, LifeWorks

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