



Date of Assessment: 12/6/2022		School/Work Location Wellness Action Plan SY22-23	
Name of School/Work Location: Little River		Number of Students: 1269	Number of Employees: 142
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. CCSD Cares Newsletter	In Progress	142	Sent out monthly to entire staff.
2. Healthy Snacks for School Based Activities	In Progress	142	With the Staff Art Activity and Scavenger Hunt.
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Staff Support Groups	Not Completed	142	To be held with school counselor starting in 1/2023.
2. SEL Tip of the Month	In Progress	142	Included with CCSD Cares Newsletter.
Physical Activity Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. LRES Walking Club	Completed	142	2x per week through November.
2. Wellness Wednesday	Not Completed	142	Wednesdays after school, January-March.
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Staff Art Activity	In Progress	142	12/7 and 12/14 after school.
2. EOY Escape Scavenger Hunt	Not Completed	142	To be held during May.
District Nutrition Guidelines for Beverages Sold to Students	Status (select one): Completed	Choose an item.	Notes: All foods and beverages sold to students during the school day shall be consistent with USDA Smart Snack guidelines and shall comply with nutrition guidelines for each grade level. If food item does not meet the nutrition guidelines, it must qualify and be approved for an exemption.
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one): Completed	Choose an item.	Notes: All foods and beverages not sold to students during the school day shall encourage and support healthy eating by students.



Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Matt Freedman	Principal	
2. Joshua Sams	PE Teacher	
3.		
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Erin Hatcher	Teacher	
2. Dana West	Teacher	
3. Grace Haney	Teacher	
4. Emerald Phillips	Teacher	
5. Adrienne Warnken	Counselor	

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Faculty Meeting	Monthly	
2.		
3.		

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