



Cherokee County
School District

Date of Assessment: 2/28/23		School/Work Location Wellness Action Plan SY22-23	
Name of School/Work Location: ACTIVE ACADEMIES		Number of Students: 513	Number of Employees: 69
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. All foods and beverages sold to students during the school day shall be consistent with USDA Smart Snack guidelines and shall comply with nutrition guidelines for each grade level. If food item does not meet the nutrition guidelines, it must qualify and be approved for an exemption.	Completed		I would love help on this for next year.
2. All foods and beverages not sold to students during the school day shall encourage and support healthy eating by students.	Choose an item.		
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. EAP & Benefits- Distribute Resources	Completed	Entire School	
2. School Culture/Climate Committee	In Progress		Meet Monthly- asked to Combine both wellness and climate/culture
Physical Activity Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Hiking Group- 1x Semester	Completed		Took a group to Red Top Mtn State Park Fall 2022
2. Walking on Wednesdays after Work	Partially Completed		
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Monthly Birthday Lunch Potlucks	In Progress	Entire School	Takes place as a school & i-Grad hosts their own as well.

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2. Food Truck Plan for May 2023	In Progress	For All Teachers	Lining this up for Teacher Appreciation Week!
District Nutrition Guidelines for Beverages Sold to Students	Status (select one):	Completed	Notes: Nutritional Guidelines are posted for extra food, snacks, and drinks sold to students. All foods and beverages sold to students during the school day shall be consistent with USDA Smart Snack guidelines and shall comply with nutrition guidelines for each grade level. If food item does not meet the nutrition guidelines, it must qualify and be approved for an exemption.
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e. classroom parties, foods given as reward).</i>	Status (select one):	In Progress	Notes: Limited to 1 snack machine. Our PTA has started providing healthy snacks for special days throughout the semester. All foods and beverages not sold to students during the school day shall encourage and support healthy eating by students.

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Hillary Nichols	Wellness Committee Head	
2. Agramonte, Box, Dallas, Hutto, Baker, Yarborough, Robbins, & Saavedra	Committee Members	The members have been meeting since the beginning of the school year while I was on maternity leave.

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3. Dr. Scott Townsend	Admin	
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. See Above		
2.		
3.		
4.		
5.		

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. We've been meeting month and emailing the faculty/staff	Monthly	
2.		
3.		

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