



Cherokee County
School District

Date of Assessment: 12/22/22		School/Work Location Wellness Action Plan SY22-23	
Name of School/Work Location: Boston		Number of Students: 617	Number of Employees: 100
Nutrition Education and Promotion Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. National School Lunch Week	Completed	All staff and students	October- Promoting student nutrition
2. National School Breakfast Week	In Progress	All Staff and students	March- Promoting student nutrition
Mental Health & Wellness Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Guidance Lessons in Classrooms	In Progress	All Students	Planned Lessons
2. Think First, Stay Safe	Completed	All students	Parent permissions
3. Postive Behavior Framework - Bear Dens	In progress	All Students	
4. Breakfast and/or sweet treats monthly	In progress	All teachers	
Physical Activity Goal(s):	Goal Status (select one):	Number of Participants	Notes:
1. Fitnessgram	Not Completed	1 st -5 th grade students	Spring
2. Recess	In Progress	All students	daily
Other School-Based Activities that Promote Employee and/or Student Wellness:	Goal Status (select one):	Number of Participants	Notes:
1. Holiday Dress up Days	Completed	All teachers	
2. Flu Shots for staff	Completed	All staff	Optional for staff
3. Hearing and Vision Screening	Completed	1 st and 3 rd grade	
District Nutrition Guidelines for Beverages Sold to Students	Status (select one):	In Progress	Notes: All foods and beverages sold to students during the school day shall be consistent with USDA Smart Snack guidelines and shall comply with nutrition guidelines for each grade level. If food item does not meet the nutrition guidelines, it must qualify and be approved for an exemption.
District Nutrition Guidelines for All Foods and Beverages Not Sold to Students	Status (select one):	In Progress	Notes: All allergy concerns are met. All foods and beverages not sold to students

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(i.e. classroom parties, foods given as reward).			during the school day shall encourage and support healthy eating by students.
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Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Wellness Plan Leadership <i>Name of school or district level official(s)</i>	Position Title	Notes:
1. Valerie Lowery	Principal	
2. Ardis Lussier	Teacher	
3. Lori Etheridge	Assistant Principal	
Wellness Committee Involvement <i>List of committee members names</i>	Position Title	Notes:
1. Lindsey Pinckard	Counselor	
2. Kristen Rowburrey	Counselor	
3.		
4.		
5.		

Communication of Wellness Plan, Activities and Goals <i>Where it is posted i.e. webpage, handbook, etc.</i>	How often it is updated/released:	Notes:
1. Staff and ILT Meetings	Monthly	

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2. Emails	When needed	
3.		

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