



Cherokee County  
School District

Date of Assessment: September 28, 2022 (updated 11/30/22) <b>School/Work Location Wellness Action Plan SY22-23</b>			
Name of School/Work Location: Ball Ground STEM Academy	Number of Students: 583		Number of Employees: 75
<b>Nutrition Education and Promotion Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Participants</b>	<b>Notes:</b>
1. National School Lunch Week	Completed	All staff and students	October - Promoting student nutrition
2. National School Breakfast Week	In Progress	All staff and students	March - Promoting student nutrition
3. Grab and Go Breakfast/ Mobile Breakfast Cart	In Progress	All students	Easy access to a healthy breakfast
4. Cares Closet (food pantry)-Indian Meals backpack program	In Progress	38	Providing students with additional items
5. School Garden	In Progress	Kindergarten teachers, students, and paras	Learning about and planting a vegetable garden while exposing students to healthy food choices
6. Strong 4 Life	In Progress	All staff and students	Promoting healthy choices
7. Share a Healthy Recipe - once a month	In Progress	All staff	Healthy recipe placed in teacher's lounge/central location each month- shared with staff
<b>Mental Health &amp; Wellness Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Participants</b>	<b>Notes:</b>
1. Red Ribbon Week	Completed	All staff and students	October 23-31
2. Counselor's Corner	In Progress	All staff and students	Information shared through morning news
3. Ball Ground Counseling Department Canvas course	In Progress	All staff and students	Monthly lessons from the K-5 counseling curriculum
4. School Counseling Week	In Progress	All students	Classroom guidance
5. Classroom guidance lessons	In Progress	All students	Monthly lessons from the K-5 counseling curriculum.
6. Counselor Lunch Bunch	In Progress	students	Making connections with students - lunch with the school counselor, weekly lunch bunches for 6-8 weeks with various students attending throughout the year.
7. Think First and Stay Safe (Speak Up Be Safe)	Spring	All students	

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8. Check In/ Check Out (CICO)	In Progress	As needed for students	Support student behavior, emotional and social wellness
9. PBIS (Positive Behavior Intervention and Supports)	In Progress	All students	Positive behavior reinforcement/ community partners (program/support)
10. Positive Behavior Referral	In Progress	All students	Sharing compliments for student achievement
11. Tribe Tribune – weekly updates	In Progress	Parents and students	Each week encouraging information is shared from Principal and Assistant Principal
12. Ball Ground Brief – weekly updates and staff shout outs	In Progress	All staff	Each Monday encouraging information is shared from Principal and Assistant Principal.
13. CCSD Cares	In Progress	All staff and students	Program to promote our students' learning skills related to resiliency, happiness, intentionality, and success.
<b>Physical Activity Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Participants</b>	<b>Notes:</b>
1. Running Club	In Progress	44	Grades 4 <sup>th</sup> and 5 <sup>th</sup> - meet once a week after school (Fall and Spring)
2. Adams Sports	In Progress	All students	Students can play a variety of sports in the After School Program
3. Wellness Wednesday	In Progress	All staff	Walk and talk once a month
4. Strong 4 Life	In Progress	All staff and students	Promoting healthy choices
5. Fitness Gram	In Progress	1 <sup>st</sup> -5 <sup>th</sup> grade students	Multiple areas of fitness are tested
<b>Other School-Based Activities that Promote Employee and/or Student Wellness:</b>	<b>Goal Status (select one):</b>	<b>Number of Participants</b>	<b>Notes:</b>
1. Flu shots on campus-for staff	Completed	Staff	Optional for staff
2. Hearing and Vision screening	Completed	1st and 3rd grade students	Ensuring that student academics are not hindered by visual or auditory issues
3. Recess	In Progress	All students	Scheduled recess every day
4. Nurse News - Need to Know Head to Toe	In Progress	All staff and students	Health facts from school nurse shared during morning news
<b>District Nutrition Guidelines for Beverages Sold to Students</b>	<b>Status (select one):</b>	Completed	<b>Notes:</b> All foods and beverages sold to students during the school day shall be consistent with USDA Smart Snack guidelines and shall comply with nutrition

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			guidelines for each grade level. If food item does not meet the nutrition guidelines, it must qualify and be approved for an exemption.
<b>District Nutrition Guidelines for All Foods and Beverages Not Sold to Students</b> <i>(i.e. classroom parties, foods given as reward).</i>	<b>Status (select one):</b>	Choose an item.	<b>Notes:</b> All foods and beverages not sold to students during the school day shall encourage and support healthy eating by students.

<b>Key</b>	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

<b>Wellness Plan Leadership</b> <i>Name of school or district level official(s)</i>	<b>Position Title</b>	<b>Notes:</b>
1. Melinda Roulier	Principal	Serving as Wellness Administrator
2. Lauren Roach	Assistant Principal	Serving as Wellness Co-Administrator
3. Jennie Allen	PE Teacher	Serving as Wellness Ambassador
<b>Wellness Committee Involvement</b> <i>List of committee members names</i>	<b>Position Title</b>	<b>Notes:</b>
1. Amanda Bridgewater	Counselor	Wellness Committee Member
2. Michael L'Esperance	Counselor	Wellness Committee Member
3. Stacie Hutchison	Special Education	Wellness Committee Member
4. Lindsey Murphy	Special Education	Wellness Committee Member
5. Kim Bishop	Nurse	Wellness Committee Member

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6. Abbey Gudnason	Teacher- K	Wellness Committee Member
7. Jennifer Goss	Teacher-1st	Wellness Committee Member
8. Sharyle Bloudoff	Teacher-2 <sup>nd</sup>	Wellness Committee Member
9. Jennifer Hardin	Teacher-3 <sup>rd</sup>	Wellness Committee Member
10. Jessica Mooney	Teacher-4 <sup>th</sup>	Wellness Committee Member
11. Hollee Pope	Media Specialist	Wellness Committee Member
12. Kim Collett	Nutrition Manager	Wellness Committee Member
13. Shirley Holcomb	Assistant Nutrition Manager	Wellness Committee Member
14. April Arnett	Teacher-Specials	Wellness Committee Member
15. Angela Milko	PTA Representative	Wellness Committee Member

<b>Communication of Wellness Plan, Activities and Goals</b> <i>Where it is posted i.e. webpage, handbook, etc.</i>	<b>How often it is updated/released:</b>	<b>Notes:</b>
1. Faculty Meetings	monthly	Information shared (as needed)
2. Emailed to staff- Wellness News/Information	monthly	
3. Morning News	daily	
4. Wellness Committee Meetings	monthly (as needed)	Information shared with grade levels as needed from committee.

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