

Reproductive Health	
Units/Objects/Standards	
Unit	Growth and Development
Topic	The Human Body
Sub-Topic	The Endocrine and Reproductive Systems
Objectives	1. Describe the functions and structures of the endocrine system
	2. Identify the names and functions of the parts of the female reproductive system
	3. Identify the names and functions of the parts of the male reproductive system
Standard	1. Explain the importance of regular health screenings or exams.
Topic	Prenatal Development and Birth
Sub-Topic	Abstinence and Contraceptives
Objectives	1. Evaluate commonly used contraceptive methods, including abstinence, for effectiveness in preventing pregnancy
	2. List the advantages of abstinence, including social and emotional benefits
	3. Discuss refusal skills and avoidance techniques for avoiding sexual activity
Standards	1. Summarize and explain laws related to the sexual behavior of young people.
	2. Demonstrate the ability to establish positive relationships, communicate caring and love without sexual intercourse, and communicate personal, sexual limits and values to a girlfriend or boyfriend.
	3. Compare and contrast the pros and cons of methods used for pregnancy and disease prevention, including abstinence and use of contraception.
	4. Describe routine medical screening and examinations for maintaining reproductive health, and medical tests for pregnancy, HIV, and other STIs: who should be tested, the procedures used, and the importance of early detection and care.
	5. Identify resources that provide information, counseling, and testing related to relationships, sexual violence, pregnancy, and contraception, including options for teens who are unable to care for a baby; analyze the validity of these resources; and describe how to access valid resources.

	6. Apply strategies, including refusal and assertiveness skills to avoid, manage, and escape situations that are high risk for pregnancy, HIV, and other STIs.
	7. Explain how stereotypes, norms, peer influence, alcohol and other drug use, media, and personal responsibility can impact sexual decision making and the consequences of such decisions.
	8. Evaluate the physical, social, emotional, legal, and economic impacts of teen pregnancy, teen parenting, HIV infection, or other STIs on personal lifestyle, goal achievement, friends, and family members.
	9. Develop personal goals and a specific plan for using the best contraceptive or disease-prevention method, including abstinence, for individual circumstances.
	10. Apply decision-making skills to avoid situations that are high risk for pregnancy, HIV, and other STIs.
Topic	Prenatal Development and Birth
Sub-Topic	Pregnancy
Objectives	1. Summarize how human life begins from conception through the stages of development
	2. Explain the importance of proper prenatal care and nutrition during pregnancy
	3. Describe the stages of labor
Standards	1. Describe nutrition practices that are important for the health of a pregnant woman and her baby.
	2. Identify resources that provide information, counseling, and testing related to relationships, sexual violence, pregnancy, and contraception, including options for teens who are unable to care for a baby; analyze the validity of these resources; and describe how to access valid resources.
	3. Evaluate the physical, social, emotional, legal, and economic impacts of teen pregnancy, teen parenting, HIV infection, or other STIs on personal lifestyle, goal achievement, friends, and family members.
	4. Develop personal goals and a specific plan for using the best contraceptive or disease-prevention method, including abstinence, for individual circumstances.
	5. Apply decision-making skills to avoid situations that are high risk for pregnancy, HIV, and other STIs.

Topic	Prenatal Development and Birth
Sub-Topic	Heredity and Genetics
Objectives	1. Describe heredity and genetics and their role in human development
	2. Identify common hereditary disorders
	3. Analyze genetic testing and research and describe their impact on the health of people with hereditary disorders
Standards	None Provided
Topic	Adolescence and Adulthood
Sub-Topic	Adolescence
Objectives	1. Compare the physical changes that occur in boys and girls during adolescence
	2. Describe the mental and emotional changes that occur during adolescence
	3. Describe social changes experienced during adolescence
Standards	None Provided
Topic	Adolescence and Adulthood
Sub-Topic	Adulthood & Marriage
Objectives	1. Describe the changes that occur from young adulthood to older adulthood
	2. Identify characteristics of successful marriages and challenges married teens may face
	3. Explain the responsibilities of parenthood, including how parents can promote a healthy family
Standards	1. Evaluate the physical, social, emotional, legal, and economic impacts of teen pregnancy, teen parenting, HIV infection, or other STIs on personal lifestyle, goal achievement, friends, and family members.
	2. Apply decision-making skills to avoid situations that are high risk for pregnancy, HIV, and other STIs.