

Independent Study Physical Education Program

Los Gatos – Saratoga Joint Union High School District

Students who participate in organized physical activities that involve **state or national competition or performance** may be exempted from the Los Gatos-Saratoga Union High School District physical education program if they enroll in the District-approved Independent Study Physical Education program (ISPE). This program is authorized under Governing Board Policies 6242-7, and managed by the District ISPE Committee.

Qualifications:

To qualify for enrollment in ISPE, the student:

- must not have completed the 20 semester units of physical education required for graduation from the Los Gatos-Saratoga Union High School District;
- must be in an ISPE program that is not provided by the home high school's physical education department/athletic program, must be competing at a state or national level*, and must provide documented evidence of participation in state/national competitions or performances,

OR

- must be performing in an individual sport at an advanced level of skill at the state or national level and must provide documented evidence of participation in state/national competitions or performances;
- must participate in an approved ISPE program for 17 weeks per semester, for a minimum of 170 hours, under the supervision of the Sponsoring Agency;
- must keep a weekly attendance log that accurately accounts for hours of participation and activities, which is signed at the conclusion of each semester by the Sponsoring Agency, the student and the student's parent/guardian. The deadline to submit the weekly attendance log is the Friday prior to the start of final exams, for each semester.

General Enrollment Procedures:

Students registering for the ISPE program must submit a completed ISPE application to the Guidance Office no later than the second Friday of the semester in which the student wishes to participate in ISPE. The completed application must include the signatures of the student, parent, and authorized supervision coach or agency as well as documented evidence of participation in state or national competitions or performances. Late applications will not be accepted.

Monitoring and Evaluation:

Students, parents, and the Sponsoring Agency must adhere to the requirements of the ISPE program and sign their sections of the agreement. Evaluation of students will be the responsibility of the Sponsoring Agency and the Los Gatos-Saratoga Union High School District. **Students will receive a Pass/Fail grade.** Students who are in the program for 17 weeks, complete a minimum of 170 hours of supervised practice, competition, and/or performance, and turn in the activity log sheet by the announced deadline will receive 5 physical education credits toward the graduation requirement of 20 credits. Not meeting the conditions of the agreement will result in a failing grade and 0 credits.

Failure to meet the requirements of the Independent Study Physical Education Agreement will render a student ineligible to continue in the program during subsequent semesters.

**With the exception of the Los Gatos Rowing Club.*