

# Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the [Model Wellness Policy](#)
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023 or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. Districts are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: 6-21-23	Name of School District: Decatur County		Number of Schools in District: 6
Nutrition Education Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. The District will teach, encourage, and support healthy eating by Students.	In Progress	6	We will never meet this goal because each year we have something new or someone new to teach. This is one of those goals that will be in progress beyond our years.
2. Fruits, vegetables, whole grain products, low-fat and fat-free dairy products, healthy food preparation methods, and health-enhancing nutrition practices will be promoted to students and staff.	Completed	6	We train our SNP employees on healthy meal preparation as well as provided a healthy meal menu for each school. We promote healthy eating in and out of our cafeterias whether it be on the hall tvs, bulletin boards, walls, etc.
3. Continued professional learning is provided annually for all School Nutrition staff members. The professional learning and training programs shall comply with all requirements imposed by federal and state law and State Board of Education rules. System level supervisory school nutrition personnel shall meet the certification requirements imposed by federal and state law and rules promulgated by the State Board of Education.	Completed	6	Each year during our 1 <sup>st</sup> semester and 2 <sup>nd</sup> semester in-service days, we train on the upcoming changes along with going over things employees need to retrain on whether it be Allergies, Reimbursable meals, Civil Rights, Overt Identification, Standardized Recipes, Seasoning, etc. We ask employees at the end of the SY what are trainings they would like to have and go from there.
4. Georgia Standards for Excellence (GSE) in health education address nutrition and physical	Completed	6	Each school's PE or Health teacher has some type of nutrition education for each grade. At Bainbridge

activity. Students in grades PRE-K – 12 will receive nutrition education that is age appropriate, reflects student cultures, is interactive and teaches the life skills needed to adopt healthy eating behaviors. These standards will be integrated into the core curricular areas as appropriate.			High School, PE teachers discussed and provided “meal plans” on how to gain or lose weight the right way. It covered an overview of breakfast, lunch, midafternoon snack, dinner, and nighttime snack. A PowerPoint on proper grocery shopping and what to look for in proteins, lean mass, healthy fats, fresh fruits, vegetables, and carbs.
5. Each food service facility will have at least one school nutrition employee on site that is certified as a food safety manager (ServSafe) in compliance with federal and state law and rules promulgated by the State Board of Education.	Completed	5	All managers are currently ServSafe Certified and currently working towards All assistant managers being ServSafe Certified. If Assistant Manager is not ServSafe Certified, a Food Assistant is. 1 School has meals transported to them.
<b>Nutrition Promotion Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Nutrition education will be evident in the school dining room through posters and bulletin board displays.	Completed	6	All School Cafeterias are required to have current nutrition education on their bulletin boards, serving lines, or walls. At Bainbridge Middle School, we encouraged clubs to pick a month to decorate a board to showcase what they know.
2. The system and schools shall promote best practices in nutrition in compliance with federal and state requirements.	Completed	6	All menus for Breakfast, lunch, and snack (if applicable) are within the federal and state requirements.
3. During the school day, schools will promote and encourage healthy food choices (cafeteria, classroom snacks, after school program snacks, vending and fundraising) that are consistent with nutrition education curriculum.	Completed	6	SNP Director works closely with school administration on the federal and state requirements for classrooms snacks, vending, and fundraising to ensure they are smart snack compliant.
4. Nutrition education will involve sharing information with families and the broader community to positively impact students and the health of the community.	Completed	6	School Administration along with SNP Director visit community centers for each school’s district throughout the year for community involvement. We take menus, Harvest of the Month, and other healthy nutrition information and distribute it to anyone in the community who would like it.
5. Students will be encouraged to start each day with a healthy breakfast. Child Nutrition Programs comply with federal, state and local requirement.	Completed	6	All schools provide a breakfast at no cost to students. We use the Breakfast in the Classroom Program at all 5 schools, which allows All students a chance to

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Child Nutrition Programs are accessible to all children.			eat breakfast. We encourage every student to get a breakfast and if they do not want one we usually are able to find out why. If it is because we don't offer something they like, we do our best to provide that item if it is within our guidelines.
<b>Physical Activity Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. All schools (Pre-K-12) have opportunities to participate in physical education on a regular basis	Completed	6	
2. Physical Activity not used as punishment	Completed	6	
3. Primary and Elementary Students are provided supervised recess (outdoors if possible)	Completed	3	Only 3 schools sites are Pre-K-5 <sup>th</sup> (Primary and Elementary)
4. Educate students on the benefits of physical activity and healthy eating.	Choose an item.	6	
5.	Choose an item.		

<b>Other School-Based Activities that Promote Student Wellness Goal(s):</b>	<b>Goal Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Bainbridge Middle Students formed a committee and joined the School Nutrition Program in educating Middle School Students about the requirements of meals and suggested other food choices to encourage students to eat.	Completed		
2. Bainbridge High School HOSA club and Student Advocates promoted school lunches and why they are healthier than fast-food meals	Completed		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Nutrition Guidelines for All Foods and Beverages Sold to Students</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Comply with Smart Snack Guidelines	Completed	6	
2. Comply with School Nutrition Standards and Federal and State Guidelines	Completed	6	

3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Nutrition Guidelines for All Foods and Beverages Not Sold to Students</b> <i>(i.e., classroom parties, foods given as reward)</i>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Schools are encouraged when having any type of celebration (parties, snacks, rewards, incentives, and fundraisers) to offer food that meets or exceeds USDA Smart Snack Standards	Completed	6	
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Policies for Food and Beverage Marketing</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Annual Summary Reports will be provided to Board Members, the public (all through our websites for full reports) and other interested stakeholders	Completed	6	
2. Any food or beverage promoted or marketed towards students during the school day will meet or exceed USDA Smart Snack Standards.	Completed	6	
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

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<b>Wellness Policy Leadership</b> <i>Name of school official(s) who are responsible to ensure compliance.</i>	<b>Title and School</b>	<b>Notes:</b>
1. Glee Powell	PA Coordinator- West Bainbridge Primary	
2. Blake Carruthers	PA Coordinator- Jones Wheat Primary	
3. Kim Barthel	PA Coordinator- Hutto Elementary School	
4. Adam Edwards	PA Coordinator- Bainbridge Middle School	
5. Tandria Phillips	PA Coordinator- Bainbridge High School	
6. Stephanie Greene	PA Coordinator- New Beginnings Learning Center	
<b>Wellness Committee Involvement</b> <i>List of committee members' names</i>	<b>Title and Organization</b>	<b>Notes:</b>
1. Danita Ornelas	SNP Manager- West Bainbridge Primary	
2. Tina Arthur	SNP Manager- Jones Wheat Primary	
3. Teresa Lyons	SNP Manager- Hutto Elementary	
4. Ellen Newby	SNP Manager- Bainbridge Middle School	
5. Beverly Horne	SNP Manager- Bainbridge High School	
6. RC Tucker	Nutrition/Health Education Coordinator- West Bainbridge Primary	
7. Stacey Daughtry	Nutrition/Health Education Coordinator- Jones Wheat Primary	

8. Taurence Phillips	Nutrition/Health Education Coordinator- Hutto Elementary School	
Chad Smith	Nutrition/Health Education Coordinator- Bainbridge Middle School	
Brandy Howard	Nutrition/Health Education Coordinator- Bainbridge High School	

<b>KEY</b>	
<b>Completed</b>	select if you have met this goal at all schools
<b>Partially Completed</b>	select if one or more schools has met this goal
<b>In Progress</b>	select if you are working on the goal, but none of the schools have met the goal
<b>Not Completed</b>	select if you have not begun working on this goal