

Related Arts

<b>Grade, Course:</b> 7 <sup>th</sup> /Drug and Alcohol Education	
<b>Strand:</b> Health concepts are essential for wellness and a health-enhancing lifestyle.	
<b>National Content Area Standards:</b>	
<b>PA Content Area Standards:</b>	
<p><b>10.1.9.D:</b> Analyze prevention and intervention strategies in relation to adolescent and adult drug use.</p> <ul style="list-style-type: none"> <li>decision-making/refusal skills</li> <li>situation avoidance</li> <li>goal setting</li> <li>professional assistance (e.g., medical, counseling, support groups)</li> <li>parent involvement</li> </ul> <p><b>10.1.6.D:</b> Explain factors that influence childhood and adolescent drug use.</p> <ul style="list-style-type: none"> <li>peer influence</li> <li>body image (e.g., steroids, enhancers)</li> <li>social acceptance</li> <li>stress</li> <li>media influence</li> <li>decision-making/refusal skills</li> <li>rules, regulations and laws</li> <li>consequences</li> </ul>	
<b>PA Core Standards:</b>	
CC.3.6.6-8.H. Draw evidence from informational texts to support analysis reflection, and research.	
<b>Essential Questions:</b> What are the health consequences of the use of various drugs?	<b>Understandings: Students will understand THAT . . .</b> drugs have permanent and long lasting effects. Drug use effects all aspects of health.

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<p><b><u>Knowledge:</u></b> What are the classifications of drugs? What are the short-term effects? Long-term effects? How are all aspects of health affected?</p>	<p><b><u>Skills:</u></b> The students will be able to identify the different classifications of drugs. The students will be able to identify short-term and long-term effects of drug use. The students will be able to identify how all aspects of health are affected by drug use.</p>
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<p><b>Grade, Course:</b> 7<sup>th</sup>/Human Growth and Sexuality</p>	
<p><b>Strand:</b>  <u>Health concepts are essential for wellness and a health-enhancing lifestyle.</u></p>	
<p><b>National Content Area Standards:</b></p> <p><b>PA Content Area Standards:</b></p> <p><b>10.1.6.A:</b> Describe growth and development changes that occur between childhood and adolescence and identify factors that can influence these changes.                  education                  socioeconomic</p> <p><b>10.1.6.B:</b> Identify and describe the structure and function of the major body systems.                  nervous                  muscular                  integumentary                  urinary                  endocrine                  reproductive                  immune</p> <p><b>PA Core Standards:</b></p>	
<p><b>Essential Questions:</b>                  What are changes that occur during puberty?                  What is the function of the male and female reproductive system?                  What are the stages of pregnancy/child development?                  What makes up a healthy relationship?</p>	<p><b>Understandings: Students will understand THAT . . .</b>                  Puberty occurs at different ages during adolescence.                  Unhealthy relationships are not normal and should not be ignored.</p>

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<p><b>Knowledge:</b> What are the male and female changes that occur during puberty? What changes are common to both genders? What qualities and characteristics are in a healthy relationship? Identify the parts of the male/female reproductive system and the role that they play in reproduction?</p>	<p><b>Skills:</b> The student will be able to identify changes that occur during puberty. The student will be able to identify qualities and characteristics of a healthy relationship. The student will be able to identify the parts of the male/female reproductive system and the role that they play in reproduction.</p>
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Related Arts

<p><b>Grade, Course:</b> 7<sup>th</sup> and 8<sup>th</sup>/Stress (includes circulatory system and smoking)</p>	
<p><b>Strand:</b> Health concepts are essential for wellness and a health-enhancing lifestyle.</p>	
<p><b><u>National Content Area Standards:</u></b></p> <p><b><u>PA Content Area Standards:</u></b> 10.1.6.E: Identify health problems that can occur throughout life and describe ways to prevent them.</p> <p><b><u>PA Core Standards:</u></b> CC.3.5.6-8.B. Determine the central ideas or conclusions of a text; provide an accurate summary of the text distinct from prior knowledge or opinions. CC.3.6.6-8.B. * Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.</p> <ul style="list-style-type: none"> <li>· Introduce a topic clearly, previewing what is to follow; organize ideas, concepts, and information into broader categories as appropriate to achieving purpose; include formatting (e.g., headings), graphics (e.g., charts, tables), and multimedia when useful to aiding comprehension.</li> <li>· Develop the topic with relevant, well-chosen facts, definitions, concrete details, quotations, or other information and examples.</li> <li>· Use appropriate and varied transitions to create cohesion and clarify the relationships among ideas and concepts.</li> <li>· Use precise language and domain-specific vocabulary to inform about or explain the topic.</li> <li>· Establish and maintain a formal style and objective tone.</li> <li>· Provide a concluding statement or section that follows from and supports the information or explanation presented.</li> </ul>	
<p><b><u>Essential Questions:</u></b> What is stress? How can stress be positive? Negative? What is your body’s response to stress? What are some methods of coping with stress? What are the health consequences associated with smoking?</p>	<p><b><u>Understandings: Students will understand THAT . . .</u></b> The student will understand what stress is, their specific signs that they are stressed, and some methods for coping.  The student will understand that the health consequences that are associated with smoking.</p>

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<p><b>Knowledge:</b> The students will be able to define stress. The students will be able to identify their stressor and their body's response. The students will be able to come up with methods for coping with stress. The students will recognize the dangers effects of smoking.</p>	<p><b>Skills:</b> Identify chemicals/poisons that are found in tobacco products. Develop a plan for relieving stress. Identify specific stressors.</p>
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