

Elizabethtown Area School District Scope & Sequence - Quick Reference

Department: MS Health/PE

Course: Health

Grade Level(s): 6th

<i>Unit Title</i>	<i>General Topic(s)</i>	<i>Pacing</i>
1. Types of Health	<ul style="list-style-type: none">• Three types of health (physical, mental, social); Decision making; Break-outs in IMC	4 classes
2. Body Systems	<ul style="list-style-type: none">• Levels of structural organization; functions and organs/parts of body systems; diseases and disorders; personal hygiene; sleep	10 classes
3. Stress	<ul style="list-style-type: none">• Causes of stress; effects on the body; stress management	2 classes
* After 16 class periods, I will get a new group of students		