

Elizabethtown Area School District

Curriculum Report

Third Grade Health

Course Number:n/a

Length of Course:School year

Grade Level:Third Grade

Total Clock Hours:27 hours

Length of Period: 30 minutes

Date Written:October 9, 2006

Periods per Week/Cycle:1.5 days/wk

Written By:Science Committee

Credits (if app):n/a

Course Description:

In third grade health is taught as units of instruction with about 20% integration with some concepts in communication arts, science, social studies, and physical education. Students study materials to promote self-reliance and independent decision-making skills. The students also learn strategies to cope with peer pressure. The study of the importance of the digestive system and how it affects the human body also is part of the curriculum.

I. Overall Course/Grade Level Standards

Students will KNOW and be able TO DO the following as a result of taking this course.

- A) Identify where digestion begins.
- B) Describe the role of the esophagus and the stomach in digestion.
- C) Demonstrate the ability to make healthy food choices.
- D) Describe what happens to the food we eat.
- E) Describe what happens in the final stretch of digestion.
- F) Describe what happens to food after it is swallowed.
- G) Explain the role of the small intestine, liver, gall bladder, pancreas, and large intestine in digestion.
- H) Explain how you know when your food is clean enough to eat.
- I) Explain how to keep out of trouble and away from drugs.
- J) Explain what a drug is.
- K) Explain the difference between a good drug and a bad drug.
- L) Identify what substances contain the drugs alcohol, nicotine, or marijuana.
- M) Describe the effects of using drugs.
- N) Describe the difference between healthy and unhealthy activities.

II. Content

Major Areas of Study

List all units of study below:

Unit	Estimated Time	Materials
1. Digestive Systems		
2. Drug and Alcohol		Here's Looking at You, 2000

III. Course Assessments

Check types of assessments to be used in the teaching of the course and provide examples of each type.

- | | |
|---|--|
| <input checked="" type="checkbox"/> Objective Tests/Quizzes
<input checked="" type="checkbox"/> Constructed Responses
<input type="checkbox"/> Essays
<input type="checkbox"/> Reports
<input checked="" type="checkbox"/> Projects
<input type="checkbox"/> Portfolios
<input checked="" type="checkbox"/> Presentations
<input checked="" type="checkbox"/> Performance Tasks
<input checked="" type="checkbox"/> Common Assessments (to be determined) | <input checked="" type="checkbox"/> Response Journals
<input checked="" type="checkbox"/> Logs
<input type="checkbox"/> Computer Simulations
<input type="checkbox"/> Research Papers
<input checked="" type="checkbox"/> Class Participation
<input type="checkbox"/> Note Taking
<input checked="" type="checkbox"/> Daily Assignments
<input type="checkbox"/> Writing Samples |
|---|--|

Provide copies of common assessments that will be utilized for all students taking this course. Overall course/grade level standards will be measured by a common course assessment. Unit objectives will be measured on an ongoing basis as needed by the classroom teacher to assess learning and plan for instruction. List common assessments below and recommend date/time frame for administration (at least quarterly).

Name of Common Assessment	When given?
1. Common assessments will be created at a later date.	
2.	
3.	

IV. Expected levels of achievement

Current grading scale

90%-100% A
80-89% B
70%-79% C
60%-69% D
Below 60% F

PA Proficiency Levels
Advanced
Proficient
Basic

Name of Unit: Digestive Systems

Essential Question: Why is nutrition (food) important to your body?

Unit Objectives/Key Question	Priority	Aligned to Course Standard	Aligned to PA Standard
1. Where does digestion begin?	E	A	10.1
2. What are the roles of the esophagus and stomach in digestion?	I	B	10.1
3. How can you make the right food choices?	I	C	10.1
4. What happens to the food we eat?	I	D	10.1
5. What happens in the final stretch of digestion?	E	E	10.1
6. What happens to food after it is swallowed?	E	F	10.1
7. What role do the small intestine, liver, gall bladder, pancreas, and large intestine play in digestion?	C	G	10.1
8. How do you know when your food is clean enough to eat?	C	H	10.1

Name of Unit: Drug and Alcohol**Essential Question: How are drugs helpful and/or harmful to my body?**

Unit Objectives/Key Question	Priority	Aligned to Course Standard	Aligned to PA Standard
1. How do I keep myself out of trouble and away from drugs?	I	I	10.1
2. What is a drug?	E	J	10.1
3. What is the difference between a good drug and a bad drug?	E	K	10.1
4. What substances contain the drugs alcohol, nicotine, or marijuana?	E	L	10.2
5. What are the effects of using drugs?	E	M	10.2
6. What is the difference between healthy and unhealthy activities?	C	N	10.1
