

PREVENTATIVE HEALTH CARE EXAMINATION FORM

All local boards of education shall require a preventative health care examination of each child first entering a Kentucky public school within a period of twelve (12) months prior to initial admission to school and within one (1) year prior to entry to sixth grade. Local school boards may extend this time not to exceed two (2) months. (702 KAR 1:160)

PLEASE COMPLETE THE IDENTIFYING INFORMATION AND RECORDS

IDENTIFYING INFORMATION

Student Name: _____ Gender: M F Grade: _____

Date of Birth: _____ Age: _____ yrs _____ months Preferred Language: _____

Parent or Guardian Name: _____

RECORD OF IMMUNIZATIONS TO BE REPORTED ON IMMUNIZATION CERTIFICATE FORM, EPID 230.

MEDICAL HISTORY

Allergies: _____

Current Prescribed Medications to be taken daily at school: _____

Significant Historical Information: _____

SCREENING RESULTS:

BP: _____ Height: _____ (ft.) _____ (inches) Weight _____ lbs. BMI _____ BMI% _____

Vision	Right 20/_____	Passed ☐	Hearing - Right	Passed ☐	Failed ☐	Referred ☐
		Failed ☐				
	Left 20/_____	Referred ☐		Passed ☐	Failed ☐	Referred ☐
			Hearing - Left			

Optional: Hct/HGB: _____ Lead: _____ Urinalysis: _____

General appearance ☐ Normal ☐ Abnormal _____ Refer/Tx: _____

Gross dental (teeth and gums) ☐ Normal ☐ Abnormal _____ Refer/Tx: _____

Head/scalp/skin ☐ Normal ☐ Abnormal _____ Refer/Tx: _____

Eyes/Ears/Nose/Throat ☐ Normal ☐ Abnormal _____ Refer/Tx: _____

Chest/Lungs/Heart ☐ Normal ☐ Abnormal _____ Refer/Tx: _____

Abdomen/Genitalia ☐ Normal ☐ Abnormal _____ Refer/Tx: _____

Extremities/back ☐ Normal ☐ Abnormal _____ Refer/Tx: _____

Neuro ☐ Normal ☐ Abnormal _____ Refer/Tx: _____

(Over)

This child has the following problems that may impact the educational experience:

- ☐ Vision ☐ Hearing ☐ Speech/Language ☐ Physical ☐ Social/Behavioral ☐ Cognitive

Specify: _____

- ☐ This child has a health condition that may require emergency action at school, e.g. seizures, allergies. Specify below.

Recommendations (Attach additional sheet if necessary): _____

(Please Check One)

- ☐ This child may participate fully in school activities including physical education.
☐ This child may participate in school activities including physical education with the following restriction/adaptation.

(Specify reason and restriction) _____

ANTICIPATORY GUIDELINES

Discussed and/or handout given

☐ **SCHOOL READINESS**

- Establish routines
- After-school care/activities
- Friends
- Bullying
- Communicate with teachers

☐ **MENTAL HEALTH**

- Family time
- Anger management
- Discipline for teaching not punishment
- Limit TV, computer

☐ **NUTRITION AND PHYSICAL ACTIVITY**

- Healthy weight
- Well-balanced diet, including breakfast
- Fruits, vegetables, whole grains, dairy

- 60 minutes of exercise/day

☐ **ORAL HEALTH**

- Regular dentist visits
- Brushing/Flossing
- Fluoride

☐ **SAFETY**

- Sexual safety
- Pedestrian safety
- Safety helmets
- Swimming safety
- Fire escape plan
- Smoke/carbon monoxide detectors
- Guns
- Sun
- Appropriately restrained in all vehicles

Additional comments or recommendations: _____

Signed: _____ Date: _____
Physician/APRN/PA/EPsDT Provider

Address: _____ Telephone: _____