

KIDS COME FIRST

BOYLE COUNTY SCHOOLS

2021-2022

WELLNESS REPORT

KATIE ELLIS, NICHOLE BROWN & DEANNA PADGETT

January 2022

Whole School, Whole Community, Whole Child



ALLIANCE FOR A HEALTHIER GENERATION

Healthy Schools Program Assessment, 10/2021

Assessment Response Analysis

The following charts show data specific to the assessment tool selected above.

NOTE: Healthy Schools Program Assessment responses provided prior to September 2018 that have not been reviewed, updated, or newly responded to since then are not included in the charts below and will be classified as unanswered. However, these responses are included in the table, "Support, Current Responses, Progress, and Action Plan data for the selected Assessment", at the bottom.

5 Schools in Your District

Started or Completed Assessment

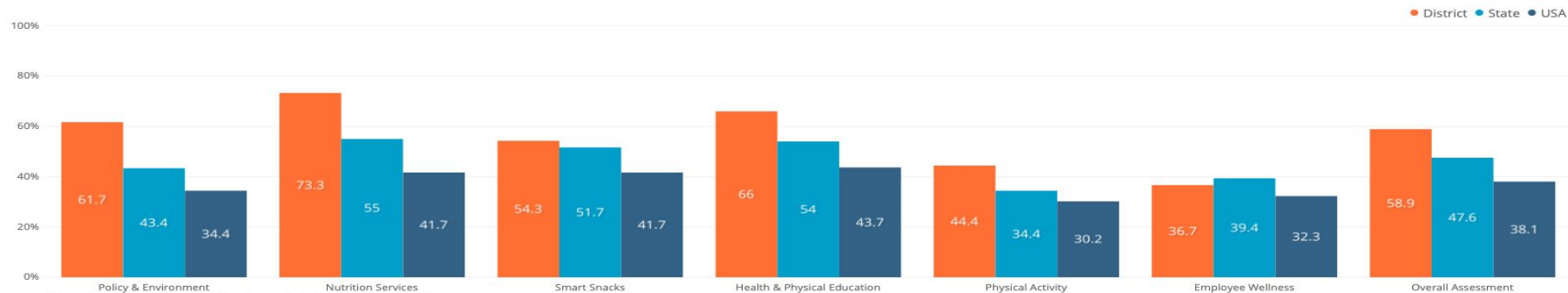
846 Schools in Your State

Started or Completed Assessment

6,892 Schools in the USA

Started or Completed Assessment

Average percent of assessment items fully implemented per school in your district, your state, and the U.S.*



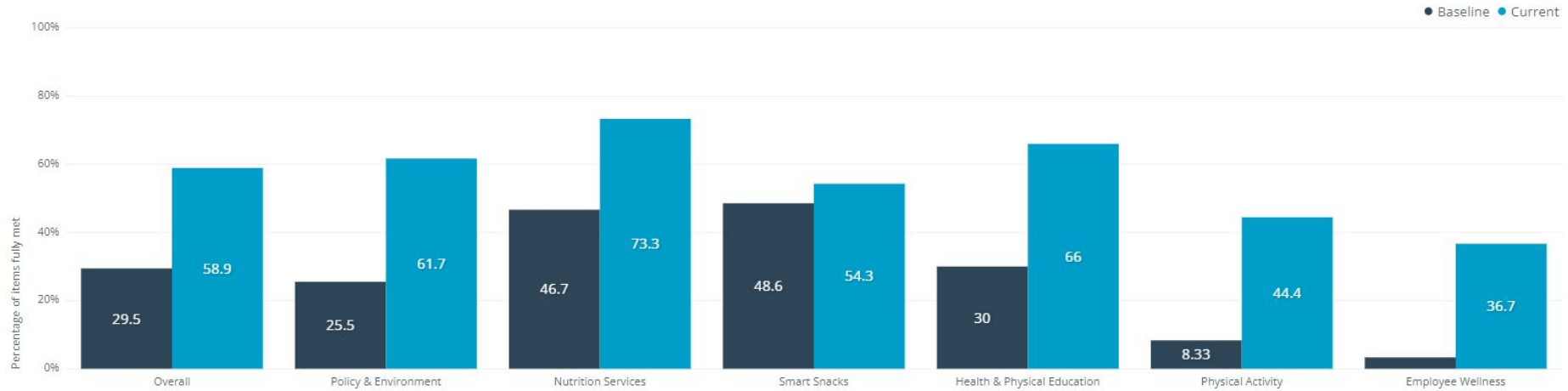
*The state and national benchmarks above include data from your district.

Among schools that started the assessment, the number of items marked as "fully implemented" out of the number of items that could be marked "fully implemented."

ALLIANCE FOR A HEALTHIER GENERATION

Healthy Schools Program Assessment, 10/2021

Average percent of assessment items fully implemented per school in your district; baseline responses compared to the current responses



Among schools that started the assessment, the number of items marked as "fully implemented" out of the number of items that could be marked "fully implemented", comparing baseline responses with current responses.

STAFF WELLNESS



As of December 1...

- Approximately 75% of our daily employees were vaccinated. An additional 63 subs and coaches were also vaccinated.
- 167 Staff members and their children were vaccinated for influenza through BCHD.
- Upcoming biometric screenings tentatively scheduled for March 14-22nd.

STUDENT WELLNESS



Hosted 3 Pfizer vaccine clinics through Wild Health to target 5-11 year old groups and their families.

- 11/23/21-51 total doses; 30 were 5-11 year olds
- 12/13/21-75 total doses; 48 were 5-11 year olds
- 1/3/22-49 total doses; 24 were 5-11 year olds
- An additional clinic is scheduled for 1/24/22 (PES)



1,579



TOTAL NUMBER OF ACTIVE HEALTH CONDITIONS LISTED
IN INFINITE CAMPUS YTD
(1,558 from 2020; 403 from 2019)

More Specifically*...



Anaphylaxis, Personal history of Epipen	46	Food Allergy	145
Asthma	232	Type 1 Diabetes	8
Allergies (medications, bees, etc..)	292	Seizure/Epilepsy	32
Attention Deficit Hyperactivity Disorder	235	Other Mental Health Disorders	125

*As reported by parents in enrollment information and/or record transfers up to 12/13/21.

Nursing Health Office Visits 8/1/21-12/31/21

Perryville Elementary	2162
Junction City Elementary	2235
Woodlawn Elementary	2792
BCMS	1819
BCHS	1169

*The nursing staff has countless COVID case management related calls that are not counted here. Staff visits are also not noted in this count.

BCHS	93.36%
BCMS	95.20%
JCES	94.54%
PES	95.54%
WES	96.35%
BCDT	92.5%
District	94.83%

Through School
Month 5
Ending January 13th

Student Attendance

MENTAL HEALTH SPECIALISTS' DATA

2021-2022, YTD

BCHS

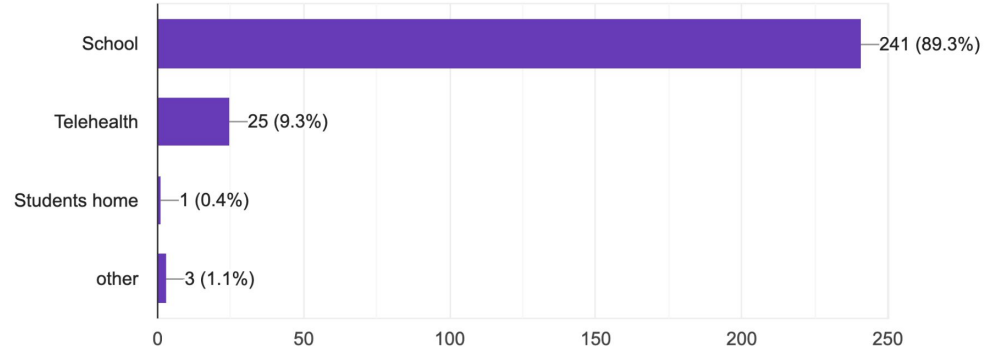
DATA

Therapy Sessions Conducted	270+
# BCHS students working regularly with the mental health specialist	50+

BCMS DATA

Risk Assessments	10+
# BCMS students working regularly with the mental health specialist	25

Location:
270 responses

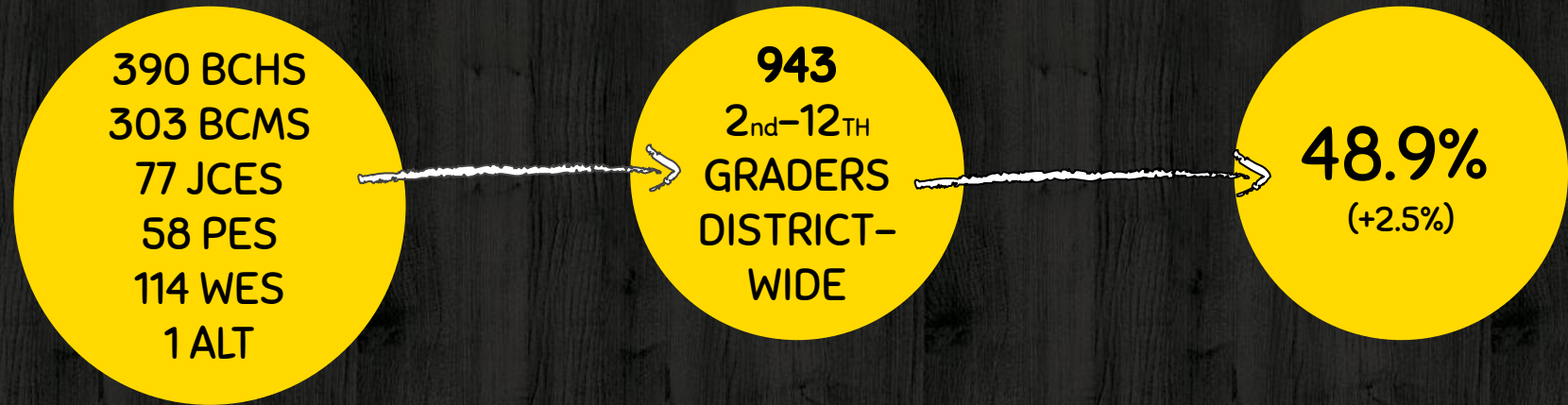


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- 
- A yellow hand-drawn box encloses the list of student counts. A yellow arrow points from the top of the box towards the title on the right.
- ◆ **764** High School Students
 - ◆ **612** Middle School Students

Participating in the Random Student Drug Testing Pool

Consent obtained through online registration annually.

STUDENT INVOLVEMENT IN SCHOOL SPORTS AND CLUBS





63.7%

The percent of students
grades 2-12 who said “Yes”
to “Outside of school, I am a
member of a club, sports
team, church group, or
other group.”

BoCo MEALS



Why Are the Healthy Hunger Free Kids Act Guidelines Important?

- 1) More than $\frac{1}{4}$ of kids' daily calories come from snacks.
- 2) Kids who have healthy eating patterns are more likely to perform well academically.
- 3) Kids consume more healthy foods/beverages during the school day.
- 4) Smart Snacks Standards are a Federal Requirement (HHFKA 2010).

20-21 SCHOOL YEAR IN REVIEW

APRIL 1 ENROLLMENT

2,692 (↓115)

APRIL 1 DIRECT CERTS

43.54% District Wide

1,244 (↓72)

509,978

COVID-19 MEALS SERVED

↑174,551 Meals

Open Community Sites

August 20 - May 21

43,731

SFSP MEALS SERVED



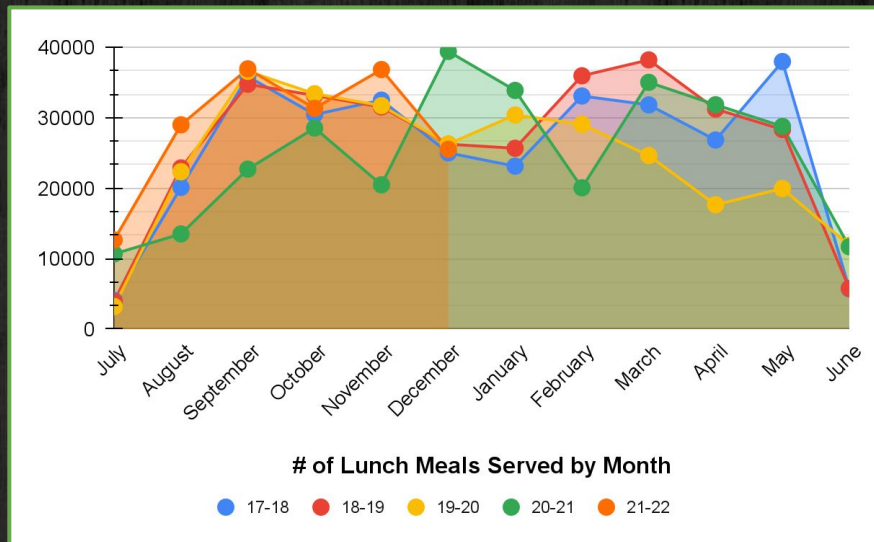
↑58,768

MEALS TOTAL

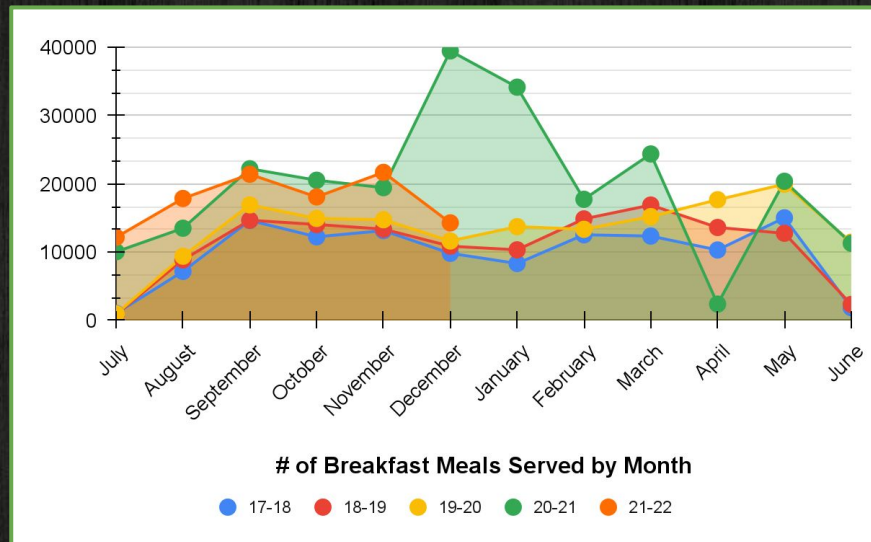
in 20-21

MEAL PARTICIPATION TRENDS

BREAKFAST



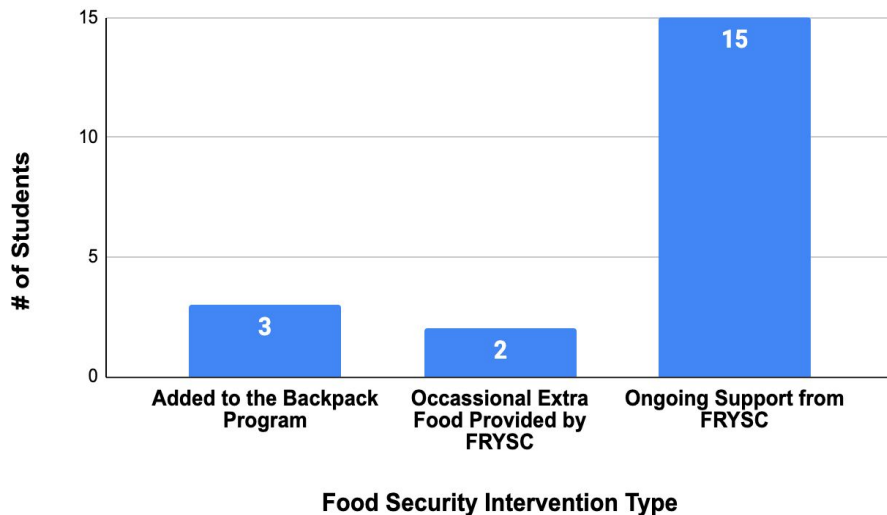
LUNCH



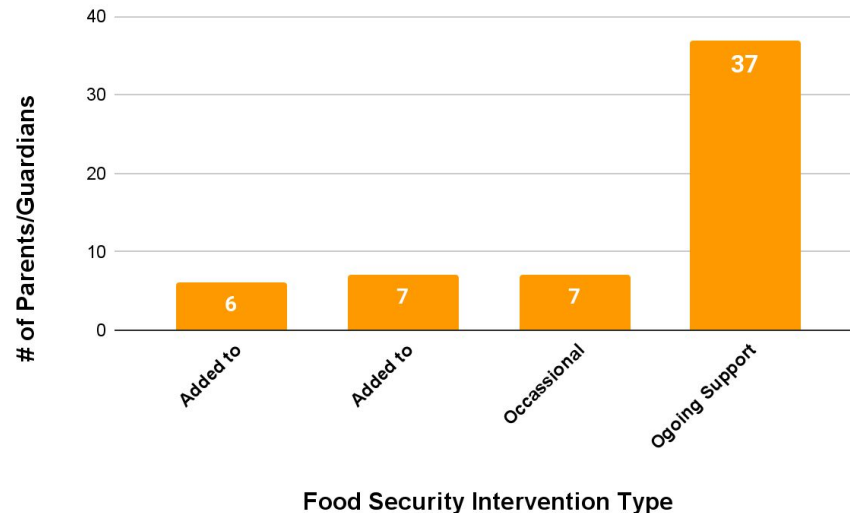
Boyle County Schools operated continuously during the 20-21 school year (including Christmas, Fall, and Spring Breaks). We operated as an “Open Site” when students were learning at home, meaning ALL KIDS 18 and under could participate in free meals. We operated as a “Closed Restricted” site when students were in the building. Wilderness Trace and Sunrise received free meals at various points during the 20-21 school year.

BASIC NEEDS SURVEY – FOOD SECURITY

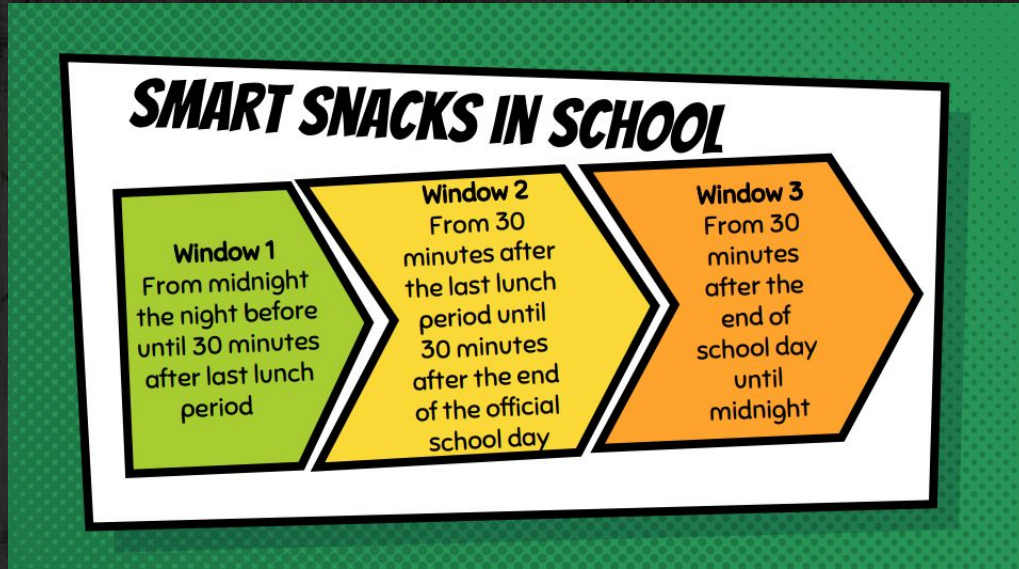
Student is Hungry at Home Without a Way to Get Food



Parent/Guardian Needs Assistance Providing Food



SCHOOL NUTRITION COMPLIANCE



Making the healthy choice
the easy choice.

SCHOOL NUTRITION COMPLIANCE *in Window 1 (20-21)*

SFSP BREAKFAST

- 1 c Milk
- 1 Fruit / Vegetable ($\frac{1}{2}$ c min.)
- 1 Enriched or Whole Grain / Bread

SFSP LUNCH

- 1 c Milk
- 2 Fruits / Vegetables ($\frac{3}{4}$ c min.)
- 1 Enriched Grain / Bread
- 2 oz Meat / Meat Alternate



We operated under a single meal pattern (left) with multiple federal waivers and maximum flexibility in 20-21. This meal pattern was followed for in-person, home delivery and bulk meal kit meals.

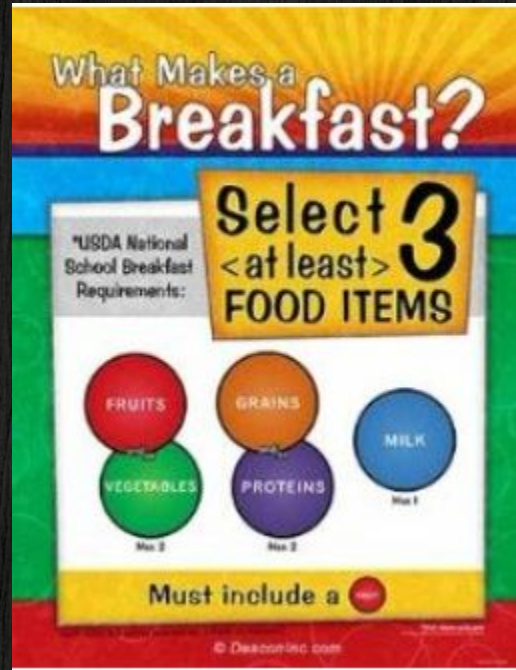
SCHOOL NUTRITION COMPLIANCE *in Window 1 (21-22)*

Fruits / Vegetables

- Higher # of minimum servings required to be offered daily and weekly
- Limitations on volume/frequency of juice offered
- Vegetables can now meet the meal pattern

Milk

- Fat-Free
- 1% flavored (waivers)



Whole-Grain (WG) Rich

- WG Rich Requirement Reinstated (meaning 100% of WG items menued must meet the WG criteria or have a waiver)
- Two COVID Waivers
 - Primary Waiver for five items
 - Supply Chain Specific Waivers
- Proteins or Meat/Meat Alternates may count as WG equivalents when a WG item is taken first (ie: Cheesy Breadstick, Boscós, Sausage Biscuit)

SCHOOL NUTRITION COMPLIANCE *in Window 1 (21-22)*

Fruits / Vegetables

- Higher # of minimum servings required to be offered daily and weekly
- All five vegetable subgroups represented in the correct portions weekly
- Limitations on volume/frequency of juice

Milk

- Fat-Free
- 1% flavored (waivers)



Whole-Grain (WG) Rich

- WG Rich Requirement Reinstated (meaning 100% of WG items menued must meet the WG criteria or have a waiver)
- Two COVID WG Waivers
 - Primary Waiver for 5 WG items
 - Supply Chain Specific Waivers

Meat / Meat Alt.

- Low Fat / Sodium

AVAILABILITY OF CONTRACTED FOODS *in Window 1*



Little Caesars Pizza, Pizza!

HS / MS = 1x per 3 week cycle

ELEM = 1x per 3 weeks



Pulled Barbecued Chicken

For Chicken Nacho Grande
Per Student Request

CKEC Bid = 2020-2021

Discontinued in Summer 2021

COMPETITIVE FOOD GUIDELINES *in Window 2*

SMART SNACKS IN SCHOOL

Applies to ALL foods SOLD
during *window 2* (30 mins after
last lunch - end of the school day).

1st Ingredient:

WG, Fruit, Veg, Dairy/Protein, or Combo Food

Nutrient Standards:

Calories < 200

Sodium < 200 mg

Total Fat < 35% of calories

Saturated Fat < 10% of calories

Trans Fat 0g

Sugar < 35%

RECOMMENDATIONS FOR IMPROVEMENT

Nutrition Services

- Build on Breakfast in the Classroom (BIC) success during COVID-19 Hybrid Learning.
- Maximize participation in the school breakfast and lunch programs.
- Add fruit/vegetable option to vending outside of cafeteria.
- Increase farm to school activities, *from the cafeteria to the classroom.*
- Reduce/prohibit using food as a reward in the classroom.

Smart Snacks

- All food/beverages served *during school and the extended school day* meet or exceed USDA smart snack guidelines.



Questions?

“Don’t judge each day
by the harvest you
reap but by the seeds
that you plant.”

– Robert Louis Stevenson