

**KIDS COME FIRST**



# **BOYLE COUNTY SCHOOLS 2020-2021 WELLNESS REPORT**

KATIE ELLIS & DEANNA PADGETT

January 21, 2021

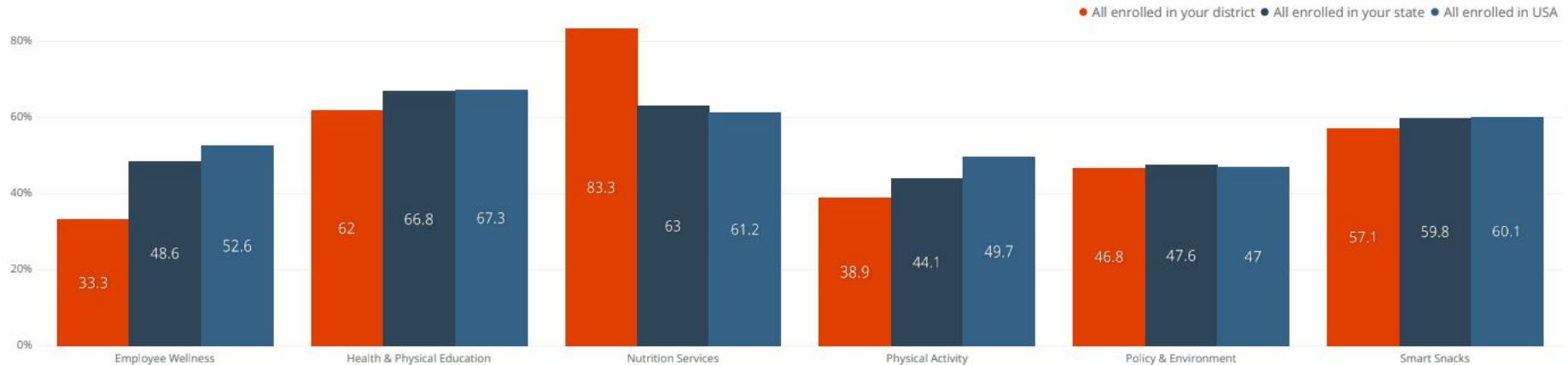
# Whole School, Whole Community, Whole Child



# ALLIANCE FOR A HEALTHIER GENERATION

## Healthy Schools Program Assessment, 10/2020

Percentage of items fully meeting best practices on the current assessment compared to state & national data

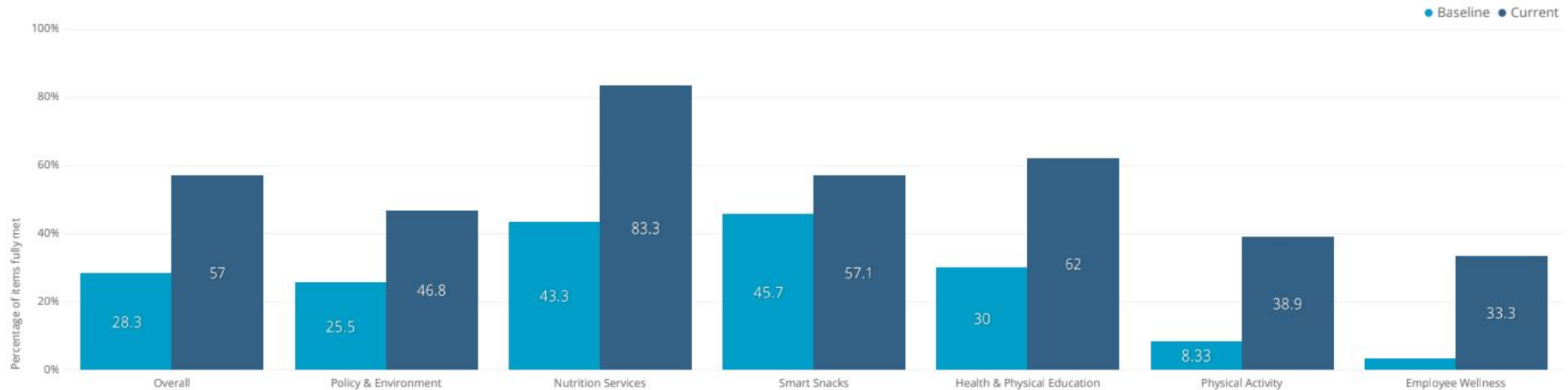


This graph looks at each assessment topic and compares the percentage of items marked as fully meeting on the current assessment for the selected district to the percentage of those marked fully meeting for the state and the nation.

# ALLIANCE FOR A HEALTHIER GENERATION

## Healthy Schools Program Assessment, 10/2020

Percentage of items fully met on the baseline assessment compared to the current assessment



This graph compares the total number of assessment items fully implemented on the earliest Healthier Generation Healthy Schools Program Assessment, for each topic of the assessment, to the total number of assessment items that could be fully implemented for all schools. The graph also includes this information for the most recent update of the assessment.

# COVID-19 in BCS

From September 23, 2020– January 15, 2021

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	Students		Staff	
	Positive	Exposed	Positive	Exposed
BCHS	25	109	7	3
BCMS	11	86	8	6
JCES	57	7	14	5
PES	24	7	3	3
WES	57	8	11	5
Other			15	20

## COVID-Positive Response Team

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- Chris Holderman, CPR Coordinator
- Nichole Brown, District Health Coordinator
- Amy Bugg, CPR Point of Contact
- Deanna Padgett, CPR Analyst
- Carla Carr, HR Director
- Chris Slone, Dir. of Family + Community Support
- Jeremy Johnson, Head Athletic Trainer



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# 1,558



TOTAL NUMBER OF ACTIVE HEALTH CONDITIONS LISTED  
IN INFINITE CAMPUS YTD (-403 from last year)

# More Specifically\*...



Anaphylaxis, Personal history of Epipen	48	Food Allergy	148
Asthma	109	Type 1 Diabetes	10
Allergies (not including food allergies)	313	Seizure/Convulsion	31
Attention Deficit Hyperactivity Disorder	188	Other Mental Health Disorders	93

\*As reported by parents in enrollment information and/or record transfers.



# STAFF WELLNESS

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As of January 13...

- 280 Staff members had signed up for COVID vaccine

- At least 6 have already received at least 1 dose of COVID vaccine

BCHS	96.60%
BCMS	98.30%
JCES	97.68%
PES	97.63%
WES	98.38%
District	97.62%

Student Participation requires ONE of the following:

- One-on-one video communication or phone call between teacher and student
- Group video communication between teacher and whole class or teacher and small group
- Time logged into learning management system completing assignments
- Submission of paper-based assignments

# Student Participation

# BASIC NEEDS SURVEY, Fall 2020

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Said "no" to "I am happy most of the time"...

79 responses



◆ 1934 students answered "Yes".

◆ 151 students answered "No".

Of the 151 students who said no, 38 misunderstood the question, resulting in 5.4% of the total number of students taking the survey saying no for legitimate reasons (+.4% from last year).

# MENTAL HEALTH SPECIALISTS' DATA

2020-2021, YTD

## BCMS DATA

Individual Counseling Sessions (30+ minutes)	21
Touch Base Sessions (15-29 minutes)	50
Emergency Assessments <ul style="list-style-type: none"><li>- Self-harm concerns</li><li>- Suicidal ideation</li><li>- Threat of harm to others</li></ul>	8, 1 hospitalized
# BCMS students working regularly with the mental health specialist	28

# MENTAL HEALTH SPECIALISTS' DATA

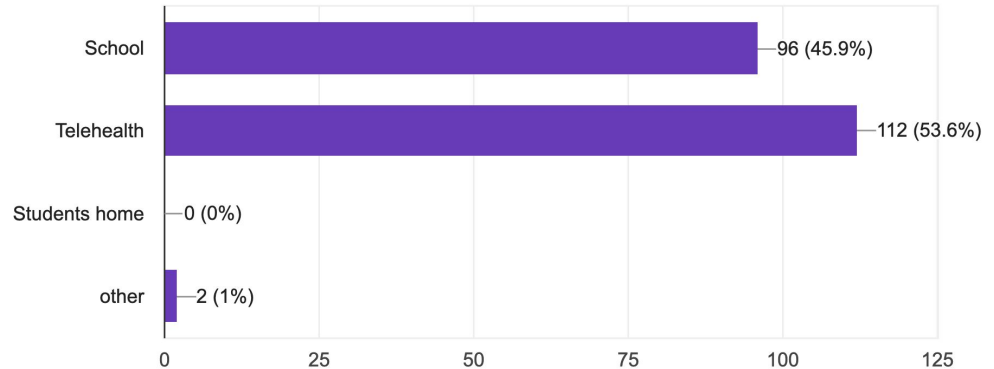
2020-2021, YTD

## BCHS DATA

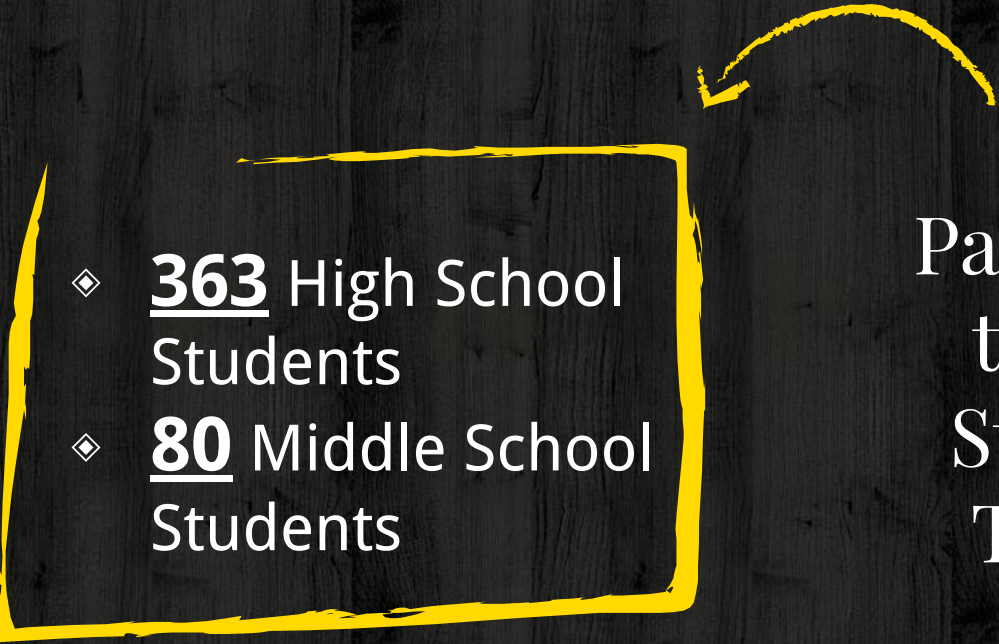
Therapy Sessions Conducted	209+
# BCHS students working regularly with the mental health specialist	60+

Medicaid billing for mental health sessions under Expanded Access has begun!

Location:  
209 responses



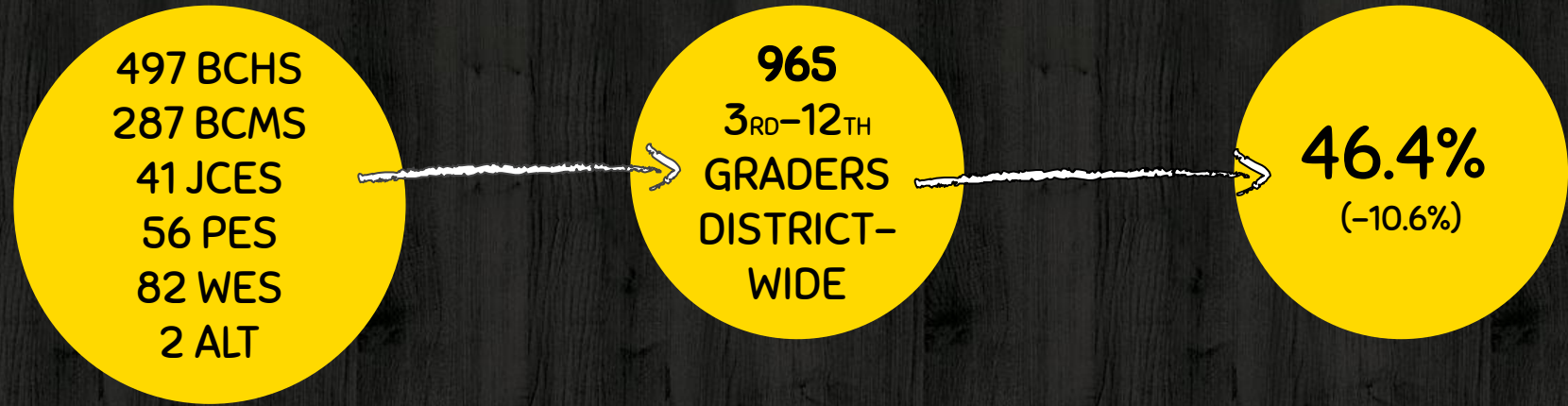


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- ◆ **363** High School Students
  - ◆ **80** Middle School Students

Participating in  
the Random  
Student Drug  
Testing Pool

# STUDENT INVOLVEMENT IN SCHOOL SPORTS AND CLUBS

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# 61%

The percent of students  
grades 3-12 who said “Yes”  
to “Outside of school, I am a  
member of a club, sports  
team, church group, or  
other group.”

# BoCo MEALS



## Why Are the Healthy Hunger Free Kids Act Guidelines Important?

- 1) More than  $\frac{1}{4}$  of kids' daily calories come from snacks.
- 2) Kids who have healthy eating patterns are more likely to perform well academically.
- 3) Kids consume more healthy foods/beverages during the school day.
- 4) Smart Snacks Standards are a Federal Requirement (HHFKA 2010).

# 19-20 SCHOOL YEAR IN REVIEW

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**OCT 31 ENROLLMENT**

2,804 (↑31)

**APRIL 1 DIRECT CERTS**

44.32% District Wide

1,244 (↑31)

**335,427**

**NSLP/SBP MEALS SERVED**

↑5,000+ Meals

Aug. 2019 - Mid-March 2020

Due to COVID-19 Closure.



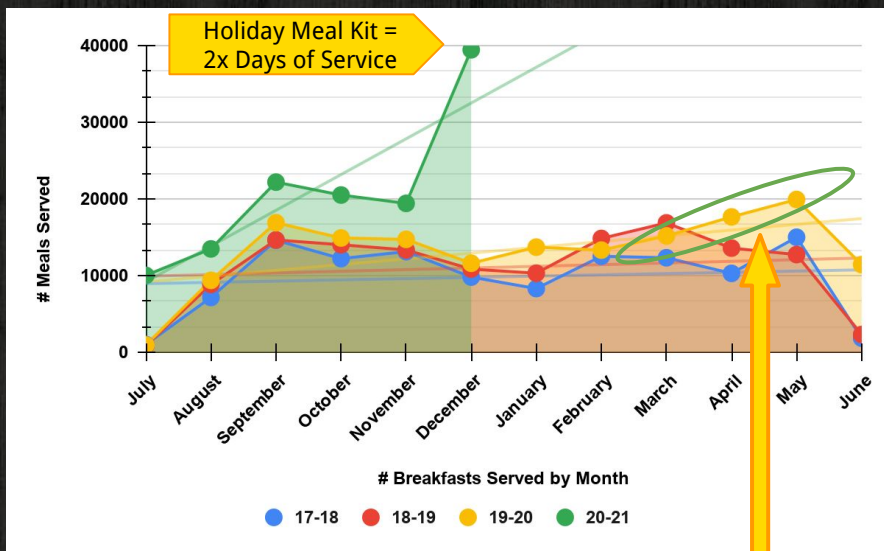
**159,514 MEALS SERVED  
SFSP EMERGENCY FEEDING**

Operating Under Multiple USDA/KDE Waivers

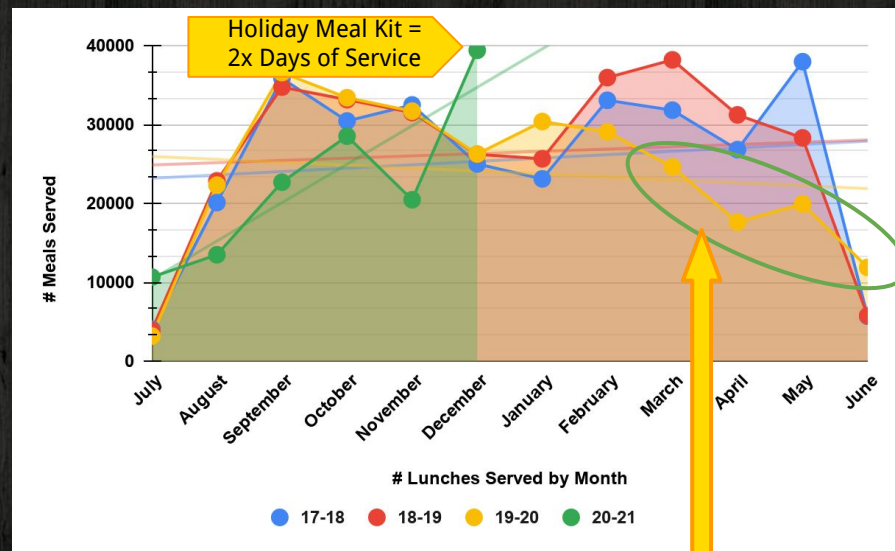


# MEAL PARTICIPATION TRENDS

## BREAKFAST



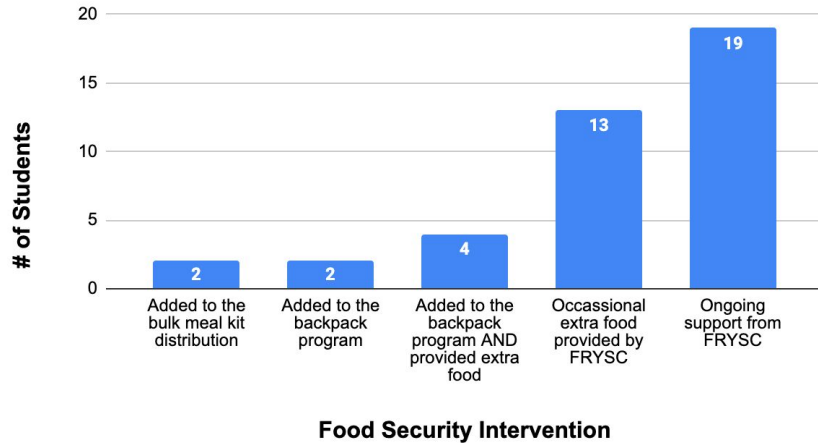
## LUNCH



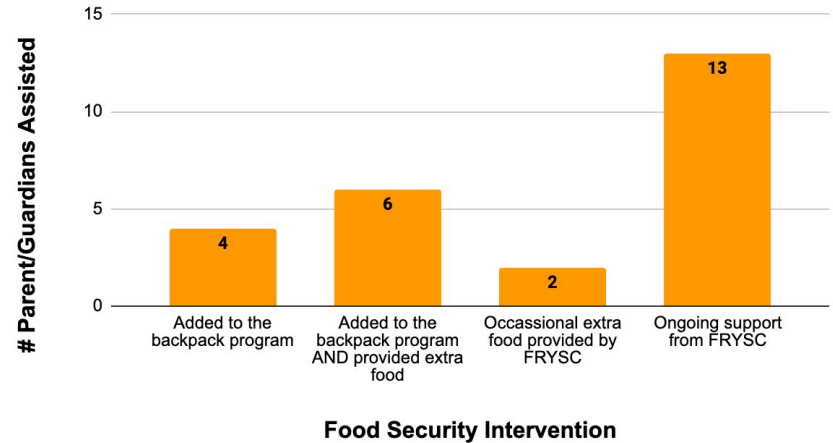
COVID-19 prompted sheltering in place in March 2020. We moved from SBP/NSLP to SFSP at this time. Breakfast participation increased at this time, while lunch participation decreased dramatically. These trends are associated with the method of service.

# BASIC NEEDS SURVEY – FOOD SECURITY

**Student is Hungry at Home Without Way to Get Food**

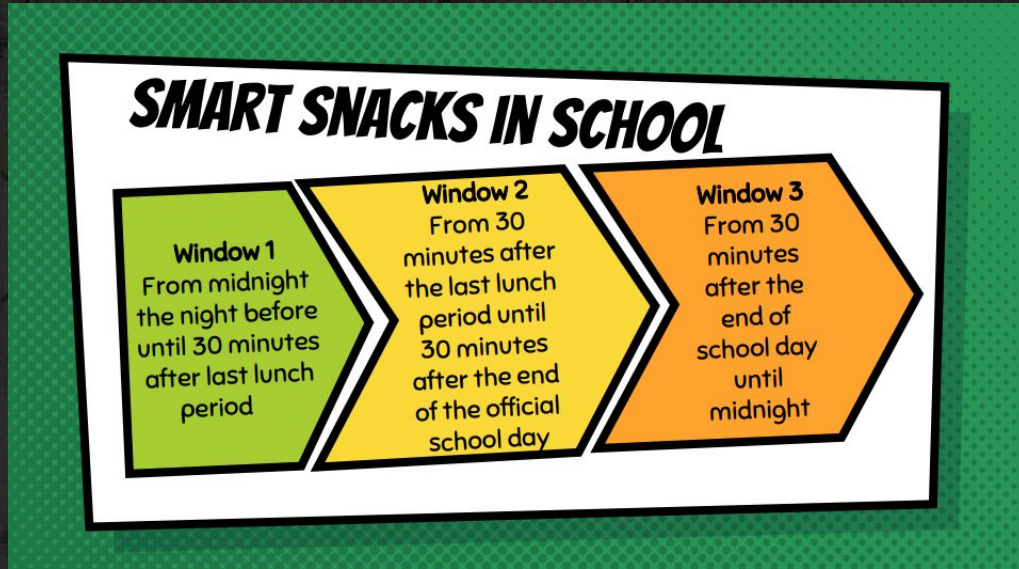


**Parent/Guardian Needs Assistance Providing Food**



# SCHOOL NUTRITION COMPLIANCE

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Making the healthy choice  
the easy choice.

# SCHOOL NUTRITION COMPLIANCE *in Window 1*

## Fruits / Vegetables

- Variety
- All five vegetable subgroups represented weekly

## Whole-Grain (WG) Rich

- Up to 50% of items offered can be non WG rich (19-20)
- Only three (3) items are non WG rich on menu this year



## Meat / Meat Alt.

- Low Fat / Sodium
- Cleaner labels

## Milk

- Fat-Free
- 1% flavored

## Water

- Free potable water offered at breakfast/lunch daily
- Bottled water sold



# AVAILABILITY OF CONTRACTED FOODS *in Window 1*

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**Little Caesars Pizza, Pizza!**

**HS / MS** = 1x per 3 week cycle

**ELEM** = 1x per 6 weeks (alternating WES  
& JCES/PES in 3 week cycle)



***Pulled Barbecued Chicken***

For Chicken Nacho Grande  
Per Student Request  
District Bid = Spring 2020  
CKEC Bid = 2020-2021



# COMPETITIVE FOOD GUIDELINES *in Window 2*

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## SMART SNACKS IN SCHOOL

Applies to ALL foods SOLD  
during *window 2* (30 mins after  
last lunch - end of the school day).

### 1st Ingredient:

WG, Fruit, Veg, Dairy/Protein, or Combo Food

### Nutrient Standards:

Calories < 200

Sodium < 200 mg

Total Fat < 35% of calories

Saturated Fat < 10% of calories

Trans Fat 0g

Sugar < 35%

# RECOMMENDATIONS FOR IMPROVEMENT

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## Nutrition Services

- Build on Breakfast in the Classroom (BIC) success during COVID-19 Hybrid Learning.
- Maximize participation in the school breakfast and lunch programs.
- Add fruit/vegetable option to vending outside of cafeteria.
- Increase farm to school activities, *from the cafeteria to the classroom.*
- Reduce/prohibit using food as a reward in the classroom.

## Smart Snacks

- All food/beverages served *during school and the extended school day* meet or exceed USDA smart snack guidelines.





# Questions?

The First  
Wealth is  
Health.

-Ralph Waldo Emerson-