

KIDS COME FIRST



BOYLE COUNTY SCHOOLS

2018-2019

WELLNESS REPORT

KATIE ELLIS & PAM TAMME

January 17, 2019

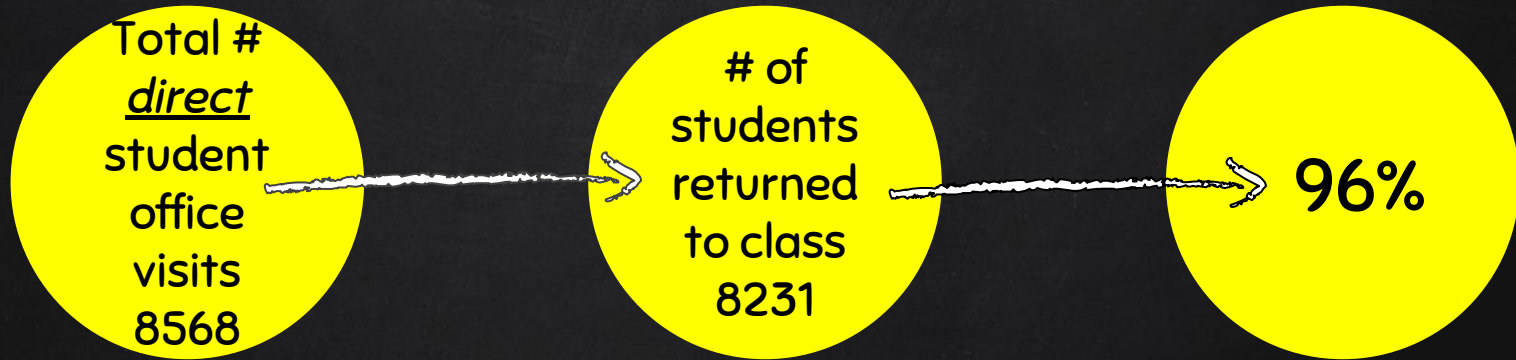
WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD





HEALTH OFFICE VISITS

(BETWEEN NOV 2017-DEC 2018)





1,669



TOTAL NUMBER OF HEALTH CONDITIONS LISTED IN INFINITE
CAMPUS--YTD (+63 from last year)



MORE SPECIFICALLY...

Anaphylaxis, Personal history of Epipen	47	Food Allergy	225 (+3)
Asthma	412 (+31)	Type 1 Diabetes	15 (+1)
Allergies (not including food allergies)	365 (+91)	Seizure/Convulsion	61 (+11)



DID YOU KNOW?!?

- ✗ BCS has 11 AEDs, including one on the performance field, one that travels with the athletic trainer, and at least one per school.
- ✗ BCS has 23 staff trained in Red Cross CPR and an additional 140 trained using the ASHI (American Safety & Health Institute) curriculum.
- ✗ BCS has 22 staff trained in medication administration for 18–19 and 103+ staff and 42 bus drivers trained on different emergency meds.
- ✗ BCS has 65 students who require an emergency medication (e.g., diastat, epipen, glucagon) to be on hand during the school day.

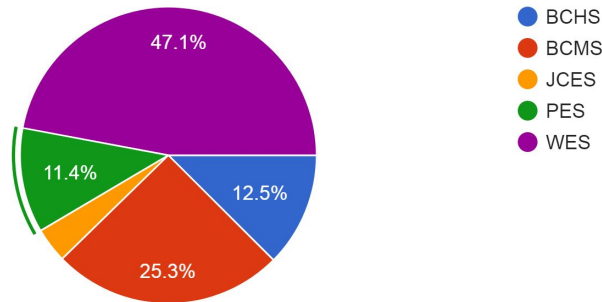
ACCIDENT REPORTS

2016-2017 & 2017-2018 COMBINED

(DOES NOT INCLUDE REPORTS TURNED INTO ATHLETIC TRAINER.)

School/Location

289 responses



BCHS--36

BCMS--73

JCES--11

PES--33

WES--136



ACCIDENT REPORT DETAILS

YEAR

2016-2017 113 (39%)

2017-2018 175 (61%)

MONTH

Most Accidents--May (15%) and
September (14%)

Least--June, July, Dec, January

TIME OF ACCIDENT

41% between noon and 3:00 PM

38% between 9:00 AM and
noon

LOCATION

Playground--26% Cafeteria--6%

Classroom--23% Bus--3%

Gym--14% Athletic Field--12%

NATURE OF INJURY

Bruise--21% Cut--14%

Head Injury--21% Fracture--10%

Sprain/Strain--15% Other--12%

THE STUDENT WAS...

Sent home--13%

Sent to the doctor or hospital--31%

Returned to class--56%



STAFF WELLNESS



2018 Staff Flu Shots--174 (same)

2018 Vitality Checks--153 (+51 from last yr)

Defined as missing
10% or more of school,
excused and/or
unexcused absences.
(enrolled 10+ days)

2018-2019 YTD

10.3%

CHRONIC ABSENTEEISM

2017-2018

11.7%

(313 of 2686 students)



CHRONIC ABSENTEEISM & HEALTH CONDITIONS

2017-2018 DATA

JCES

26 students were chronically absent.
12 of these students had a health condition listed in IC, which is 46% of the chronically absent students.

PES

18 students were chronically absent.
14 of these students had a health condition listed in IC, which is 78% of the chronically absent students.

WES

30 students were chronically absent.
16 had a health condition in IC, which is 53% of the chronically absent students.

BCMS

77 students were chronically absent.
39 had a health condition in IC, 51%

BCHS

166 students were chronically absent.
89 had a health condition in IC, which is 54%.

Overall, 54% of the district's chronically absent students had a health condition indicated in Infinite Campus.

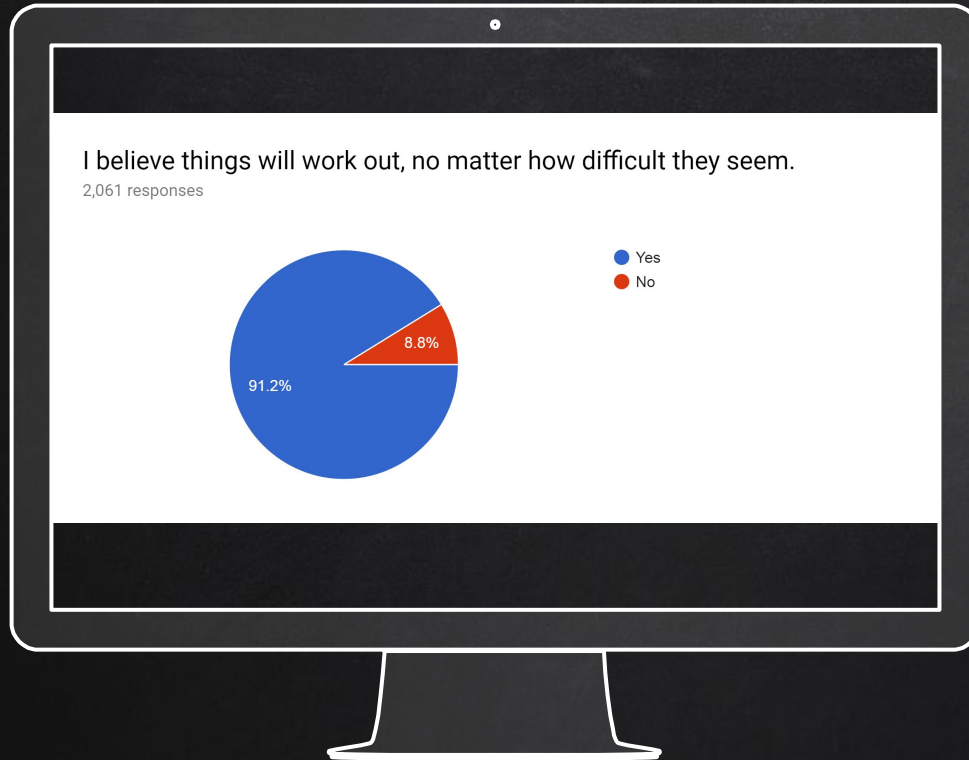
BASIC NEEDS SURVEY, FALL 2018



1,598 STUDENTS
ANSWERED "YES".

463 STUDENTS
ANSWERED "NO".

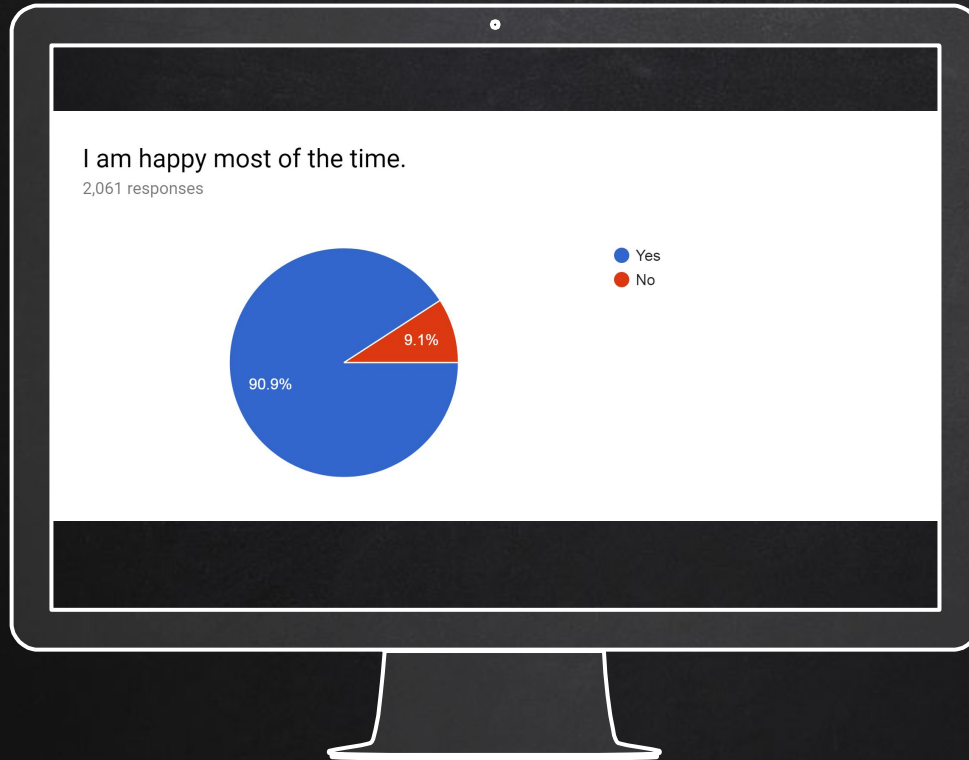
BASIC NEEDS SURVEY, FALL 2018



1,880 STUDENTS
ANSWERED "YES".

181 STUDENTS
ANSWERED "NO".

BASIC NEEDS SURVEY, FALL 2018



1,873 STUDENTS
ANSWERED "YES".

188 STUDENTS
ANSWERED "NO".

THE DISTRICT'S TWO MENTAL HEALTH SPECIALISTS' DATA

2018-2019, YTD

Individual Counseling Sessions (30+ minutes)	533
Emergency Assessments	#109
--Assessments that resulted in hospitalization	#2
--Majority were for self-harm thoughts	61%
Primary Need for Counseling	
--follow up, asymptomatic	37%
--stress management/coping skills	18%
--depressed affect	11%
--anxious affect	15%
Percent of students reporting they felt better, somewhat better, or the same/still ok at end of the individual counseling session	95%



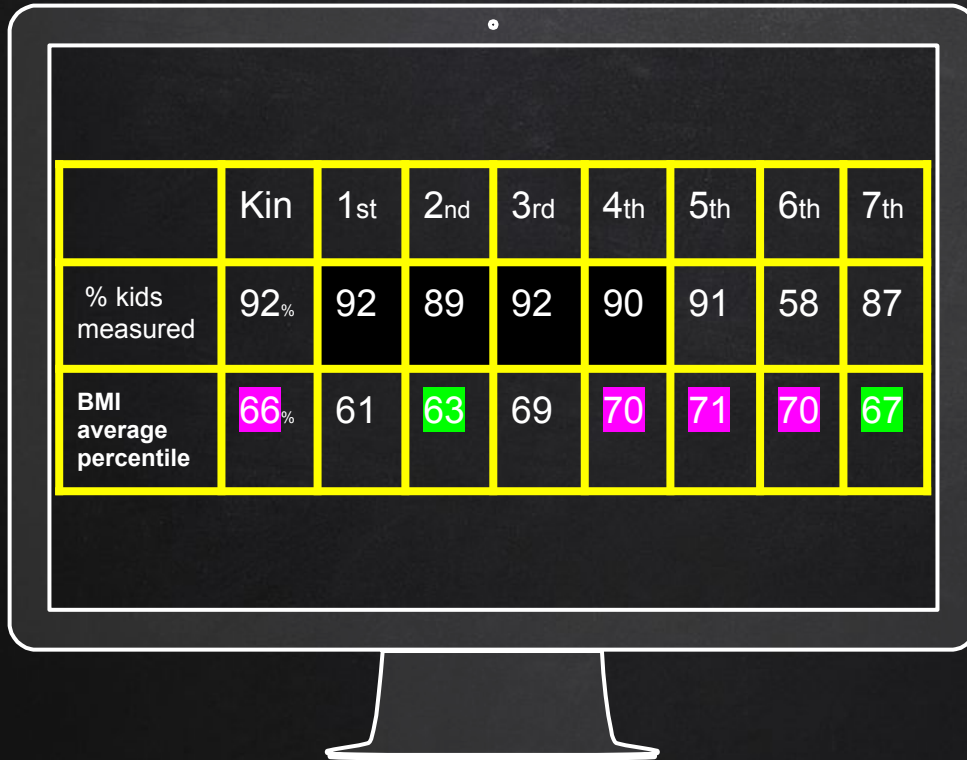
PHYSICAL ACTIVITY

1460 students grades 3-12 reported they
get an hour of exercise 4+ days a week.

That's 71.5%

BODY MASS INDEX DATA

2017-2018



	Kin	1st	2nd	3rd	4th	5th	6th	7th
% kids measured	92%	92	89	92	90	91	58	87
BMI average percentile	66%	61	63	69	70	71	70	67

NORMAL OR HEALTHY WEIGHT IS 5TH PERCENTILE TO LESS THAN THE 85TH PERCENTILE.

PINK HIGHLIGHTS ARE SLIGHT INCREASES FROM 16-17 TO 17-18.

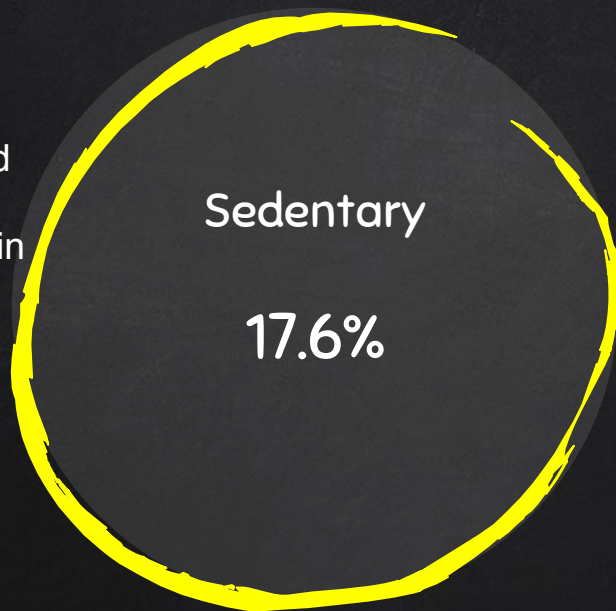
GREEN HIGHLIGHTS ARE SLIGHT DECREASES FOR THE SAME TIME.



RECESS ACTIVITY LEVEL

(# OF STUDENTS OBSERVED=368)

Sedentary--defined
as lying down,
sitting or standing in
place



Average percent of
students who were
sedentary versus
walking or vigorously
moving when observed



83%

Percent of BCMS students who report they are in an extracurricular activity.

79%

Percent of BCHS students report they are in an extracurricular activity.



ELEMENTARY PHYSICAL ACTIVITY HIGHLIGHTS

JCES

Jaguar Jog--about 50 participants
Girls On The Run Club & 5K--13 girls

PES

In addition to their PE rotation,
about 100 PES students are in their
“fitness” super-block.

WES

All K-5 students (approx 550)
participated in the Fun Run fundraiser in
the fall.

The Billion Mile Race is ongoing through
PE.

The Kids Heart Challenge in February.
Girls On The Run Club & 5K--17 girls





SCHOOL & COMMUNITY NUTRITION



2,773

DISTRICT ENROLLMENT (+25)

Oct. 31, 2018 Qualifying Data



DISTRICT ENROLLMENT BY STATUS TYPE

STATUS	2017		2018		VARIANCE
Free	1222	44.47%	1232	44.43%	+ 10
Reduced	131	4.77%	158	5.70%	+ 27
Full Pay	1395	50.76%	1383	49.87%	- 12
Total	2748		2773		+ 25



DISTRICT ENROLLMENT STUDENTS WHO QUALIFY FOR FREE MEALS

Determined
via Household
Income Form

SITE	2017		2018		VARIANCE
BCHS	327	36.70%	349	40.25%	+ 22
BCMS	284	43.83%	259	40.22%	- 25
WES	217	37.35%	220	36.73%	+ 3
JCES	252	68.85%	257	67.28%	+ 5
PES	142	54.20%	147	52.31%	+ 5



DISTRICT ENROLLMENT STUDENTS WHO QUALIFY FOR REDUCED MEALS

Determined
via Household
Income Form

SITE	2017		2018		VARIANCE
BCHS	38	4.27%	43	4.96%	+ 5
BCMS	28	4.32%	33	5.12%	+ 5
WES	27	4.65%	32	5.34%	+ 5
JCES	24	6.56%	29	7.59%	+ 5
PES	14	5.34%	21	7.47%	+ 7



Determined
via Household
Income Form

DISTRICT ENROLLMENT STUDENTS WHO QUALIFY FOR FULL PAY MEALS

SITE	2017		2018		VARIANCE
BCHS	526	59.03%	475	54.79%	- 51
BCMS	336	51.85%	352	54.66%	+ 16
WES	337	58.00%	347	57.93%	+ 10
JCES	90	24.59%	96	25.13%	+ 6
PES	106	40.46%	113	40.22%	+ 7



DISTRICT VIEW DIRECT CERTIFICATION

2017 =
1,080 DCs
38.99%



2018 =
1,108 DCs
39.97%
(+28 / 0.98%)



BREAKFAST & LUNCH



DISTRICT WIDE MEAL PARTICIPATION

OCT 2017 & 2018 QUALIFYING DATA

47,217 MEALS

Served in Oct. 2018

+ 4,517 MEALS

More meals served than in Oct. 2017

2018 DAILY
AVERAGE =
2,623 MEALS



BREAKFAST PARTICIPATION

SITE	OCT 2017		OCT 2018		VARIANCE
BCHS	2866	18.92%	2609	16.72%	-2.2%
BCMS	2542	23.08%	2369	20.44%	-2.64%
WES	2523	25.54%	3153	29.24%	+3.7%
JCES	2822	45.36%	3645	53.01%	+7.65%
PES	1488	33.41%	2275	44.98%	+11.57%
TOTAL	12241	26.20%	14051	28.15%	+1.95%



LUNCH PARTICIPATION

SITE	OCT 2017		OCT 2018		VARIANCE
BCHS	10297	67.98%	10456	67%	-0.98%
BCMS	7626	69.23%	7484	64.56%	-4.67%
WES	5814	58.86%	6245	57.92%	-0.94%
JCES	3925	63.08%	5151	74.91%	+11.82%
PES	2797	62.80%	3830	75.72%	+12.92%
TOTAL	30459	65.20%	33166	66.45%	+1.25%



LUNCH PARTICIPATION

Number and ADP of **FREE** meals served.

SITE	OCT 2017		OCT 2018		VARIANCE
BCHS	4371	28.86%	4781	30.64%	+1.78%
BCMS	3909	35.48%	3622	31.25%	-4.23%
WES	2527	25.58%	2828	26.23%	+0.65%
JCES	3008	48.34%	4724	68.70%	+20.36%
PES	1766	39.65%	3512	69.43%	+29.78%
TOTAL	15581	33.35%	19476	39.00%	+5.65%



LUNCH PARTICIPATION

Number and ADP of REDUCED meals served.

SITE	OCT 2017		OCT 2018		VARIANCE
BCHS	495	3.27%	553	3.54%	+0.27%
BCMS	354	3.21%	388	3.35%	+0.14%
WES	304	3.08%	387	3.59%	+0.51%
JCES	278	4.47%	0	0%	-4.47%
PES	164	3.68%	0	0%	-3.68%
TOTAL	1595	3.41%	1328	2.66%	-0.75%



LUNCH PARTICIPATION

Number and ADP of FULL PAY meals served.

SITE	OCT 2017		OCT 2018		VARIANCE
BCHS	5431	35.86%	5122	32.82%	-3.04%
BCMS	3363	30.53%	3474	29.97%	-0.56%
WES	2983	30.20%	3030	28.10%	-2.10%
JCES	639	10.27%	427	6.21%	-4.06%
PES	867	19.47%	318	6.29%	-13.18%
TOTAL	13283	28.43%	12371	24.78%	-3.65%



SUMMER FEEDING

SUMMER FEEDING



How we stacked up against other programs in 2018:



SUMMER FEEDING



Number of meals served to children:

Meal	June 17	July 17	Aug 17	June 18	July 18	Aug 18
Breakfast	1693	1044	140	1876	896	50
Lunch	5438	3406	405	5647	3112	184
Supper	370	679	0	75	829	9
TOTAL MEALS	7501	5129	545	7598	4837	243
	13175			12678		

-497 Meals in 2018 due to loss of large sites and fewer operating days



HEALTHY SCHOOLS ASSESSMENT

KRS 158.856



SCHOOL NUTRITION COMPLIANCE

Daily selections in school meals follow the USDA Meal Pattern and:

- Offer a variety of fruits and vegetables
- Offer whole grain rich items as menu components (2 waivers in 2018)
- Offer low-fat / lower sodium meat / meat alternates
- Offer fat-free and 1% milk
- Offer a variety of dark green, red/orange vegetables and legumes
- Abide by sodium and fat meal restrictions
- Offer potable water for breakfast and lunch



SCHOOL NUTRITION COMPLIANCE

SMART SNACKS IN SCHOOL

Window 1
From midnight
the night before
until 30 minutes
after last lunch
period

Window 2
From 30
minutes after
the last lunch
period until
30 minutes
after the end
of the official
school day

Window 3
From 30
minutes
after the
end of
school day
until
midnight

For ALL foods SOLD in
school during window 2:

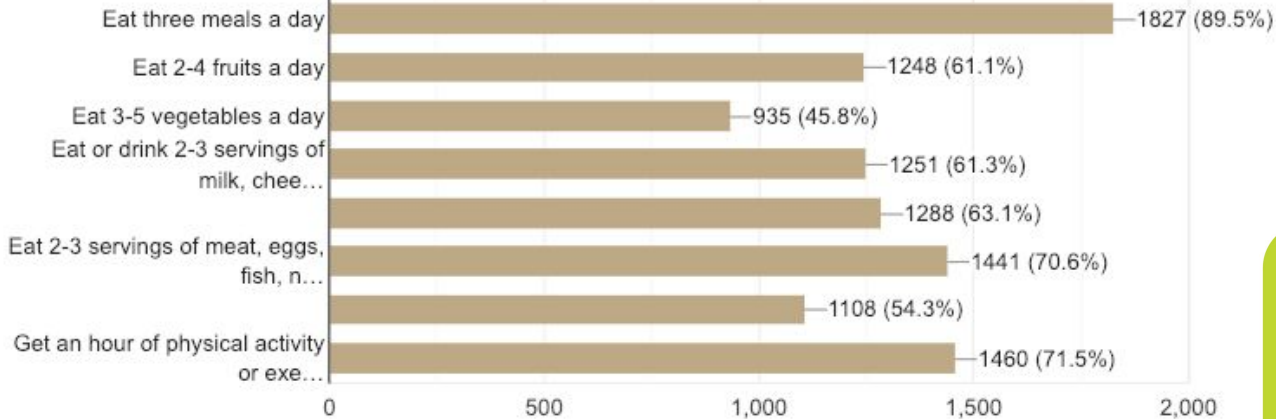
1st Ingredient = WG, Fruit,
Veg, Dairy/Protein, or
Combo Food

**Nutrient Standards Look
At:**

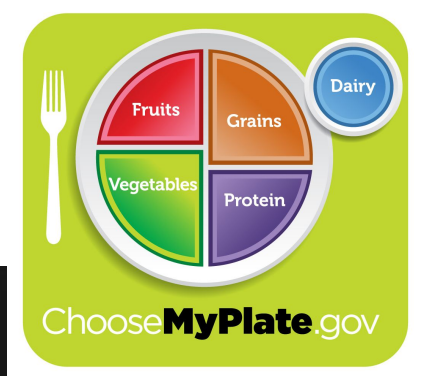
Total Fat, Sat Fat, Sugar,
Sodium & Calories

2018 BASIC NEEDS STUDENT SURVEY

At least four days a week I (check all that are true):



2,014
responses
Grades 3-12



LEA RECOMMENDATIONS PER KRS 158.856



↑ FARM TO SCHOOL ACTIVITY

2017-2018 REVENUE

Beginning Balance (Restricted)	\$387,713.77
Interest	\$1,799.13
A la Carte Sales	\$137,520.38
Reimbursable Programs	\$341,165.29
State Revenue	\$13,086.63
Federal Reimbursements	\$870,817.70
Donated Commodity Foods	\$97,067.00
Misc. Revenue	\$4,955.19
TOTAL REVENUE	\$1,854,125.09

2017-2018 EXPENDITURES

Staffing	\$705464.35
Unemployment	\$1,680
Workers Compensation	\$10500
Fidelity Bond	\$591.39
Sanitation	\$8,987.28
Registration Fees and/or Travel	\$2,114.95
Professional Services	\$11,267.00
Membership Services	\$3,150.00
Technical Fees & Maintenance	\$9,823.13

2017-2018 EXPENDITURES (CONT.)

Equipment Repair & Maintenance	\$21,576.03
Machinery	\$15,970.72
Food and Supplies	\$749,812.06
Catering	\$1,987.19
Misc.	\$665.46
TOTAL EXPENDITURES	\$1,543,589.56

QUESTIONS?

THE FIRST
WEALTH IS
HEALTH.

—RALPH WALDO EMERSON—

CREDITS

Special thanks to all the people who made and released these awesome resources for free:

- ✕ Presentation template by SlidesCarnival
- ✕ Photographs by Unsplash