

HAVRE PUBLIC SCHOOLS

Parent/Educational Professional Resources

July, 2021

Havre Public Schools is excited to offer an opportunity to parents and educational professionals with the following offerings. These texts are available at the Robins Administrative Building and are available to loan for those who are interested. The district is interested in engaging with stakeholders to provide additional text and supplemental material support to address the concerns related to the safe return to school and continuity of services plan on our website. Please contact Robins at 395-8550 if you have any questions. Thank you!

Christopher A. Kearney, Ph.D., is Distinguished Professor of Psychology at the University of Nevada, Las Vegas. He is also the Director of the UNLV Child School Refusal and Anxiety Disorders Clinic. Dr. Kearney's research interests include school refusal behavior, selective mutism, and posttraumatic stress disorder in maltreated youth, perfectionism, and other anxiety-related conditions in children and adolescents. He has published several books, book chapters, and journal articles on these topics.

Kearney, Christopher A.

Getting Your Child Back to School: a Parent's Guide to Solving School Attendance Problems. Oxford University Press, 2021.

A collection of accessible and scientifically proven strategies for parents struggling with school attendance problems in children of all ages.

School attendance problems are a common and worrisome challenge faced by many parents. Even in milder forms, poor school attendance can increase the risk of social, behavioral, and academic problems in childhood and adolescence, and even into adulthood. Unfortunately, parents often have trouble understanding their children's school attendance issues and are uncertain about how to help.

Getting Your Child Back to School is intended for parents grappling with school attendance problems at the elementary, middle, and high school levels. Covering a wide variety of attendance problems and special circumstances, the book offers practical, step-by-step strategies parents can use themselves, including asking the right questions, evaluating the severity of the problem, and knowing whom to consult. Parents will learn to change a child's negative thoughts around school, establish a clear and predictable morning routine, and set up a system of rewards for going to school. New to this edition is material on very severe and chronic cases, including

discussion of educational alternatives; mindfulness approaches and parent involvement strategies; tele therapy and other options for young people who have been out of school for an extended period; and more extensive guidance on working with school officials. Easy to read and filled with concrete strategies, this book was the first of its kind dedicated to educating and arming parents with the tools they need to resolve their children's absenteeism; this new edition continues to offer the best available scientifically-proven guidance for parents determined to get their kids back to school.

Kearney, Christopher A.

Getting Your Child to Say "Yes" to School: a Guide for Parents of Youth with School Refusal Behavior. Oxford University Press, 2008.

Many parents find getting their child to school in the morning to be quite a challenge. If your child consistently pleads with you to let him stay home from school, if he skips school, if his morning routine is fraught with misbehaviors, or if he exhibits signs of distress and anxiety related to attending school, this book can help.

Getting Children to Say Yes to School: A Guide for Parents is designed to help you address your child's school refusal behavior in the early stages. This guide helps you identify school refusal behavior and provides step-by-step instructions to solve the problem. Learn different techniques for getting your child to school, including enhancing relaxation, changing your child's negative thoughts about school, establishing a clear and predictable morning routine, and setting up a system of rewards for going to school.

Tools such as worksheets, lists of Dos and Don'ts, sample parent/child dialogues, and Fridge Notes combine to create a workbook-type resource that will help you increase your child's school attendance and relieve your own feelings of concern and worry. Easy to read and filled with concrete strategies, this book is the first of its kind dedicated to educating and arming parents with the tools they need to resolve their child's school refusal behavior.

Kearney, Christopher A.

Helping School Refusing Children and Their Parents: a Guide for School-Based Professionals. Oxford University Press, 2018.

Children who miss substantial amounts of school pose one of the most vexing problems for school officials. In many cases, school personnel must assess these students and successfully help them to return to the academic setting. This can be difficult considering most school-based professionals are pressed for time and do not have access to proper resources. The information in this book can help school officials combat absenteeism and reduce overall dropout rates.

Designed for guidance counselors, teachers, principals and deans, school psychologists, school-based social workers, and other school professionals, *Helping School-Refusing Children and Their Parents* outlines various strategies for helping children get back to school with less distress, all of which can be easily implemented in schools. This fully-updated second edition provides recommendations for a multi-tiered approach to school absenteeism that concentrates on prevention (Tier 1), early intervention for emerging cases (Tier 2), and more extensive intervention and systemic strategies for severe cases (Tier 3), with each tier based on empirically supported strategies grounded in scientific research. A chapter on assessment describes several methods for identifying school refusal behavior, including time-limited techniques for school officials who have little opportunity to conduct detailed evaluations. Worksheets for facilitating assessment are included and can easily be photocopied from the book. Other chapters provide advice for working collaboratively with parents, preventing relapse, and special issues. Topics such as poverty, homelessness, teenage pregnancy, violence, and school safety are also addressed, as are individualized education or 504 plans and consultation with other clinicians.