



ORRHS Guidance Newsletter

Current Guidance Happenings

Congratulations Seniors

Seniors, we are so proud of you! As you get ready for graduation on Saturday, know that you are loved! Take the time this week to reflect on your high school experiences as you enjoy Prom, Senior Awards Night, Senior Last Assembly, Senior Stroll, Senior Parade, and Graduation.

Step Up Day Is Coming

Step Up Day will be held on Wednesday, June 7th. Students will be able to meet next year's teachers and learn more about classes. This is a great opportunity to ask questions and prepare for the transition to the next grade level.

Mass Maritime Sea, Science, and Leadership 2023, Grades 9-11

Experience what Mass Maritime has to offer at the Sea, Science, and Leadership workshops this summer. All students in grades 9-11 are encouraged to apply. The program includes interactive educational workshops aimed to build confidence, challenge decision making skills, and to develop lifelong leadership qualities. The program runs from July 30 - August 2, 2023 and is \$495 for a 3 night stay, all meals and activities included. Learn more and apply at <https://www.maritime.edu/k-12/sslp>.

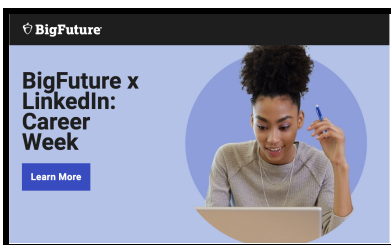
MTTI Info Session, Wednesday May 31, 2023

MTTI is offering a free live virtual information session on Wednesday, May 31, 2023 from 6-7pm. If interested, email rshaw@mtti.edu and include MTTI Info Session in the subject line. In the body of your email, include your first and last name, Old Rochester Regional High School, and your program of interest which can be viewed at www.mtti.edu. You will hear about the admissions application process, tuition and financial aid, short term training, hands on activities, and employment assistance and placement rates.

In Case You Missed It - Dual Enrollment Info Session

Last week, students heard from Dr. Kimberly Griffith of BCC about the dual enrollment process. Click on the link to review the presentation: [Dual Enrollment Info Session](#)

BigFuture x LinkedIn: Career Week, June 6th-8th



Join BigFuture® and LinkedIn for a series of free, virtual events to learn about the most in-demand jobs, how to build your network, and how to craft your own LinkedIn profile. Get all your career questions answered, and hear guest speakers from TikTok, Deloitte, and more.

- **Fast Growing Jobs and the Skills You Need**, Tuesday, June 6th, 7-7:45 pm, [Register Now](#)
- **The Secret to Career Success: Building Your Network**, Wednesday, June 7th, 7-7:45pm, [Register Now](#)
- **Stand Out on LinkedIn: Building a Great Student Profile**, Thursday, June 8th, 7-7:45pm, [Register Now](#)

Attention Juniors - “Naviance Activities” and “Anything College” Sessions

Guidance counselors will be meeting with juniors in the guidance conference room during study halls to complete Naviance activities (resume and Senior Questionnaire). Please check e-hall pass for your meeting time and please bring a device.

Counselors will be available starting the week of **April 24th on Wednesdays and Fridays during Bulldog Blocks** for "Anything College Sessions" including, but not limited to, help with a college search, Naviance support, and Q&A. **Students should sign up with their mentor or email their counselor directly.**

Attention Juniors and Junior Families

Counselors have been meeting with Juniors in small groups to review the Junior Year To-Do list, to discuss the steps involved in the post high school planning process, and to introduce students to on-line college/career search tools, including Naviance. **Click on any of the links below for useful information for Juniors.**

- [Junior Year To Do List](#)
 - [Junior Parent Letter](#)
 - [Advice for Planning a College Tour/Trip](#)
 - [Colleges and Support Services](#)
 - [To Test or Not to Test](#)
-

Early Childhood Education Classes

Did you know that if you are enrolled in any of our Early Childhood Education classes that you are eligible to take one free course through the BCC Perkins Program per BCC semester? If you are interested in childcare, education, social work, psychology, pediatric medicine, and more...the early childhood education program is for you! If you are interested in learning more, please reach out to your guidance counselor.

Looking for free SAT Prep?

Students can visit this link: [Free SAT Prep](#) and take advantage of the free resources for SAT prep through College Board and Khan Academy, the official study site of the SAT. When you sign up for your free Official SAT Practice account, you'll gain access to eight full-length SAT practice tests to help you prepare.

Employment Opportunities

Retired ORRHS science teacher is seeking six students to help direct parking along Wolf Island Road, in Mattapoisett, for a "Celebration of Life" service, being held for a family member. This would take place on Sunday June 11, from 11:30 - 1:00. If interested, please email her as soon as possible, at marykcabral@gmail.com


Marion Recreation is looking for certified Lifeguards for the summer of 2023. Employees will be reimbursed for the training program if you work the whole summer. For more information, you can email recreation@marionma.gov, adam Lambert@oldrochester.org, or visit [employment opportunity - lifeguards](#).

Fieldstone Farm Market in Marion is hiring stock people to stock produce and grocery items in the store and to help unload deliveries. They are looking for someone who can work 20 hours a week. Inquire in the store if interested.

Water Wizz is now hiring for summer 2023 - Various positions available for kids ages 14+ including

lifeguards(15+), ride attendants, food service positions, parking lot attendants. Lifeguard certification and First Aid, CPR and AED training free of cost. Applications can be found online at <https://www.waterwizz.com/employment-2/>, and emailed to Office@waterwizz.com, or can be grabbed in person at the Water Wizz office. Any questions can be referred to office@waterwizz.com.

Career of the Week

CAREER OF THE WEEK		
REGISTERED NURSE 		
https://www.bls.gov/ooh/		
WHAT DO THEY DO?	HOW TO BECOME ONE	JOB OUTLOOK & SALARY
<ul style="list-style-type: none"> Assess patients' conditions Record patients' medical histories and symptoms Observe patients and record the observations Administer patients' medicines and treatments Set up plans for patients' care or contribute information to existing plans Consult and collaborate with doctors and other healthcare professionals Operate and monitor medical equipment Help perform diagnostic tests and analyze the results Teach patients and their families how to manage illnesses or injuries Explain what to do at home after treatment 	<p>Bachelor's Degree</p>	<p>Projected job growth 6% between 2021-2031</p> <p>Median salary \$77,600</p>

SEL Tip of the Week



Wag, pat, belly rubs– spend time with a pet! A few quality minutes with a furry friend can lower blood pressure and increase joy, something we can all use a little more of. Take a short walk, play fetch, or settle in for a snuggly movie starring your favorite four-legged friend. Don't have a pet? Take a paws with Breton, our community support dog.

Pre-College Opportunities

Adelphi University's Summer Pre-College Program will take place July 9-29, 2023.

Adelphi's Summer Pre-College Program is open to rising juniors and seniors in high school. Their summer program for high schoolers features an updated curriculum that will allow students to explore an academic area of interest, participate in college preparedness workshops, and discover all that Adelphi University has to offer. Credit-bearing options are available. Explore their program pages to [find the right option for you](#).

Worcester Polytechnic Institute is offering pre-college STEM summer programs. In each program, students learn from a dedicated team of outstanding WPI faculty, using state-of-the-art experimental, analytical, and computer technology. Students will be challenged to explore their passions in a hands-on environment. For more information visit their website: www.wpi.edu/+summer

Montserrat College of Art offers a three-week residential pre-college summer program for high school students (16+). Spend July immersing yourself in a creative environment just three blocks from the ocean with other young artists from across the country. Students take three studio classes and can earn three college credits for the program and receive evaluations from each instructor. For more information visit www.Montserrat.edu/pre-college Payment deadline **June 16, 2023**.

Stanford University Summer Mentorship Program 2023 for students in **grades 6-12**. Organized by Stanford University undergraduate and graduate students, Qualia Global Scholars is a selective pre-collegiate virtual summer mentorship program matching talented students in grades 6-12 with Stanford mentors. The program features personalized mentorship, interdisciplinary research, project-based learning, and guidance on college applications. The program aims to empower students to become future global leaders by teaching them about leadership & problem solving, emerging areas in STEM & liberal arts, critical thinking & communication skills, and real-world impact through research & innovation. Applications are reviewed on a rolling basis. Need-based financial aid is available for the program. Click [here](#) to apply.

Pre-College at Syracuse University - Experience college as a high school student this summer! For more than 60 years, Syracuse University's Office of Pre-College Programs has been giving high school students the opportunity to explore potential college majors and careers in its renowned pre-college programs. Students not only learn about what it's like to be a college student, they leave the program with more confidence, enthusiasm and a sense of being ready for college. Students can choose from over 100 courses in one of our six pre-college programs. Learn more: www.precollege.syr.edu