

Canandaigua City School District

Volume limiting headphones have been added to the Supply Lists for students of all grade levels in the Canandaigua School District.



Exposure to high levels of noise can cause permanent hearing loss. Neither surgery nor a hearing aid can correct this type of hearing loss.



The effects of noise are cumulative. The WHO (World Health Organization) has recommended a limit of 85 decibels up to 8 hours.



View the WHO's pdf "Make Listening Safe" for more information <https://drive.google.com/open?id=1UQLHgYzBRx0h822SQAlcEAtHiFyuvtSm>

The following are some samples of inexpensive headphones that have volume limiting to 85 decibels.

Note: When looking for volume limiting headphones not all that are labeled "safe" or "volume limiting" are within the 85 decibel limit. Look in the description for them to state specifically a limit of 85 decibels. Do Not buy Bluetooth (wireless) Headphones. They will not be useable in school.



Headphones:

JLAB JBuddies Folding Kids Wired Headphones - \$14.88 at Amazon.com

Nivava K15 Kids Headphones - \$15.99 at Amazon.com

iClever Kids Headphones with Microphone - \$12.99 at Amazon.com