

Orange County Crisis Resources

Orange County Crisis Prevention Hotline

Crisis Prevention Hotline provides toll-free, 24 hours/day, 7 days/week, 365 days/year, confidential, culturally and linguistically appropriate, over-the-phone suicide prevention services to anyone, who is in crisis or experiencing suicidal thoughts. **Call 1-877-727-4747** **Please note: may take a moment to connect*

Orange County Behavioral Health Referrals

The OC Links Information and Referral Line provides telephone and online support for anyone seeking information or linkage to any of the Health Care Agency's Behavioral Health Services. These services include children and adult mental health, alcohol and drug inpatient and outpatient, crisis programs, and prevention and early intervention services. Trained Navigators provide information, referral, and linkage directly to programs that meet the needs of callers. **Call 855-OC-LINKS (855-625-4657)**

TDD (Telecommunications Device for the Deaf) Number: 714-834-2332 Available 8 am - 6 pm M-F

****Leave name and number and they will get back to you***

Orange County 211

2-1-1 Orange County runs a comprehensive information and referral system that provides a resource database of health and human services and support, accessible 24 hours a day, 7 days a week online and through our multilingual hotline, connecting people quickly and effectively to existing programs and disaster response information. Some resources include housing, job placement, food, and health insurance, where to find a community clinic, dental care, immunizations, prescription assistance, homeless shelters, elder and childcare, legal services and other resources offered by local nonprofits and government agencies. **Just dial 2-1-1** **Hold times may be longer than usual. Visit their website here*

<https://www.211oc.org/>

NAMI OC WarmLine

The NAMI OC WarmLine is a free and confidential telephone service providing emotional support and resources to Orange County residents. If you, a family member, or a loved one are experiencing mental health concerns, substance abuse, loneliness or are in need of community resources, The WarmLine is for you! **Call or text: (714) 991-6412 Toll Free 877-910-9276. Times: 9 a.m. - 3 a.m. (Mon. - Fri.) & 10 a.m. - 3 a.m. (Sat. - Sun.) or visit their website at** <https://www.namioc.org/>

Crisis Assessment Team (CAT)

The Crisis Assessment Team (CAT) provides 24-hour mobile response services to adults and minors experiencing a behavioral health crisis in Orange County. Staff members receive calls to provide crisis intervention to individuals living with mental health issues from law enforcement officers in the field, social services agencies, and concerned family members. CAT conducts risk assessments, initiates involuntary hospitalizations when necessary, provides resources and linkage, and conducts follow-up contacts for individuals assessed. **Call (866) 830-6011**

Other Crisis Resources

Crisis Text Line

Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via a medium people already use and trust: text. Text 741741 from anywhere in the US to text with a trained Crisis Counselor. **Text HOME to 741741 or visit their website here <https://www.crisistextline.org/>**

National Suicide Prevention Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Call 1-800-273-8255 or visit their website here <https://suicidepreventionlifeline.org/>

The Trevor Lifeline (LGBTQ+)

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25. Our trained counselors are here to support you 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk, call the Trevor Lifeline now. **Call 1-866-488-7386 or Text START to 678678 or visit their website here <https://www.thetrevorproject.org/>**

Didi Hirsch

Suicide Prevention Crisis Line is a leading member of the National Suicide Prevention Lifeline at **800-273-8255**. We are one of two centers in the national network with English- and Spanish-speaking crisis counselors 24/7. We also have Korean-speaking counselors during peak evening hours at 877-727-4747. **For crisis chat and other resources, visit <https://didihirsch.org/services/suicide-prevention/crisis-services/>**

National Association of School Psychologists

This handout helps parents, caregivers and teachers identify warning signs in youth contemplating suicide, offers insight on how to appropriately respond when concerned, and how you can get help when needed.

[NASP Preventing Youth Suicide: Tips for Parents & Educators](#)

Coalition to Support Grieving Students: A Guide for Parents and Caregivers

Children may not have experienced a loss before. They may not understand what the loss or their reaction means. They may be unsure how to act or respond. Even children who have had prior losses will still be deeply affected. This handout offers advice to parents and other caregivers about how to support children who are grieving. **[Supporting Your Child After the Death of a Family Member or Friend](#)**