Self-Administration of Asthma and Anaphylaxis Medications

Asthma is an inflammatory disease of the respiratory tract. Anaphylaxis is a life-threatening allergic reaction that may involve systems of the entire body. Anaphylaxis is a medical emergency that requires immediate medical treatment and follow-up care by a licensed healthcare provider (LHP).

It is the policy of the board of directors that students with asthma or anaphylaxis are afforded the opportunity to self-administer prescribed medications. The student's parent or guardian will submit a written request and other documentation required by the school. The student's prescribing LHP must provide a written medication order/treatment plan.

The student will demonstrate to their LHP and the school's registered nurse that the student is competent to possess and self-administer prescribed medications during school and at school sponsored events.

The superintendent will establish procedures that implement this policy and follow emergency rescue procedures outlined in the most recent edition of AMES: Asthma Management in Educational Settings, in cases of suspected asthma and the emergency rescue procedures outlined in the Office of the Superintendent of Public Instruction's Guidelines for the Care of Students with Anaphylaxis (2009) in cases of suspected anaphylaxis.

Cross References:	Policy 3416	Medication at School
	Policy 2161	Special Education and Related Services for Eligible Students
	Policy 2162	Education of Students with Disabilities under Section 504 of the Rehabilitative Act of 1973
	Policy 3420	Anaphylaxis Prevention and Response

Legal References:	42 U.S.C. 280	Public Health Service Act
	42 U.S.C. 12212	Section 512 Americans with Disabilities Act of 1990
	34 CFR Part 104	Section 504 of Rehabilitation Act of 1973
	RCW 28A.210.370	Students with Asthma
	RCW 28A.210.380	Anaphylaxis-Policy guidelines-Procedures-Reports

Management Resources:

Policy News, August, 2012	Self-Administration of Asthma and Anaphylaxis Medications
Policy News, February 2009	Anaphylaxis Prevention Policy Required
OSPI, March 2009	Guidelines for the Care of Students with Anaphylaxis

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