Isolation and Restraint of Students with IEPs and Section 504 Plans

A. **Definitions**

- **Isolation**: Excluding a student from his or her regular instructional area and restricting the student alone within a room or any other form of enclosure, from which the student may not leave. "Isolation" does not apply to an in-school suspension wherein a student is assigned to a room/enclosure where he/she is periodically monitored but left alone in the room/enclosure for periods of time to do schoolwork.
- **Restraint**: Physical intervention or force used to control a student, including the use of a restraint device.
- **Restraint device**: A device used to assist in controlling a student, including, but not limited to, metal handcuffs, plastic ties, ankle restraints, leather cuffs, other hospital-type restraints, pepper spray, tasers or batons. "Restraint device" does not include use of a harness or seatbelt with students whose disabilities require support and/or proper physical positioning.

B**. Authorized Use of Isolation, Restraint or a Restraint Device**

District staff are authorized to use isolation, restraint or a restraint device:

- when responding to unpredicted, spontaneous behavior; or
- as specified in a student's Individualized Education Program (IEP), aversive intervention plan (AIP) and in a manner consistent with Chapter 392-172A WAC, or in the student's 504 plan.

Under no circumstances will isolation, restraint or restraint devices be used for purposes of discipline or punishment.

C. **Review of Incident**

Following release of a student from isolation or restraint, the school will:

- review the incident with the student and their parent/guardian (though not necessarily at the same time) to address the behavior that precipitated the incident; and
- review the incident with the staff member who administered the isolation or restraint to discuss whether proper procedures were followed.

D. **Reporting Requirement**

If any school staff member, school resource officer (SRO) or school security officer (SSO) isolates or restrains a student with an IEP or a 504 plan during school-sponsored instruction or activities, he or she will:

- inform the principal or designee as soon as possible and;
- submit a written report of the incident to the district office within two (2) business days that contains, at a minimum:
- the date and time of the incident;
- the name and job title of the staff member who administered the restraint or isolation;
- a description of the activity that led to the restraint or isolation;
- the type of restraint or isolation used on the student, and the duration;
- whether the student or staff was physically injured during the restraint or isolation; and
- any medical care provided to the student or staff.

E**. Parent/Guardian Notification**

The principal or designee will:

- make a reasonable effort to verbally inform the student's parent/guardian of the incident within twenty-four (24) hours of the incident; and
- send written notification no later than five (5) business days after the incident occurred in the language that the school customarily provides school-related information to the parent. IEPs will include the above procedures for notification of parents/guardians regarding the use of isolation and restraint on their student.

F. **Providing Parents/Guardians with Restraint and Isolation Policy**
The district will provide parents/guardians of students with IEPs or 504 plans with a copy of the district's policy on Isolation and Restraint when the IEP or 504 plan is created.