



Confidentiality

You or your family member may contact Palmetto Counseling directly to make an appointment.

Approval is not required and your counseling session remains strictly confidential.



What will EAP services cost me?

The first five (5) sessions with your EAP Counselor are completely free to you and each of your dependents. Palmetto Counseling is a PEBA network provider. If services beyond the EAP are needed, your counselor will work with you to determine how PEBA will pay for your continued therapy sessions.



Contact Human Resources

For general information about the Employee Assistance Program, send requests to:

Christina.Sandifer@darlington.k12.sc.us

or feel free to call 843-398-5100

Contacting your Employee Assistance Program Counselor

Palmetto Counseling of Hartsville

5003 Una Road
Hartsville, SC 29550

Call 24/7:
(843) 453-9985
(843) 307-4762

Email Debby or Jill at
dlynn1110@gmail.com
jkelley4762@gmail.com



Visit their websites:

www.palmettocounseling.vpweb.com

www.equineintervention.com

"The Darlington County School District does not discriminate on the basis of age, race, color, religion, national origin, gender, disability, genetic information, sexual orientation or other protected characteristics in its programs and activities."



Darlington County School District Employee Assistance Program





In this complex and ever-changing world, life can be challenging. As we struggle to balance the demands of work, family, and our own personal needs, there may be times when we feel overwhelmed and alone.

When personal problems are left unattended, they can greatly interfere with our lives at home and at work.

The Darlington County School District recognizes that our employees are our most valuable resource, and that the health and well-being of our employees are crucial to a healthy and productive work-force.

For that reason, The Employee Assistance Program (EAP) is designed to help employees and their family members cope with personal or work-related difficulties.

When an individual resolves a stressful problem, we believe mental health improves, job performance improves, home life improves and friends, family and co-workers benefit.



The Darlington County School District provides the Employee Assistance Program (EAP) through **Palmetto Counseling of Hartsville**, bringing you professional and confidential consultations and referral services catered to your specific needs.



Located on a secluded 33-acre horse ranch just 15 minutes from downtown Hartsville, Palmetto Counseling offers a private setting while remaining convenient to those who live and work in Hartsville.

Palmetto Counseling specializes in family, individual, and couples therapy and offers traditional counseling services as well as Equine Assisted and Art & Play Therapy. Each participant has the option to choose their preferred style.

The EAP can help with —

- job-related problems
- emotional and personal conflicts
- financial problems
- alcohol and other drug abuse
- stress or life crisis
- grief and loss
- domestic violence
- couples and marriage problems
- balancing work and family
- mood disorders (depression, bipolar)
- gay, lesbian, bisexual, transgender issues
- life transitions (divorce, blended families)
- ADHD
- developmental/sensory disorders
- Autism
- trauma-related disorders
- behavioral issues



The EAP provides—

- assessments
- short-term counseling
- referrals to community resources
- crisis intervention
- supervisory consultations
- follow-up services
- workshops for employees & supervisors
- access points for dispute resolutions