



Elder Grove School

Elder Grove School
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Generations of Success. Striving for Excellence!

2021/2022 COVID-19 ILLNESS PROTOCOL GUIDE

DO: Stay home if experiencing any illness symptoms! Seek medical advice and COVID-19 testing if experiencing suspected symptoms of COVID-19 (see below). If symptoms of illness do not meet the definition of a suspected case, but the symptoms persist after 48 hours, it is recommended that you seek medical advice.

DO: If COVID-19 positive, we respectfully request you contact the school so we can provide an electronic exposure notice to potential close contacts. No names will be released in these notices.

DON'T: Dismiss mild symptoms as “just a cold” or allergies!

DON'T: Attend school or work if identified as a “close contact” to someone who has tested positive for COVID-19 until the quarantine requirements are complete OR if you have developed symptoms during quarantine. If any symptoms occur seek medical advice and testing. Riverstone Health is in charge of contact tracing. We will not be conducting any contact tracing at Elder Grove Schools per the county's directive.

- For more information please visit: <https://covid.riverstonehealth.org/>

Suspected symptoms of COVID-19, until otherwise confirmed with a negative test result:

Any **ONE** of these symptoms:

- Cough (new or unexplained)
- Shortness of breath or difficulty breathing
- Temperature greater than or equal to 100.4 or chills (change in protocol from 2020/21 School Year)
- New loss of taste or smell (frequently smell familiar scents to screen for loss of smell- loss of smell may occur with or without loss of taste)

OR

Any **TWO** of these symptoms:

- Muscle or body aches
- Headache
- Sore throat

- Nausea or vomiting
- Diarrhea
- Fatigue
- Congestion or runny nose (new or unexplained)

REQUIREMENTS FOR INDIVIDUALS WITH 'SUSPECTED SYMPTOMS' TO RETURN TO SCHOOL/WORK:

- **If COVID-19 test result is negative:** Medical documentation of the negative result, remain fever free for 24 hours without the use of fever-reducing medication, and symptoms must improve (back to usual health).
- **If COVID-19 test result is positive:** Follow all guidelines and requirements from your healthcare provider and Riverstone Health for ending isolation.
- **If you decide not to seek testing:** Remain home for 10 days from the first day of symptoms. First day of symptoms = Day Zero. To return to school or work, must remain fever free for 24 hours without the use of fever-reducing medication, and symptoms must improve (back to usual health).

REQUIREMENTS FOR INDIVIDUALS WITH SYMPTOMS OF ILLNESS THAT DO NOT MEET THE DEFINITION OF A 'SUSPECT CASE' TO RETURN TO SCHOOL/WORK:

- Must remain fever free without the use of fever-reducing medications, symptoms must improve (back to usual health), and must be without vomiting or diarrhea for 24 hours before returning to school or work.

Please feel free to contact our elementary nurse, Jennifer Hancock, at nurse@eldergrove.k12.mt.us or our middle school nurse, Melissa Iverson, at iversonm@eldergrove.k12.mt.us.

Resource: <https://covid19.mt.gov/docs/Outbreak%20Response%20Protocols%20K-12.pdf>
<https://dphhs.mt.gov/assets/publichealth/CDEpi/DiseasesAtoZ/2019-nCoV/SchoolsAdendumUpdated05242021.pdf>