#### **PROGRAM NAME & ADDRESS**

A Better Life Together, Inc.

3322 Sweetwater Springs Blvd. Suite 104, Spring Valley, CA 91977 (San Diego Office)

T: 619 741 1548

### **WEBSITE ADDRESS**

abetterlifetogether.org

#### **SERVICES PROVIDED**

A Better Life Together, Inc. values choice, trust, mutual respect, honesty and integrity. We are a non-exclusionary program. We offer the following services:

- Independent Living Services
- Supported Living Services
- Community & Tailored Day Services
- Mobility Training Services
- In Home Care Services

### **ELIGIBILITY REQUIREMENTS**

Any adult, ages 18 years and older who is a consumer of the San Diego Regional Center and who desires to live or work in the community can be served.

## PROCEDURE FOR ACCESSING SERVICES

To get started contact our headquarters office at 619-741-1548 for more information.

#### **CATCHMENT AREA**

San Diego County, including North County.

#### PROGRAM NAME & ADDRESS

A Better Life Together, Inc.

The B.R.I.D.G.E. Project

8825 Aero Dr., Ste. 215

San Diego, CA 92123

T: 619-741-1548

#### **WEBSITE ADDRESS**

# abetterlifetogether.org/bridgeproject

#### SERVICES PROVIDED

- We provide Individual and Community Group Day Programs along with Independent and Supported Living Services. Our agency, A
  Better Life Together, Inc., was awarded a grant through the Department of Developmental Services to help link individuals and
  families to services provided by the San Diego Regional Center. We are currently in our second approved year and looking forward
  to a third year to continue this great work. The project is called The B.R.I.D.G.E. Project; B.R.I.D.G.E. stands for "Bridging
  Resources into Diverse Groups Everywhere."
- Our team works as a collaborative partner of the San Diego Regional Center (SDRC) and we are contacting individuals and families to confirm that they are healthy and safe during this unprecedented time. Our team has made over 4,000 calls to reach those underserved. Our project also aims to find out if there are any needs we can identify and then direct families to available resources. Those resources could be from SDRC or out in the community. To date we have distributed over 80,000 pieces of PPE to the IDD community and throughout the county.
- Another goal of our project is to determine the reason or reasons an individual or family are not receiving services from SDRC at this time.
- Assist individuals and families with navigating the SDRC system.
- Join individuals on virtual meetings and/or phone calls with their Regional Center Service Coordinator. Signed Authorizations for Disclosure of Information are required for a B.R.I.D.G.E. team member to speak with SDRC about their case. We are able to provide these Authorizations electronically or in paper form to be completed and signed.
- Explain the SDRC Intake Process and the documents needed to facilitate the process.
- Present information about SDRC, the Regional Center system and the Lanterman Act to community partners and the public at no cost.
- Share information and resources via social media sites Facebook | LinkedIn | Instagram | Twitter

### **ELIGIBILTY REQUIREMENTS**

Any current consumer of the San Diego Regional Center.

#### PROCEDURE FOR ACCESSING SERVICES

Contact one of our B.R.I.D.G.E. team.

#### **CATCHMENT AREA**

San Diego County and Imperial County

Any resident of San Diego or Imperial County believed to have an intellectual or developmental disability.

#### **PROGRAM NAME & ADDRESS**

Access One-Stop Career Center Youth program
Oceanside Live Well Center, 3708 Ocean Ranch Blvd Oceanside, CA 92056

T: 619 319 9675

#### WEBSITE ADDRESS

# access2jobs.org

#### **SERVICES PROVIDED**

We are a San Diego countywide workforce development organization for 14-24 year olds, funded under the Department of Labor & San Diego Workforce Partnership's Workforce Innovation Opportunity Act (WIOA). We provide:

- Assistance with H.S Diploma, GED & HiSET
- Work readiness workshops
- Paid internships (available in various job sectors)
- Career exploration opportunities
- Mentoring
- Supportive Services & Incentives

- College exploration (college tours and enrollment assistance)
- Occupational certifications
- Job placements
- Independent & soft skills trainings
- Career Coaching

#### **ELIGIBILITY REQUIREMENTS**

In-School Youth **ages 14-21** attending school, low-income and having a barrier to employment including: homeless; in foster care; pregnant or parenting; involved in juvenile or adult justice system; individual with disability; English language learner.

Out-of School Youth **ages 16-24** NOT attending any school and must meet one of several conditions including: school dropout, missed a semester of school, enrolled in Job Corps, etc., and must meet one employment barrier as above.

## PROCEDURE FOR ACCESSING SERVICES

- 1. Complete Access Referral Form: Access referral Form
- 2. Pre-Assessment to determine program and track
- 3. Orientation
- 4. Determine Eligibility
- 5. Complete Application in CalJOBS
- 6. Assessments and plan
- 7. Placement

#### **CATCHMENT AREA**

We provide services to all San Diego county. We currently have office hours Monday- Friday in Vista, Escondido and San Diego.

PROGRAM NAME & ADDRESS
Access to Independence
235 W. 5th Avenue, Suite 110, Escondido, CA 92025
T: 619 704 2058
WEBSITE ADDRESS
accesstoindependence.org
SERVICES PROVIDED
Access to Independence provides services to people with disabilities to assist them in achieving independent living goals. Specific services
include information and referral, peer counseling, independent living skills, training, advocacy, employment, assistive technology, community
organizing, assistance transitioning from the institutional setting and back to community living, youth transitioning, adaptive sports and
recreation, and driving education.
ELIGIBILITY REQUIREMENTS
Must be a person with a disability and able to benefit from services offered by Access to Independence. All types of disabilities and any age.
DDOCEDIUSE FOR A COSCOMO CERVICES
PROCEDURE FOR ACCESSING SERVICES
Interested parties should contact Access to Independence through the main phone number 619-293-3500. They will be transferred to the
appropriate staff member based on location and services requested. Contact Program Manager, Hermes Castro (619) 704-2058.
hcastro@accesstoindependence.org
CATCHMENT AREA
North County San Diego

#### **PROGRAM NAME & ADDRESS**

Adjoin

2635 Camino Del Rio South Suite 300

San Diego, CA 92108

Tel: 800 717 9305

#### **WEBSITE ADDRESS**

adjoin.org

#### **SERVICES PROVIDED**

All services are provided one client to one staff.

Supported Living & Independent Living Service – a continuum of supports related to building and maintaining independent living skills so that individuals can safely and fully access their communities and live in their own residences

Tailored Day Support Option – individualized day programming focused on developing skills in a vocational setting, post-secondary education, and social and recreational pursuits.

Supported Employment – Assistance with maintaining current employment by training and/or retraining of work-related job tasks, self-advocacy, and socially appropriate interactions in the workplace.

Self Determination - voluntary alternative to the traditional funded Regional Center Services. The Self Determination Program (SDP) gives people more freedom, control and responsibility to choose the services and supports that help them meet their goals and be fully included in their community. This includes current services along with services that are tailored to the needs of each individual.

# **ELIGIBILTY REQUIREMENTS**

- 18 years of age or older
- San Diego Regional Center client
- Interest in engaging with staff in one of our program areas

#### PROCEDURE FOR ACCESSING SERVICES

Contact your SDRC Service Coordinator about arranging services or reach out directly to Jeff Clark or Teri Geston at 800 717 9305

#### **CATCHMENT AREA**

North County, San Diego, Imperial Valley, and portions of Orange County.

#### **PROGRAM NAME & ADDRESS**

Adjoin - InFlight Skills Academy

Online: Accessible from anywhere in California

T: 858 292 2020

#### **WEBSITE ADDRESS**

adjoin.org/our-work/catalysts/learn

#### **SERVICES PROVIDED**

The InFlight Skills Academy is an online skills training program that teaches vocational, social, health, and safety skills to individuals with intellectual and developmental disabilities and autism. Students can take courses in Self-Advocacy, Social Skills, Healthy Relationships, Health, Personal Safety, Cooking and Meal Planning, Money Management, Employment Skills, and more! Our courses are:

- **Online:** Self-paced and live on Zoom, enjoy activities, simulations, and games in your interactive online classroom and interact with the instructor and classmates in live online seminars each week.
- **Accessible:** Designed with neurodiverse learners in mind, each course features closed captioning, click to listen, speech to text, audio, visual, recorded seminars, multi-modal assignments, and more!
- **Independent:** Take class from anywhere, anytime! You'll need a device, such as a computer tablet, or smartphone; reliable internet access; and about 4 hours per week.
- **5 Weeks:** Each course runs for 5 weeks, with each week focusing on its own topic or unit.
- **Flexible:** While we encourage students to attend the live seminars on Zoom, each session is recorded so students can truly learn at their own pace and schedule class time around their busy schedules.
- **Fun!** Earn badges, collect points, and work your way up the leaderboard with our course Gamification features. Earn a certificate each time you complete a course and work towards bigger competency certificates as you go!

# **ELIGIBILTY REQUIREMENTS**

- Age 16 and up
- Access to reliable internet
- Access to one of the following: smartphone, tablet with Android or Apple operating system (Kindle Fire not supported), or computer
- Interested in learning and participating in online classes

#### PROCEDURE FOR ACCESSING SERVICES

Email <a href="mailto:inflight@adjoin.org">inflight@adjoin.org</a>, learn more at <a href="mailto:www.adjoin.org/our-work/catalysts/learn">www.adjoin.org/our-work/catalysts/learn</a>, or sign up for the free orientation at <a href="https://adjoin-strive.talentlms.com/">https://adjoin-strive.talentlms.com/</a>

#### CATCHMENT AREA

Our online classes are available to everyone in the state of California. Courses are available through the Self-Determination Program or self/private pay. For pricing and scholarships email <a href="mailto:inflight@adjoin.org">inflight@adjoin.org</a>.

PROGRAM NAME & ADDRESS
Advanced Options
(Independent Options, Inc.)
302 Enterprise Street, Suite C
Escondido, CA 92029
T: 760 743 7193
WEBSITE ADDRESS
independentoptions
SERVICES PROVIDED
Advanced Options is a center-based behavior management day program. We provide a full-time program, Monday-Friday, 9am-3pm. Strong focus on communication, sensory activities and a wide variety of pre-vocational, as well as academic skills. The program day is individualized as much as possible for each participant. Instructor to participant ratio is 1:3, with typical classroom structure of 2 instructors and 6 participants. Consulting behavior specialist and communication specialist regularly on-site.  Independent Options, Inc: San Diego County programs include: Advanced Options day program, Adult Residential Facilities and Adult Family Homes.
ELIGIBILITY REQUIREMENTS
Participants must have at least two behaviors that are considered significant barriers to participation in other, non-behavior programs.
PROCEDURE FOR ACCESSING SERVICES
Contact SDRC Service Coordinator to make sure that individual qualifies for a BMDT program. Contact Program Director for more information or to schedule a tour.
CATCHMENT AREA
Most of North County.

# PROGRAM NAME & ADDRESS AVID Behavioral Day Program 562 W. Grand Ave Escondido, CA 92025 T: 760 691 9622 WEBSITE ADDRESS avidbdp.org **SERVICES PROVIDED** AVID Behavioral Day Program is a center-based behavior management day program. We provide a full time program, Monday-Friday 9:00 AM- 3:00 PM. AVID BDP focuses on the individualized plans. Services provided is independent living skills, behavioral management, vocational skills, transportation training, Socialization skills, communication, and community integration. Ratio is 1:3. Behavioral Consultation; Respite Services, Early Intervention ABA; Accepting Tri-Care United Health Care, and Cigna **ELIGIBILITY REQUIREMENTS** Adults, ages 18-59 who are consumers of the San Diego Regional Center with behavioral challenges. Must qualify for a Behavioral Management Program through San Diego Regional Center. Children under 3 - Early Intervention Behavioral Consultation 4-30 PROCEDURE FOR ACCESSING SERVICES Interested families and consumers should contact AVID Behavioral Day Program (760) 498-4931. They may also contact their Service Coordinator at San Diego Regional Center and express their interesting in AVID Behavioral Day Program to initiate the process. Individuals must qualify. for a Behavioral Management Day Program.

#### CATCHMENT AREA

Escondido, San Marcos, Vista, Oceanside, Valley Center, Carlsbad, Valley Center, Poway, Rancho Bernardo, Fallbrook, Oceanside (San Diego, North County)

#### PROGRAM NAME & ADDRESS

Beacons, Inc.

6150 Yarrow Drive, Suite E., Carlsbad, CA 92011

T: 760 448 6230

#### WEBSITE ADDRESS

# BeaconsNorthCounty.com

#### SERVICES PROVIDED

- 1. **Club Beacons:** Facilitated 3-hour weekend social events with dance, karaoke, movies, crafts and more. Light meal, materials and beverages are included. Usually held on the 2nd and 4th Saturday of each month. (Approx. ratios: 5:1).
- 2. **Explorer:** An enriched activities program that offers schedule flexibility (2/3/5 day options), person-driven learning options and weekly community adventures up to 30 hours a week.
- 3. **PathFinder Vocational Training:** Fall and spring vocational workshops in Creative/Graphic Design, Customer Service, Entrepreneurial Skills, Office Skills and employer specific training. **SDRC Vendor #: PY1700, Code: 102 (subcodes: Fall, Spr and mini).**
- 4. **Parent/Family/Individual Support Workshops:** Training and informational workshops are held throughout the year to help equip people with information and tools they need (e.g. IEP/ITP planning, Self-Determination Planning and Training, etc.)
- 5. **Self-Determination Planning**: Trained independent facilitators help create plans, put together teams and devise spending plans to launch

#### **ELIGIBILITY REQUIREMENTS**

**Club Beacons:** 16 and older with mild/moderate intellectual/developmental disabilities who are successful in 5:1 ratios (those in need of more support are welcome if support is provided by the individual). Private Pay only.

**Explorer:** Individuals must be independent in their self- care, be able to communicate basic needs, and work cooperatively with others without maladaptive behaviors. Private Pay and Self-Determination only at this time.

**Pathfinder:** Trainees must have exited district and have an interest in employment with sufficient classroom skills to attend without disrupting or impeding their learning or that of others in the workshop. (100% of trainees who completed the fall 2021 workshop found CIE within a month of completion). **Self-Determination:** Individuals aged 18+.

#### PROCEDURE FOR ACCESSING SERVICES

The Beacons website, <u>BeaconsNorthCounty.com</u>, has additional details for each program. For **Explorer** and **Pathfinder**, an application is submitted and applicants are screened to ensure that they meet the entrance criteria noted on the application. <u>Club Beacons has sign-ups</u> the Monday before Saturday events. <u>Self-Determination</u> has an online form to submit.

#### CATCHMENT AREA

Beacons welcomes anyone who meets the entrance criteria (where applicable). Transportation at this time is not currently provided, but other options such as LIFT (NCTD), public transit, Flex-on-demand, FACT ride coordination, Hop-Skip-Ride, Transportation training, SDRC vouchers, Uber, and Lyft may offer solutions. Our PathFinder division works with trainees to access and use transportation options.

#### **PROGRAM NAME & ADDRESS**

California Conservation Corps

1120 Sycamore Ave., Suite 1B, Vista, CA 92081

T: 760 599 9711

#### WFBSITF ADDRESS

CCC.CA.GOV

#### **SERVICES PROVIDED**

Our program provides young men and women 18 – 25 years old a year of paid service to the State of California. During their year of service, Corps members

work on natural resource and other conservation projects and respond to natural and man-made disasters. Through this work, they gain skills and experience

that lead to meaningful careers.

#### **ELIGIBILITY REQUIREMENTS**

Ages 18-25 and a CA resident (or a military veteran up to age 29)

Free of criminal convictions or pending legal action for a serious felony or violent crime

Able to successfully pass fingerprint & background check, drug test, physical exam and training

Willing and able to work outdoors in all types of weather and conditions, willing and able to respond to emergencies and be away from home or assigned center for two weeks or longer, willing and able to participate in the CCC education program

#### PROCEDURE FOR ACCESSING SERVICES

Apply Online. Once you submit your application to join, a CCC Recruiter will reach out and guide you through the steps below.

Attend an Information Session in person or online

Schedule and attend an interview with your Recruiter

Receive a CCC Center assignment

Attend your pre-training meeting

Complete Corps member Orientation, Motivation, Education and Training (COMET)

Enroll

#### CATCHMENT AREA

San Diego North County

PROGRAM NAME & ADDRESS
Casa de Amparo
325 Buena Creek Road, San Marcos, CA 92069
T: 760 566 3577
WEBSITE ADDRESS
casadeamparo.org
SERVICES PROVIDED
Residential Services to foster youth 16-21/Pregnant and Parenting ages 16-21
Transitional Housing for former foster youth ages 18-24 (new Direction)
Transitional Housing for non-minor dependents (NMD) ages 18-21 (new Direction)
Young Parent Network
Family Visitation
ELIGIBILITY REQUIREMENTS
Residential/ Foster care youth
Transitional Housing/ Former foster care youth and Non-Minor Dependents
PROCEDURE FOR ACCESSING SERVICES
Contact Casa de Amparo
CATCHMENT AREA

#### **PROGRAM NAME & ADDRESS**

Casa de Amparo: New Directions Program 103 Rancho Del Oro Drive Oceanside, CA 92057

T: 760 295 4600

#### WEBSITE ADDRESS

casadeamparo.org

#### **SERVICES PROVIDED**

The New Directions Program provides residents with stable housing, furnishings and basic necessities. Each participant will receive assistance with education and career planning, gaining employment, money management, and building healthy relationships. New Directions participants will also receive support for overall medical and mental health.

# **ELIGIBILITY REQUIREMENTS**

- 18-24 years of age
- Emancipated from foster care
- From San Diego County

#### PROCEDURE FOR ACCESSING SERVICES

- San Diego County Child Welfare Services provides referrals to this program. Teens from Casa de Amparo's Residential Services may be referred to this program, as well. Potential clients can self-refer by contacting New Directions at 760-295-4600 to determine eligibility.
- New Directions is funded by government contracts, grants and private donations
- Participants contribute to rent on a graduated plan
- San Diego County Child Welfare Services provides referrals to this program. Teens from Casa de Amparo's Residential Services may be referred to this program, as well. Potential clients can self-refer by contacting New Directions at 760-295-4600 to determine eligibility.
- New Directions is funded by government contracts, grants and private donations
- Participants contribute to rent on a graduated plan

#### **CATCHMENT AREA**

San Diego County

#### PROGRAM NAME & ADDRESS

Community Interface Services – North County

981 Vale Terrace Dr., Vista, CA 92084

Tel: 760 729 3866

WEBSITE ADDRESS

communityinterfaceservices.org

#### SERVICES PROVIDED

**Supported Employment (SE)** \* Job Development and Job Coaching Services

**Tailored Day Service - Day Your Way (DYW)** \*: Assistance with employment development/readiness, volunteer work, pursuing college, community integration, mobility training, paid internship

Career & Community Exploration Day Program (CCE) \* Typically Monday through Friday 8:30am-2:30pm focusing on vocational training skills and community integration.

Independent Living (ILS) \* Move out support and ongoing supports in the home to develop independent living skills

Supported Living (SLS) \* Move out support and ongoing supports in the home to develop independent living skills

**Social Support Facilitation (SSF)**: ages 3 yrs + promote access to community recreational opportunities. Staff work with clients and families on a time limited basis to determine and research social/recreational interests and match them with community activities.

Paid Internship Program (PIP): Assistance with paid internship development and on the job support

Self-Determination (Provider & FMS): Financial Management Services include Fiscal and Bill Payer services.

**SSA Payee Program**: Social Security approved Representative Payee services for Regional Center clients at no cost to the client.

\*Ages 18 + but usually 22 +

Work Incentives and Benefit Counseling – Individualized counseling to assist participants with understanding how employment could affect their public benefits and the various work incentives available potentially to them.

#### **ELIGIBILITY REQUIREMENTS**

Eligibility for funding through the Regional Center and/or Department of Rehabilitation. Private pay arrangements may also be made.

# PROCEDURE FOR ACCESSING SERVICES

Please contact the supervisor of the program for any questions regarding a specific program or to set up an intake meeting.

#### **CATCHMENT AREA**

San Diego County

#### **PROGRAM NAME & ADDRESS**

**COMPACT** 

220 S. Broadway, Escondido, CA 92025

T: 760 839 4515

#### **WEBSITE ADDRESS**

educationcompact.org

#### **SERVICES PROVIDED**

## NORTH COUNTY YOUTH CAREER NETWORK (WIA SERVICES)

**ACADEMIC SUPPORT:** Academic Support Specialist addresses needs, especially in preparation for the GED, CAHSEE, or SAT; also connects to additional academic support. Provides one-on-one and group tutoring for coursework and various exams

#### **CAREER:**

Career Guidance— research careers that interest you

Job Skills and Training— Create a professional portfolio which includes: resume, cover letter, I interviewing skills, and much more!!!

Paid Internships— get paid to gain work experience

Job Search Assistance— training leading to employment

**YOUTH DEVELOPMENT:** Engaging activities in cultural, civic, athletic, and recreational participation in the community. (Escondido Youth Court, Escondido Youth Voice, Safe Routes/Bike Walk, Helping Hands, and CX3.)

#### **ELIGIBILITY REQUIREMENTS**

**To qualify you must meet ONE of these eligibility requirements:** Low Income, Foster Care Youth, High School I.E.P/504 Plan **IN-SCHOOL YOUTH:** Eligible youth (16-18) who are struggling to stay in school and complete graduation requirements. Priority is given to current Seniors enrolled in a Continuation School who are ready to start a Career Pathway.

**OUT-OF-SCHOOL YOUTH:** Eligible youth (17-21) that have stopped or dropped out of high school before obtaining their high school diploma or GED. Or youth with a diploma enrolled in a Community College or Adult Education/ROP and are basic skills deficient. (Youth will be tested to assess basic skills)

**YOUTHFUL OFFENDERS:** Eligible youth (16-21) in-school and out-of-school, that have come into the Escondido Police Dept. or Probation Diversion Programs and are attending or returning to high school or JCCS. Youth that have been in a Youth Detention Facility or are on formal probation or potential parolee.

#### PROCEDURE FOR ACCESSING SERVICES

Potential participants are asked to fill out our referral form. All youth (under 18 MUST be accompanied with a parent) are required to attend a program orientation – if it is determined that they are match for our program; they will then set up an eligibility and enrollment appointment to collect and document their eligibility for the program.

#### **CATCHMENT AREA**

Serving North San Diego County (Escondido, San Marcos, Vista & Oceanside)

#### **PROGRAM NAME & ADDRESS**

**Creel Industries** 

430 N Cedar St., #H, Escondido, CA 92025 and 4715 30th Street, #6, San Diego, CA 92116

T: 619-887-3571

#### **WEBSITE ADDRESS**

creelindustries.com

#### **SERVICES PROVIDED**

**Independent Living Services (ILS)** – Independent living program & skills training to improve the quality of life, of our clients.

**Tailored Day Service Option (TDSO)-** Community based day program, 1:1 ratio, providing vocational/educational support tailored to individual & unique needs.

**Mobility Training** – Achieving independence by helping clients navigate the public transportation system.

In Home Respite – Provides non medial, in home respite care to clients & their families.

**Community Based Day Program –** Training in community/natural environment and is designed to enhance current skills and help develop new ones.

### **ELIGIBILITY REQUIREMENTS**

We are vendors to the San Diego Regional Center. All clients/referrals must be clients of the San Diego Regional Center. We proudly serve San Diego County.

Bi-lingual workers are available.

#### PROCEDURE FOR ACCESSING SERVICES

All referrals must be approved by the Service Coordinator/Regional Center, before services can be started.

#### CATCHMENT AREA

San Diego County

PROGRAM NAME & ADDRESS
Deaf Community Services of San Diego, Inc. Employment Services
1949 Avenida del Oro, Suite 106, Oceanside, CA 92056
VP 619 550 3436
WEBSITE ADDRESS
deafcommunityservices.org/employment-services/
SERVICES PROVIDED
Resume and cover letter workshops
Application processing
Job interview techniques
Recruitment, referrals, counseling and resources
Job search training
Placement and job monitoring with 30 day follow up
Interpreters for job interviews, job orientation, job training, and job fairs
ELIGIBILITY REQUIREMENTS
To be eligible for the program you have to have a hearing loss, a desire to work and have original Authorization to Work documents.
PROCEDURE FOR ACCESSING SERVICES
If you live in North County San Diego, please contact me at willow.wright@edd.ca.gov, my phone at 760 414 3529. Or my videophone at 760 230 5441. We can
set up an appointment for intake with myself or one of my colleagues. At the intake appointment, you will need to bring with you an original Authorization to
Work (I-9) document (Social Security Card, US Passport/ Permanent Residence Card, Employment Authorization card, etc.). Intake will be at the North Coastal
Career Center in Oceanside. At that time, services and procedure will be discussed and explained. To receive interpreting services you must have an open
case with us.
CATCHMENT AREA

#### **PROGRAM NAME & ADDRESS**

Department of Rehabilitation(DOR) –North County Coastal and Inland 570 Rancheros Drive, Suite 170, San Marcos, CA 92069\

T: 760 510 4705

#### WFBSITF ADDRESS

#### dor.ca.gov

CONTACT NAME/S & TITLE	EMAIL/S
Scott Jaeger: Team Manager (Inland)	scott.jaeger@dor.ca.gov
Valerie Dignadice: Team Manager (Coastal)	valerie.dignadice@dor.ca.gov
SERVICES	S PROVIDED
Counseling and guidance.	Technical assistance for self-employment.
<ul> <li>Referrals and assistance to get services from other agencies.</li> </ul>	<ul> <li>Rehabilitation assistive technology services and devices.</li> </ul>
<ul> <li>Job search and placement assistance.</li> </ul>	Supported employment services.
<ul> <li>Vocational and other training services.</li> </ul>	Services to the family.
<ul> <li>Evaluation of physical and mental impairments.</li> </ul>	Transportation as required, such as travel and related expenses, that is
<ul> <li>On-the-job or personal assistance services.</li> </ul>	necessary to enable you to participate in a VR service.
<ul> <li>Interpreter services.</li> </ul>	Transition services for students.
<ul> <li>Rehabilitation and orientation/mobility services for individuals who are</li> </ul>	Expansion of employment opportunities for individuals with disabilities, which
deaf/hard of hearing and/or blind/low vision.	include, but are not limited to, professional employment and
<ul> <li>Occupational licenses, tools, equipment, initial stocks, and supplies.</li> </ul>	self-employment.
	Post-employment services.

#### **ELIGIBILITY REQUIREMENTS**

- Have a physical or mental impairment that substantially impedes his or her ability to secure employment and VR services are required to prepare for, secure, retain or regain employment consistent with the applicant's unique strengths, resources, priorities, concerns, abilities, capabilities, interests, and informed choice.
- Be able to benefit from the DOR services in terms of an employment outcome in an integrated setting. If you are receiving SSA benefits or have a valid "ticket to Work" you are presumed eligible for DOR services.

#### There are three priority categories:

- 1) Individuals with the most significant disabilities (priority category)
- 2) Individuals with significant disabilities (priority category)
- 3) All other eligible individuals determined to have a disability (priority category)

#### PROCEDURE FOR ACCESSING SERVICES

- 1. Request VR services in one of the following ways:
  - a. Contact the local DOR office in your area.
  - b. Apply for Services online at the DOR website: www.dor.ca.gov/Home/GettingStarted
- 2. Be available to complete the assessment process. This includes activities such as attending the initial interview, participating in the evaluation of your skills and capabilities, and completing your part of any actions you and your VR counselor agree upon.

#### **CATCHMENT AREA**

North County Inland: communities from Penasquitos north to Riverside County and east to Imperial County. North County Coastal: Del Mar north to Orange County and east to Vista

#### **PROGRAM NAME & ADDRESS**

**DOR: Student Services** 

570 Rancheros Drive, Suite 170, San Marcos, CA 92069

T: 760 510-4705

#### **WEBSITE ADDRESS**

dor.ca.gov/Services-to-Youth/index.html

CONTACT NAME/S & TITLE	EMAIL/S
Marita Beiner, Student Services Counselor – North Inland	marita.beiner@dor.ca.gov
Mandy Vasquez-Guerra, Service Corodinator - North County Inland	mandy.vasquez-guerra@dor.ca.gov
Militza Jimenez, Student Services Counselor - North County Coastal	militza.jimenez@dor.ca.gov
Mayra Zamudio, Service Corodinator - North County Coastal	mayra.zamudio@dor.ca.gov

#### **SERVICES PROVIDED**

The Department of Rehabilitation (DOR) provides valuable skills to propel students on a path toward an independent and successful future. DOR Student Services

are activities that support you in exploring and preparing for the world of work. Services are based on your interests - you could try a bunch of activities or just a

few.

DOR Student Servces include: Job Exploration, Post-Secondary Counseling, Skills for Work, Self-Advocacy and Work Experience.

### **ELIGIBILITY REQUIREMENTS**

You must be a **student** (you need to be enrolled in school, but it's okay if you're on a break or if school hasn't started yet).

You're between the ages of 16 and 21 (including 16 and 21)

At least one of these options is true:

- You have a 504 plan, or you're eligible for one if you want one
- You have an IEP
- You have a disability
- Others think you have a disability

#### PROCEDURE FOR ACCESSING SERVICES

Contact the DOR San Marcos Office 760-510-4705

**Contact Student Services directly** 

Contact DOR Youth Services at YouthServices@dor.ca.gov

Visit the DOR Student Services webpages at www.dor.ca.gov/Home/StudentServices

#### CATCHMENT AREA

North County Inland- San Marcos USD, Escondido USD, Ramona USD, Poway USD, Valley Center USD, Borrego Springs USD, and Warner USD

North County Coastal – San Dieguito UHSD, Carlsbad USD, Oceansine USD, Vista USD, Fallbrook USD, and Bonsall USD

PROGRAM NA	ME & ADDRESS
D'Vir	ne Path
WEBSITE	ADDRESS
dvinepath.org	
CONTACT NAME/S & TITLE	EMAIL/S
Lenila Batali, Executive Director	lenila@dvinepath.org
CERVICES DROVIDED	

#### SERVICES PROVIDED

Our mission at D'Vine Path is to provide vocational and life skills training to people with disabilities in agriculture, hospitality and the arts.

We are a unique program based on an 8 acre vineyard ranch.

This program is designed to help individuals with Aspergers and other high functioning disabilities identify, develop, and achieve their goals while exploring opportunities to advance their education, employment, life skills, health, and well-being.

- -Farmer's markets
- -Monthly mock job interviews
- -Local supported employment
- -Soft skills workshops
- -Functional academics
- -Healthy lifestyle training by certified fitness trainers and certified nutritionists
- -Local field trips
- -Expert guest speakers
- -Animal husbandry
- -Art workshops
- -Gardening
- -Hospitality training and paid employment catering through D'Vine Path

We believe in learning, growing and empowering.

#### **ELIGIBILTY REQUIREMENTS**

We accept Regional Center, Department of Rehabilitation and private pay clients. They must be 18 years and older.

Due to uneven terrain we are not able to accept non-ambulatory clients at this time.

#### PROCEDURE FOR ACCESSING SERVICES

People interested in our program can contact us directly or through their Regional Center service coordinator. A program introduction and tour is then scheduled to determine if this would be a good placement for the individual. We also request a collateral package from the service coordinator. Acceptance is based on a mutual determination of appropriateness of program and the openings available

#### **CATCHMENT AREA**

San Diego County

# **PROGRAM NAME & ADDRESS** Easter Seals Southern CA - WorkFirst 401 South Ivy Street, Escondido, CA 92025 T: 760 737 3990 WEBSITE ADDRESS easterseals.com/southerncal/our-programs/employment-training/ **SERVICES PROVIDED** WorkFirst is a division of Easterseals dedicated to providing one-on-one, customized services for people with disabilities interested in entering, or re-entering the workforce. **ELIGIBILITY REQUIREMENTS** Participants have to be clients of the San Diego Regional Center. PROCEDURE FOR ACCESSING SERVICES Participants have to contact their Regional Center service coordinator to show an interest in the program, and attend a tour/intake with the Easter Seals program director. **CATCHMENT AREA**

Program serves Poway, Escondido, San Marcos, Vista and Oceanside.

#### **PROGRAM NAME & ADDRESS**

Education To Career Network of North San Diego County

**ETCN Consortium** 

13626 Twin Peaks Road

Poway, CA 92064

T: 858 668 4024

#### **WEBSITE ADDRESS**

educationtocareer.net

#### **SERVICES PROVIDED**

Adult Education services and academic and career counseling

Free ABE, US Citizenship, ESL, High school diploma, HISET, GED courses

Non-paid Internships and externships

Student Supportive services & Disability Support services

Low cost CTE / Vocational education and training courses

### **ELIGIBILITY REQUIREMENTS**

Must be at least 18 years of age to enroll

Minors can enroll in our CTE / Vocational training courses if he or she already has a high school diploma or equivalency

Each partnered Adult Education provider (college and or adult school) might have additional requirements

CTE / Vocational courses are approved under the regions ETPL /WIOA listing

#### PROCEDURE FOR ACCESSING SERVICES

Must attend an online or in person new student orientation at www.escondidoadultschool.org

Enroll into class online at www.escondidoadultschool.org

#### **CATCHMENT AREA**

North San Diego County

Palomar Community College District (college boundaries)

#### PROGRAM NAME & ADDRESS

Exceptional Family Resource Center (EFRC) 9245 Sky Park Court, #125 San Diego, CA 92123

T: 619) 594 7416

#### WFBSITF ADDRESS

efrconline.org

CONTACT NAME/S & TITLE	EMAIL/S
Joyce Clark, Co-Director, Family Empowerment Center	Joyce.clark@sdsu.edu
Joe R. Goyos, Program Specialist I: Training/Education (Spanish & English)	jgoyos@sdsu.edu
Moira Allbritton, Program Specialist I: Training/Education (English)	mallbritton@sdsu.edu

#### **SERVICES PROVIDED**

EFRC offers individualized support, information, resources, and referral services to parents/families of children with disabilities across the lifespan. Services related to transition include but are not limited to Individualized Education Program (IEP) and Individual Transition Plan (ITP) support and transition to adult programs, services and post-secondary education.

Transition resources include information on education, vocational and life skill programs, person-centered planning and navigating complex systems: Regional Center, In Home Support Services, Self Determination, and Dept. of Rehabilitation.

In addition to customized services, EFRC offers workshops on Transitioning to Adulthood: What Family Members and Students Need to Know to be Meaningfully Involved, Person Centered Planning, and ADA Accommodations in post-secondary education and the workplace.

EFRC also collaborates with NCCSE on their Resolutions for Student Success Program.

#### **ELIGIBILTY REQUIREMENTS**

There are no eligibility requirements for EFRC services. All EFRC services are 100% free to families.

#### PROCEDURE FOR ACCESSING SERVICES

# To access EFRC services and support please contact us at:

General Information & Referral Line: 619-594-7416

- EFRConline.org "contact us: form: https://efrconline.org/contact-us/
- Special Education/IEP/RSS Program: 619-594-7383 / jgoyos@sdsu.edu or mallbritton@sdsu.edu

# **CATCHMENT AREA**

San Diego County

**Imperial County** 

PROGRAM	I NAME & ADDRESS	
Goodwill In	dustries of San Diego	
3663 Rosecrans St., San Diego, CA 92110		
	19 225 2200	
	SITE ADDRESS	
	goodwill.org	
CONTACT NAME/S & TITLE	EMAIL/S	
Ruth Davis – SE Program Manager	rdavis@sdgoodwill.org	
Cindy Romaine – IP Job Coach Coordinator	cromaine@sdgoodwill.org	
	CES PROVIDED	
Individual Placement - DOR General		
Supported Employment Job Development		
Supported Employment Job Coaching		
Supported Employment Group		
SDRC- Day program services		
ELIGIBILI <sup>-</sup>	TY REQUIREMENTS	
Must be a Regional Center Client 18 years or older for Supported Em		
Must be a DOR client 18 years or older for DOR Generalist Placement	Services	
No dispensing of medications.		
No 'behaviors', must be independently able to self-care (restroom).		
PROCEDURE FO	OR ACCESSING SERVICES	
Can Diago Degianal Contarts conductoral and colleteral to Drograms	Descritor for accomment of convices	
San Diego Regional Center to send referral and collateral to Programs Recruiter for assessment of services		
DOR to send referral and collateral to Programs Recruiter for assessment of services		
	CHMENT AREA	
San Diego County		

PROGRAM NAME & ADDRESS  Job Options Inc.  4015 Avenida De La Plata Oceanside, CA 92056 T: 760 547 2480  WEBSITE ADDRESS  joboptionsinc.org  SERVICES PROVIDED  Employment:  Grounds Maintenance/Landscaping Custodial/Housekeeping Shelf Stocking Laundry Food Services Administrative Support  ELIGIBILITY REQUIREMENTS  Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's letterhead/stationary.
4015 Avenida De La Plata Oceanside, CA 92056 T: 760 547 2480  WEBSITE ADDRESS joboptionsinc.org  SERVICES PROVIDED  Employment:  Grounds Maintenance/Landscaping Custodial/Housekeeping Shelf Stocking Laundry Food Services Administrative Support  ELIGIBILITY REQUIREMENTS  Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's
T: 760 547 2480  WEBSITE ADDRESS  joboptionsinc.org  SERVICES PROVIDED  Employment:  Grounds Maintenance/Landscaping Custodial/Housekeeping Shelf Stocking Laundry Food Services Administrative Support  ELIGIBILITY REQUIREMENTS  Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's
WEBSITE ADDRESS joboptionsinc.org  SERVICES PROVIDED  Employment:  Grounds Maintenance/Landscaping Custodial/Housekeeping Shelf Stocking Laundry Food Services Administrative Support  ELIGIBILITY REQUIREMENTS  Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's
joboptionsinc.org  SERVICES PROVIDED  Employment:  Grounds Maintenance/Landscaping Custodial/Housekeeping Shelf Stocking Laundry Food Services Administrative Support  ELIGIBILITY REQUIREMENTS  Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's
SERVICES PROVIDED  Employment:  Grounds Maintenance/Landscaping Custodial/Housekeeping Shelf Stocking Laundry Food Services Administrative Support  ELIGIBILITY REQUIREMENTS  Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's
Employment:  Grounds Maintenance/Landscaping  Custodial/Housekeeping  Shelf Stocking  Laundry  Food Services  Administrative Support  ELIGIBILITY REQUIREMENTS  Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's
<ul> <li>Grounds Maintenance/Landscaping</li> <li>Custodial/Housekeeping</li> <li>Shelf Stocking</li> <li>Laundry</li> <li>Food Services</li> <li>Administrative Support</li> <li>ELIGIBILITY REQUIREMENTS</li> <li>Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's</li> </ul>
<ul> <li>Custodial/Housekeeping</li> <li>Shelf Stocking</li> <li>Laundry</li> <li>Food Services</li> <li>Administrative Support</li> <li>ELIGIBILITY REQUIREMENTS</li> <li>Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's</li> </ul>
<ul> <li>Shelf Stocking</li> <li>Laundry</li> <li>Food Services</li> <li>Administrative Support</li> <li>ELIGIBILITY REQUIREMENTS</li> <li>Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's</li> </ul>
<ul> <li>Laundry</li> <li>Food Services</li> <li>Administrative Support</li> <li>ELIGIBILITY REQUIREMENTS</li> <li>Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's</li> </ul>
<ul> <li>Food Services         <ul> <li>Administrative Support</li> </ul> </li> <li>ELIGIBILITY REQUIREMENTS</li> <li>Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's</li> </ul>
<ul> <li>Administrative Support          ELIGIBILITY REQUIREMENTS          Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's</li> </ul>
ELIGIBILITY REQUIREMENTS  Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's
Candidates submit a copy of their Axis I Diagnosis or a letter from their doctor stating what their disability is and what their limitations are. Either document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's
document must be signed by the doctor (i.e., M.D., Ph.D. or psychologist), stamped signatures will not be accepted. Letters must be on the doctor's
letterhead/stationary.
PROCEDURE FOR ACCESSING SERVICES
Email: whelwig@joboptionsinc.org
CATCHMENT AREA

San Diego County

PROGRAM NAME & ADDRESS
LOL-Life Of Liberty, Inc. Adult Day Program
320 N. Horne St. Oceanside, CA 92054
T: 760 433 5411
WEBSITE ADDRESS
lol-lifeofliberty.com
SERVICES PROVIDED
Day services, vocational, educational, functional academic skills, independent living skills, leisure activities, behavior assessments and many other services not
detailed here.
ELIGIBILITY REQUIREMENTS
Must be an adult ages 18-59 diagnosed with a developmental disability to be eligible for the ADC component of LOL-Life of Liberty.
PROCEDURE FOR ACCESSING SERVICES
All referrals originate through the SDRC.
CATCHMENT AREA
Oceanside, Carlsbad, Vista, San Marcos, Encinitas, Fallbrook

# PROGRAM NAME/ADDRESS/PHONE MiraCosta College Adult and Continuing Education 1831 Mission Avenue, Oceanside, 92058 T: 760 795 8716 WEBSITE ADDRESS miracosta.edu/continuinged SERVICES PROVIDED Free instructional programs for adults with developmental and intellectual disabilities as well as adult high school, GED, ESL, and job skills preparation. Most classes are held at the Community Learning Center with many ESL classes offered throughout our service area at libraries and community centers **ELIGIBILITY REQUIREMENTS** Over the age of 18 PROCEDURE FOR ACCESSING SERVICES Apply at - miracosta.edu/admissions-and-aid/noncredit-students.html Meet with a DSPS counselor to determine necessary accommodations if necessary - miracosta.edu/studentservices/dsps/index.html Enroll in classes **CATCHMENT AREA** MiraCosta Community College District (coastal north county)

# **PROGRAM NAME & ADDRESS** MiraCosta College, Student Accessibilty Services See website for 3 campus locations T: 760 795 6658 WEBSITE ADDRESS miracosta.edu/student-services/sas/ **SERVICES PROVIDED** Services and accommodations to students who have verified disabilities. Services and accommodations available: exam accommodations, more. note-takers, ASL interpreters, Real Time Captioning, Assistive Technology Lab, Academic Counseling, Priority Registration, Advocacy, and much more. **ELIGIBILITY REQUIREMENTS** To access services in SAS, students with disabilities must: • Complete a SAS application for services • Submit professional verification of disability • Meet with a SAS Counselor to complete intake appointment PROCEDURE FOR ACCESSING SERVICES Call the SAS Office at 760-795-6658 to schedule your intake appointment with a SAS Counselor at any of our 3 campus locations: Oceanside (Main campus), Community Learning Center (Mission Ave.), or San Elijo (Cardiff). **CATCHMENT AREA**

Primarily north county San Diego but anyone can apply both in and out of state.

#### PROGRAM NAME & ADDRESS

Mountain Shadows Outreach Services - 970 Los Vallecitos Blvd., Suite 140 San Marcos, CA 92069 - T: 760 743 3714

#### WEBSITE ADDRESS

mtnshadows.org

#### SERVICES PROVIDED

Mountain Shadows Outreach Services: MSOS adult day program serves up to 120 consumers in a center-based environment accessible to community resources, shopping, recreation, and transportation. The overall ratio of staff to consumers is 1:3, unless consumer needs require and funding is approved for more intensive support. MSOS incorporates community integration, mobility training, arts/crafts, sensory therapy, cooking workshops, computer lab, volunteer opportunities and skilled nursing care.

**Restricted Healthcare:** MSOS can support consumers with medical and physical conditions that are considered health restriction conditions; contact MSOS for a detailed list of supported conditions.

**Tailored Day:** It is the purpose of MSOS Tailored Day Program to provide the one-on-one support necessary for consumers to build community and vocational relationships and skills. MSOS Tailored Day Program maintains the values that are central to the concept of person centered support (e.g. choice, individuality, respect, and social interactions). These values enable a consumer, with support, to shape their future.

### **ELIGIBILITY REQUIREMENTS**

Consumers may enroll in MSOS based on their need for services provided they meet the following eligibility criteria:

- 1) Must be an adult with developmental disabilities, 18 years of age or older.
- 2) MSOS can support consumers with medical and physical conditions that are considered a Health Restriction Condition and require exceptions from Community Care Licensing (contact MSOS for a detailed list of supported conditions).
- 3) Must be able to participate safely in the program activities at a staffing ratio of 1:3 or lower ratio authorized and funded by the vendoring regional center.
- 4) The program will be notified if a consumer attending the program has or has had a contagious infection or condition during the time that they are enrolled.

No person with a contagious infection or condition is permitted to attend MSOS. A physician's note indicating that a person is no longer contagious must be received by MSOS prior to a person returning to program.

#### PROCEDURE FOR ACCESSING SERVICES

To initiate the admission process, a referral packet must be submitted to MSOS (in most cases MSOS can request this from a potential client's San Diego Regional Center Service Coordinator). The referral packet will include the following (other documents may be required on an as needed basis):

- 1. Current social assessment
- 2. Current psychological assessment
- 3. Current Consumer Program Plan
- 4. Current Annual Review
- 5. Current medical assessment/physicians orders
- 6. Immunization Record
- 7. State issued ID (if available)
- 8. Social Security (if available)
- \* Upon acceptance, MSOS staff will notify the consumer and the Regional Center Service Coordinator by phone and/or in writing.

#### **CATCHMENT AREA**

San Diego-North County

#### **PROGRAM NAME & ADDRESS**

North County Coastal Career Center

Oceanside Live Well Center, 3708 Ocean Ranch Blvd Oceanside, CA 92056

T: 760 631 6150

#### **WEBSITE ADDRESS**

workforce.org

#### **SERVICES PROVIDED**

Career centers offer job search and career development resources to all San Diego County job seekers, regardless of income or background—at no cost. Visit a location near you to gain access to:

- Employment opportunities
- Workshops and hiring events
- Low- and no-cost training and education programs for eligible job seekers
- Computers, internet, phones, printers and other technology to use for your job search
- Labor market information—learn what industries are hiring for what skills
- Typing certificate and Microsoft Word classes
- Priority service for veterans and their spouses

### **ELIGIBILITY REQUIREMENTS**

18+, Right to Work Documents, six months of paystubs (if applicable), unemployment insurance documentation (if applicable)

Dependent on individual's circumstances. Speak to a Career Agent for required documentation

#### PROCEDURE FOR ACCESSING SERVICES

Walk into a Career Center and ask to speak to a Career Agent for an On-Demand Orientation

#### **CATCHMENT AREA**

#### **PROGRAM NAME & ADDRESS**

North County Transit District (LIFT Program) 800 Mission Avenue, Oceanside, CA 92054

T: 760 967 2842

#### **WEBSITE ADDRESS**

Gonctd.com

CONTACT NAME/S & TITLE

EMAIL/S

Robert Gebo, Manager of Paratransit and Mobility Services

rgebo@nctd.org

#### SERVICES PROVIDED

North County Transit District (NCTD) provides LIFT, Americans with Disabilities Act (ADA) Paratransit Service, provides origin-to-destination public transportation to eligible customers whose disabilities prevent them from using fixed-route bus and rail for some or all trips. LIFT is provided by NCTD through its contractors, ADARide and MV Transportation (MV). ADARide is responsible for determining eligibility and certification, while MV is responsible for providing reservations, dispatching, and transportation. LIFT service is available during the same hours and days of operation including holidays as NCTD's BREEZE bus and SPRINTER rail system. LIFT is provided to areas that are within ¾ of a mile of an NCTD BREEZE bus route and/or SPRINTER rail station.

#### **ELIGIBILITY REQUIREMENTS**

An individual is eligible to use LIFT if he/she has a disability and meets one of the following criteria:

- 1. He/she is unable to board, ride, or disembark from an accessible vehicle without the assistance of another person (except for the operator of a lift or other boarding device).
- 2. He/she is a person with a disability who can use accessible buses on routes that are not fully served by accessible buses, or when the bus stop is not accessible due to physical characteristics of the stop.
- 3. He/she has a specific impairment-related condition that prevents him/her from traveling to or from a boarding and disembarking location.

Under these criteria, NCTD has three categories of eligibility that are in compliance with 49 CFR 37.123(e):

**Unconditional Eligibility:** Persons who are unable to use the fixed-route service under any circumstances due to his or her disability or medical condition. Included in this category is "[a]ny individual with a disability who is unable, as a result of a physical or mental impairment (including a vision impairment), and without the assistance of another individual (except the operator of a wheelchair lift or other boarding assistance device), to board, ride, or disembark from any vehicle on the system which is readily accessible to and usable by individuals with disabilities."

Conditional Eligibility: Person can be reasonably expected to make some trips on the fixed-route services. For example, a person may be able to reach bus stops that are no more than three blocks away, or a person may need paratransit service if there are paths of travel obstacles such as steep hills, deep snow, ice, or other obstacles. Another person may have a variable health condition; on some days, fixed-route use is possible and other days, it is not. Conditional Eligibility consists of a sub-category, trip-by-trip eligibility. Trip-by-Trip eligibility applies where the physical conditions at certain origins and/or destinations make use of the fixed-route system unreasonable. Eligibility is determined each time the eligible customer calls. Included in this category is "[a]ny individual with a disability who has a specific impairment-related condition which prevents such individual from traveling to a boarding location or from a disembarking location on such system."

**Temporary Eligibility:** Temporary Eligibility: This category of eligibility applies to those persons with temporary medical conditions or disabilities, which may prevent them from using the fixed-route system for a limited period of time.

**Eligibility is NOT based on:** Age, economic condition, or inability to drive an automobile; Having a medical condition or a disability will not automatically qualify applicants for ADA paratransit eligibility.

#### PROCEDURE FOR ACCESSING SERVICES

Eligibility certification for LIFT paratransit service consists of a completed application and a health care provider form.

#### CATCHMENT AREA

North County San Diego

PROGRAM NAME & ADDRESS
North County Lifeline – Housing and Transition
200 Michigan Avenue, Vista, CA 92084
3142 Vista Way Suite 400, Oceanside, CA 92056
T: 760 726 4900
WEBSITE ADDRESS
nclifeline.org
SERVICES PROVIDED
Life Spring – Transitional housing for young men ages 18-24 transitioning out of foster care
Project Outreach – Emergency assistance and employment services for homeless families with children in the Vista Unified School District
Educationally Related Mental Health Services Program (ERMHS) – Individual, group and/or family therapy to foster educational success for
students preschool through age 21, or completion of high school education with active IEP's. Lifeline ERMHS currently partners with the Bonsall
and Fallbrook school districts.
ELIGIBILITY REQUIREMENTS
Eligibility for each service is different. Individuals should call the intake line and the representative will conduct a brief assessment and help the
individual identify which services they are eligible for and connect them to the appropriate person.
PROCEDURE FOR ACCESSING SERVICES
Call 760 726 4900
CATCHMENT AREA
North County San Diego

#### **PROGRAM NAME & ADDRESS**

Open Arms Vocational Services 3211 Celinda Drive, Carlsbad, CA 92008

T: 503 459 3130

#### WFBSITF ADDRESS

openarmsvocational.com

CONTACT NAME/S & TITLE	EMAIL/S
Mary Quick - Director	openarmsvocational@gmail.com

#### SFRVICES PROVIDED

Open Arms Vocational Services is a five hour community based day program. The goal for each person enrolled at OAVS is to obtain a paid job, volunteer job and learn skills that help them to become more independent, such as cooking, second language, computer skills, etc. OAVS is dedicated to teaching individuals to create assertive and independent skills, as well as create positive social skills; allowing them the opportunity to be more productive, create greater choices and opportunities within the community. Individuals will learn to adapt to new and changing environments, teaching them flexibility, resourcefulness and perseverance. The experiences people will learn in our program will help create a successful transition towards leading an independent life.

#### **ELIGIBILITY REQUIREMENTS**

- 1. Documentation of diagnosed developmental and/or physical disability that qualifies the individual for the program.
- 2. The individual must be at least 18 years of age or older.
- 3. A current medical report that reflects the individual's current physical condition, including a physician's statement of any activities the individual must avoid and if the individual is free from communicable diseases
- 4. Must have third party sponsorship (i.e Regional Center) or an ability to pay.
- 5. Individual does not have ongoing medical intervention that would prevent him/her from program participation, nor has an outside means for providing intervention during program hours.
- 6. Required collateral: Current medical, psychological, IPP, CDER, and social summary.
- 7. The individual is not eligible for the same or similar services from a generic agency that is funded to provide the service to the general public with the exception of program jointly funded by generic agencies and the regional center.
- 8. Cognitive abilities will be accepted; mild to severe intellectual disabilities

### PROCEDURE FOR ACCESSING SERVICES

Prospective clients can meet or call the director or assistant director anytime to discuss services. Ultimately, contact with their social worker should be made or they can contact OAVS directly and we can facilitate service planning with their social worker.

#### **CATCHMENT AREA**

OAVS serves individuals from the cities that cover San Diego Regional Center; specifically, in North County (Oceanside, Carlsbad, Vista, Encinitas, Del Mar, Solana Beach, Escondido, Fallbrook, San Marcos, Poway, Valley Center, Ramona and Rancho Bernardo).

PROGRAM NAME & ADDRESS		
Options For All		
5050 Murphy Canyon Rd., Suite 220, San Diego, CA 92123		
T: 858 565 9870		
WEBSITE ADDRESS		
optionsforall.org		
SERVICES PROVIDED		
Integrated Employment – community-based vocational day program		
Supported Employment – individual vocational placement/support		
Independent Living Services		
Tailored Day program		
ELIGIBILITY REQUIREMENTS		
Regional Center client		
PROCEDURE FOR ACCESSING SERVICES		
Contact Options For All Program Manager for info/tour. Contact SDRC to initiate funding.		
CATCHMENT AREA		
North County		

PROGRAM NAME & ADDRESS		
Palomar College Disability Resource Center (DRC)		
1140 West Mission Road San Marcos, CA 92069		
T: 760 744 1150 ext. 2375		
WEBSITE ADDRESS		
palomar.edu/drc		
CONTACT NAME/S & TITLE	EMAIL/S	
Shauna Moriarty, Ed.D, Director, DRC	smoriarty@palomar.edu	
Dan Dryden, Administrative Specialist II, DRC	ddryden@palomar.edu	
SERVICES PROVIDED		
Academic accommodations (priority registration, class registration, test proctoring, assistive technology, provision of recorders, on campus mobility assistance (when available), specialized support courses, etc)		
Certificate, degree and/or transfer counseling		
Disability management		
Coordination of accommodations with staff and faculty		
ELIGIBILITY REQUIREMENTS		
Must be a student with an application on file to Palomar College and a student ID number;		
DRC application and verification of disability must be on file (both forms on DRC website)		
PROCEDURE FOR ACCESSING SERVICES		
1. Individual must have a student ID by applying to Palomar College: palomar.edu/apply		
2. Student must complete and bring the DRC application to DRC office (DSPS-1)		
3. Student must bring verification of disability (most recent IEP; Psych/Soc evaluation; 504 plan or medical verification) to DRC office (DSPS-1)		
4. Upon receipt of application and verification, DRC staff will set-up a one-hour intake appointment for the student with a DRC counselor.		
5. Students should apply early, as intake appointments fill up quickly and accommodations will not be in effect until intake appointment is complete.		
CATCHMENT AREA		

Del Mar, Escondido, Poway/Rancho Bernardo, San Marcos, Vista, Fallbrook, Valley Center, Ramona, and Julian

#### **PROGRAM NAME & ADDRESS**

**PRIDE Industries** 

7540 Metropolitan Dr. Suite 105, San Diego, CA 92108

T: 619 681 1999

#### WEBSITE ADDRESS

prideindustries.com

#### SERVICES PROVIDED

Contract Services (CS)/ Work Activity Program (WAP)/Outsourcing Solutions: Clients that have never worked before or have barriers to employment, learn important basic jobs skills to prepare them for future positions in the community through ongoing support, guidance and supervision from Employment Training Specialist (ETS) who will coach them and help them gain confidence.

**Group Services (GS)/Employee Leasing:** As clients in Contract Services (CS) gain skills, they can choose to move into the community by working on-site in the first level of 'supported employment'. Other clients begin directly in this group setting, where a team of 3-4 individuals works under the continuous supervision, training and support of an ETS. Commonly, clients work in food services, production support, laundry services, car washing, grounds keeping, litter abatement or janitorial services.

Individual Placement (IP)/Direct Hire: This type of 'supported employment' provides clients with maximum independence, working alongside co-workers with or without disabilities. An ETS provides 100% training, support and supervision for the first month of employment, gradually decreasing to part-time (20%) as clients become more comfortable and independent in their jobs. Some newly enrolled PWI clients begin directly in Individual Placement (IP). Others start in CS or GS before transitioning into IP.

Vocational Assessment Services (VAS): A unique service offered by PWI. Clients who are ready to make a transition into outside employment have the opportunity to work with a Vocational Assessment Services Specialist who will assist them to identify their strengths and interests, will assess them for work readiness and teach them the strategies and practical skills they need to ensure their success. Clients can visit various businesses, observe employees at work and even try a hand at jobs they may have an interest in. Services include Job Exploration ('shadowing' another employee to learn job duties or assist in job choice); External Situational Assessment (learning to perform 'hands-on' tasks of a job); and Personal, Vocational and Social Adjustment (strategies for overcoming barriers to employment in the community, such as communication, assertiveness and decision-making skills).

Creating Opportunities in Recreation and Employment (CORE): This program provides occupational evaluation, transferrable skill assessment, travel training, job preparation, paid employment, volunteer work and recreational opportunities. PWI will provide 100% supervision in community based training and support for individuals, with outcome being inclusion of clients into work, recreation, and everyday life in their community. The service consists of 1 Support Specialist to 3 clients during a 6 hour program day.

#### **ELIGIBILITY REQUIREMENTS**

Partnerships With Industry's (PWI) services are free of charge to all participating clients and/or family members. In order to qualify for Partnerships With Industry's services potential clients need to:

- Have an active/open case with the San Diego Regional Center, or qualify for services with the CA
- Department of Rehabilitation
- Not present a danger of injury to himself/herself, others, or property
- Care for personal issues (e.g., medication, etc.) independently
- Adhere to PWI's policies and procedures

- Arrange and maintain reliable transportation independent of Partnerships With Industry
- Coordinate funding before Partnerships With Industry services can be provided if they are not a client of the San Diego Regional Center
- Work the minimum number of hours required by their program
- Be willing to follow program guidelines, attendance, and punctuality
- Be willing to challenge themselves to succeed with support provided by Partnerships With Industry
- Be the leader of their vocational planning

#### PROCEDURE FOR ACCESSING SERVICES

- 1. Contact San Diego Regional Center (SDRC)— visit their website or call 760.736.1200. Clients must meet certain requirements and be referred by a San Diego Regional Center Client Services Coordinator.
- 2. Once approved by San Diego Regional Center, PWI will conduct an assessment of the client's vocational interests and goals and arrange an 'intake meeting' with the SDRC Coordinator or DR Counselor and PWI Staff. Eligibility for services will be determined at this time. Please note: a copy of a most recent physical exam or a new physical examination may be requested at this time. Opening a case with Department of Rehabilitation (DR) can take up to 60 (sixty) days or longer. We encourage constant communication with your PWI manager regarding your status or to answer any other questions. It is only when clients complete all steps that we can begin working together. The PWI manager is the client's point of contact and will assist them with each step.

#### CATCHMENT AREA

North County

#### **PROGRAM NAME & ADDRESS**

San Diego Job Corps Center

U.S. Department of Labor

Southern California Outreach and Admission Services and Campus: 1325 Iris Avenue, Imperial Beach, CA 91932

North County Admission Services: 1949 Avenida Del Oro, Suite 106, Oceanside CA 92056

T: 619 429 8500

#### **WEBSITE ADDRESS**

recruiting.jobcorps.gov

#### SERVICES PROVIDED

**Education & Career Technical Training** 

Career Guidance and Mentoring

Work Based Learning / On the Job Training Opportunities

Social Skills & Independent-Living Skills

Residential Campus Dorms (includes meals, basic medical care and bi weekly living allowance)

Job Search & Transition Assistance

# **ELIGIBILITY REQUIREMENTS**

Must be ages 16-24

Must be ready to work towards career training and education goals

Legal U.S. resident: Lawfully admitted permanent resident alien, refugee, asylee or other immigrant who has been authorized by the U.S. Attorney general to work in the United States; Or resident of a U.S. territory.

Meets Low-Income Criteria

If he or she is a minor, must have a signed consent from a parent or legal guardian

If he or she is the parent of a dependent child, they must have a child care plan in place

Does not exhibit behavioral problems that could keep him, her or others from experiencing Job Corps full benefits

Must be free from face-to-face court or mandated supervision or court imposed fines while enrolled in Job Corps

Must be willing to follow zero tolerance rules against violence, drugs, tobacco and alcohol use on residential campus

Job Corps is a voluntary program students can choose to enroll in the program and may exit the program at any time.

#### PROCEDURE FOR ACCESSING SERVICES

Contact local Admissions Counseling Office to express interest to apply and request for more information to begin the admissions process

Attend one of the weekly Campus Tour/Admissions Presentations held every week on Wednesday at 9:00am, 1325 Iris Avenue, Imperial Beach CA 91932

No Appointment is required. This campus presentation/tour is open to the public and visitors are encouraged to arrive at least ½ hour early to sign in.

San Diego Job Corps phone# (619) 429-8500, ask to speak with onsite Admissions Department Representative

#### **CATCHMENT AREA**

North County.

#### AGENCY/PROGRAM INFORMATION SHEET

#### **PROGRAM NAME & ADDRESS**

San Diego Regional Center

5931 Priestly Drive Suite 100, Carlsbad, CA 92008

4355 Ruffin Road, San Diego, CA 92123 (Main)

Tel: 760 736 1200

#### **WEBSITE ADDRESS**

#### sdrc.org

CONTACT NAME/S & TITLE	EMAIL/S
Paul Quinones - Employment Coord.	paul.quinones@sdrc.org
Rebecca Hamada - Regional Mgr. North County Office	rebecca.hamada@sdrc.org

#### **SERVICES PROVIDED**

Assessment or diagnostic evaluations; Early intervention services for children and their families from birth through 3 years of age; Case management and service coordination; Development of an Individual Program Plan (IPP); Transition planning services; Licensed residential placement services; Independent living services; Supported living services; Supported employment services; Adult day training activities; Consultant evaluations or services, as needed; Advocacy for the protection of legal, civil, and service rights; Behavioral services; Respite; Information and referral services.

#### **ELIGIBILITY REQUIREMENTS**

The term "developmental disability" describes a group of conditions that include intellectual disability, epilepsy, cerebral palsy, autism, and conditions that require treatments similar to that provided to persons with an intellectual disability. A developmental disability must have occurred prior to age18, and the condition must be substantially impacting and lifelong in nature (San Diego Regional Center, Intake Services).

#### PROCEDURE FOR ACCESSING SERVICES

To receive SDRC services, the intake process must be initiated to determine eligibility. There is no cost associated, but you must inform SDRC that you wish to apply for services. If the person is a minor or conserved adult, the parent or conservator needs to initiate the process. Begin the process by calling: 858-576-2938 (Intake Unit). You can also call our Main Office at: 858-576-2996.

#### \* See addendum note on Contact List

#### CATCHMENT AREA

San Diego & Imperial Counties with offices located in Kearny Mesa, Carlsbad, National City, Santee, Carmel Valley and Imperial.

#### AGENCY/PROGRAM INFORMATION SHEET

#### PROGRAM NAME & ADDRESS

State Council on Developmental Disabilities, San Diego Imperial Office

8880 Rio San Diego Drive, Suite 1015, San Diego, CA 92108 T: 619 688 3323		
WEBSITE ADDRESS		
scdd.ca.gov		
CONTACT NAME/S & TITLE	EMAIL/S	
Mary Ellen Stives - Regional Manager	maryellen.stives@scdd.ca.gov	
SERVICES		
Trainings, Information and Referral, System Change Activities, Assistance v	vith Capacity Building and Advocacy	
	QUIREMENTS	
Must fall under the Federal Definition of Intellectual and Developmental Disability		
PROCEDURE FOR A	CCESSING SERVICES	
Call 619-688-3323 or email sandiego@scdd.ca.gov		
	ENT AREA	
San Diego and Imperial County		

## AGENCY/PROGRAM INFORMATION SHEET

PROGRAM NAME/ADDRESS/PHONE
TERI CAL Program (Choices for Adult Learning)

251 Airport Rd. Oceanside, CA 92058 T: 760 641 7067

## WEBSITE ADDRESS

#### teriinc.org

#### SERVICES PROVIDED

Enhanced ratio (2 staff for 3 adults), community- based adult training program for adults who have significant behavior challenges with some individuals of the receiving 1:1 supports on a case by case basis as approved by the Regional Center. Door to door transportation provided by the program within a 25- mile radius program base in Oceanside, CA. TERI CAL has a significant focus on providing novel experiences and assessing interest and engagement to add to, and better understand, the range of experiences/activities in which adults prefer to engage. This is directed at quality of life improvement. Activities include microenterprise development, social skills, vocational opportunities, community access and volunteerism for community improvement, leisure/fitness/recreational, ABA based behavior support services, and individualized goals. A small, center- based component (therapy focused—speech; OT; PT activities) is available for those who are not ready or interested in a full day within the community. Program hours are Monday-Friday from 9:00 am-3:00 pm.

#### **ELIGIBILITY REQUIREMENTS**

Adults must be referred by the Regional Center and have denials from 2-3 alternative behavior management adult day programs to qualify for services. They must also have a history of significant behavioral challenges that justify the need for an enhanced staffing ratio. Must be Regional Center eligible. Most adults attending CAL have severe intellectual disabilities and communication difficulties with a small number in the mild-moderate range. CAL is unable to provide services to individuals who cannot transfer from a wheelchair into a vehicle (lift-equipped vehicles are not available) or those who have significant medical support needs that would be difficult to meet in a community based setting.

#### PROCEDURE FOR ACCESSING SERVICES

Contact your Regional Center case manager. This individual will send out a referral packet to several traditional (1:3 staffing ratio) behavior management day

programs to determine whether they would be able and willing to serve the adult. If 2-3 denials are received, then the adult may be eligible for placement at

the TERI CAL program. The case manager will then send a referral to TERI CAL and the Director will meet with the adult and his/her family to determine whether

the program can effectively meet their needs. There may be a wait for services depending upon whether an existing, appropriate group has an opening or a

new group needs to be developed and staff hired/trained.

#### CATCHMENT AREA

South Riverside County; North San Diego County; South Orange County. Note\*\* Adults living outside these areas have been served on a case by case basis.

#### **AGENCY/PROGRAM INFORMATION SHEET**

PROGRAM NAME & ADDRESS

TERI/Center for the Arts & Adult Education

# 251 Airport Road, Oceanside, CA 92058 T: 760 721 1706 WEBSITE ADDRESS teriinc.org

SERVICES PROVIDED

We are a site-based program that utilizes the surrounding for training and activities. We offer programs in the following areas:

Fine arts instruction and production

Commercial crafts instruction and production

Music Therapy, music participation, instruction and performance

Theater training and performance

We also offer training in communication, self-help skills, vocational training, volunteer opportunities, organic gardening, animal husbandry, and cooking

Behavior management

LVN available on site

Transportation to and from program provided in a limited area

#### **ELIGIBILITY REQUIREMENTS**

Must be a Regional Center client over 22 years old. We are not able to accept non-ambulatory clients at this time.

#### PROCEDURE FOR ACCESSING SERVICES

People interested in our program can contact us directly or thru their Regional Center service coordinator. A program introduction and tour is then scheduled to determine if this would be a good placement for the individual. We also request a collateral package from the service coordinator. Acceptance is based on a mutual determination of appropriateness of program and the openings available.

#### **CATCHMENT AREA**

San Diego, North County

#### **AGENCY/PROGRAM INFORMATION SHEET**

**PROGRAM NAME & ADDRESS** 

The Arc of San Diego North County

#### 1336 Rancheros Drive, San Marcos, CA 92069

T: 760 740 6800

#### WEBSITE ADDRESS

arc-sd.com

#### SERVICES PROVIDED- All programs are Licensed by community care.

100% Community Based Service – vocational, computer skills, IPad, volunteering, mobility and daily skills in the community (1:3 ratio)

**Community Based Services starting at the center** including vocational, volunteering, computer lab, IPads ,health and nutrition, intergenerational program, yoga, stepping out program for health and well-being, daily living skills and community integration in the community (1:3 ratio)

Adult Day Center Based services – daily living skills, vocational, music, computer, intergenerational social program, art program, computer lab, IPad, sensory, yoga arts and craft, and Art classes (1:4)

**Work services or Activity Center**: contract work available for individuals who like to have paid work in a sitting environment who can follow instructions and perform the functions of the job. The consumers are paid according to their ability to do the job and this is based on time studies of each individual. (1:8 ratio)

**Senior Services**: This is a program for individuals who are aging and enjoy retirement. Services in the community include groups at senior centers and community activities. This includes wellness, stepping out, trips and center activities.

**Tailor Day Service Options**: Individuals who need 1:1 services to attend college, or activities of their choice up to 10 hours a week. This service is designed for individuals who may not want a typical day program.

**Supported Employment:** including Group Placement, Individual Placement, Direct Placement, Student Services Work Experience Program, Paid Internship Program and Customized Employment Pilot. We serve all of San Diego and North County

#### **ELIGIBILITY REQUIREMENTS**

Individuals diagnosed with intellectual disabilities or developmental disabilities who are at least 18 years of age or older. The consumer must have a current medical and TB clearance. The individual must not be consistently harmful to self and others. He/She must not have a controlled medical/physical life threatening problems that require extensive or ongoing medical intervention.

Admission is contingent upon individual assessment, in that The Arc of San Diego services can be beneficial to the individual. The individual or representative must agree to conditions of program participation specified in the Participants Handbook and any additional requirements of funding sources. In addition, the individuals must either be a Regional Center consumer or have the ability to pay for services.

#### PROCEDURE FOR ACCESSING SERVICES

A person may refer her/himself to the Arc of San Diego or he/she may be referred by a personal representative, e.g., parent or service coordinator. Upon the request an intake packet is mailed to the prospective applicant or representative. Once the packet is returned a meeting and tour will be scheduled as soon as possible. This meeting will allow the applicant and /or representatives to meet the staff, tour the site and ask additional questions regarding the program.

At the same time this will allow The Arc staff an opportunity to gain additional information about the applicant's goal, expectation and eligibility.

#### CATCHMENT AREA

The Arc of San Diego North County serves all of North county including Oceanside, Carlsbad, Escondido, Valley Center, Poway, Rancho Bernardo, Rancho Penasquitos, Del Mar as a southern border and to county lines on the east and north.

#### AGENCY/PROGRAM INFORMATION SHEET

PROGRAM NAME & ADDRESS
TOGETHER WE GROW PEDIATRIC DAY HEALTH CARE FACILITY

2420	Thibada Baad
	Thibodo Road, ta, CA 92081
	760 757 6031
WEB	SITE ADDRESS
toget	herwegrow.org
CONTACT NAME/S & TITLE	EMAIL/S
Mary Moore, Community Liaison/HR Manager	mary@togetherwegrow.net
SERV	ICES PROVIDED
Transitional Care Unit (22 years and up)	CES PROVIDED
Sensory Integration State of the art room that provides latest technol	ogy to help the medically fragile develop.
ELIGIBILT	TY REQUIREMENTS
<ul> <li>Must have attended pediatric care prior to age 22.         Examples of medical needs that may qualify a client for our pr Medication administration, including oral, enteral or inhalation Skilled nursing assessment         Seizure disorder monitoring         Respiratory treatment, which may involve oxygen administration         Tracheostomy care and suctioning         Enteral nutrition     </li> </ul>	n (including nebulizer treatment)
PROCEDURE FO	OR ACCESSING SERVICES
To get started you must contact the following: Ashley Jalil RN Case Manager/Administrator (760) 757-6031 Vista Offi Jade Divinagracia RN Case Manager/Administrator (858) 751-0506 Sa Shannon Hart, RN Case Manager/Administrator (951) 972-8660 Teme	n Diego Office (San Diego County)
CATO	CHMENT AREA
San Diego County and Riverside County	
AGENCY/PROGRA	AM INFORMATION SHEET

PROGRAM NAME & ADDRESS Toward Maximum Independence

#### 1900 Sunset Drive, Ste. E, Escondido, CA 92025

Tel: 760 839 5255 x 351

١٨	/F	RS	ITF	AΠ	DR	FS	ς

tmi-inc.org			
CONTACT NAME/S & TITLE	EMAIL/S		
Marcus Byrd Director for Supported Employment	marcus.byrd@tmi-inc.org		
Brent Ramsey Division Manager for Supported Employment NC	brent.ramsey@tmi-inc.org		
SERVICES	PROVIDED		
Individual placement and group Supported Employment services. Serving	the North County.		
ELI OIDILITY DE	COLUDEA AFAITO		
	EQUIREMENTS		
Regional Center approved.  Department of Rehabilitation approved.			
Department of Renabilitation approved.			
PROCEDURE FOR ACCESSING SERVICES			
Either the Service Coordinator makes a referral from the Regional Center,	or the Department of Rehabilitation Counselor for services.		
TMI will assess the client to determine if services can be provided.			
CATCHMI			
Mira Mesa North to Fallbrook, then Solana Beach to Oceanside, and of co	urse anything in between Escondido and the coast.		
	NICODNATION CULTT		

#### AGENCY/PROGRAM INFORMATION SHEET

PROGRAM NAME & ADDRESS

UCP (United Cerebral Palsy) North County Center 205 W Mission Ave., Suite G & F, Escondido, CA 92025

T: 760 7	43 1050	
WEBSITE	ADDRESS	
ucps	d.org	
CONTACT NAME/S & TITLE	EMAIL/S	
Gillian Hennessey, Director of Programs NC	ghennessey@ucpsd.org	
Olga Devers, Habiltation Coordinator	odevers@ucpsd.org	
Tim Newkirk, Employment Matters TDSO	tnewkirk@ucpsd.org	
	PROVIDED	
ADC		
ADC Community Based (UCP Networks)		
Habilitation Workshop		
ELIGIBILITY RE	QUIREMENTS	
Must be regional center clients.  Must be eligible for transportation services from SDRC or independent we	DO NOT provide transportation.	
PROCEDURE FOR A	CCESSING SERVICES	
SDRC referrals		
	ENT AREA	
All of North County San Diego		

## AGENCY/PROGRAM INFORMATION SHEET

PROGRAM NAME & ADDRESS Vantage Point Inc.

#### 2011 Palomar Airport Road Carlsbad, CA 92009 550 W. B Street, San Diego, CA 920101

T: 415-572-9449

WEBSITE ADDRESS		
usevantagepoint.com		
CONTACT NAME/S & TITLE	EMAIL/S	
Michele Jodock, MSW Executive Officer & Job Developer	michele@usevantagepoint.com	
Luke Vogt, Program Manager	luke@usevantagepoint.com	

#### **SERVICES PROVIDED**

Direct Placement Employment Services including intake, employment preparation, placement, retention, and short term support/job coaching. Intake: This allows the opportunity for the Job Developer to learn more about the individual and discover their individual goals, past experiences, and motivational factors. If they have a resume, we review that too. If both the individual and the Job Developer feels that their goals are attainable, we move forward with signing all the the required intake forms.

Employment Preparation: We work through our web-based application to assign tasks and gain insight on goals, interests, etc. We created the "Time to Shine" Program to help guide us through finding the best fitting employment. Employment Prep is typically 5-8 hours of time dedicated to various tasks including resume development, interview practice and preparation, teaching job skills, discussing the importance of getting in front of employers, teaching the individual how to actively job search in the community rather than behind a computer screen, and narrow down what our job focus is going to be. By the end of employment preparation sessions, we should have a motivated and confident job seeker, ready to start applications with a fresh resume and strong interviewing skills. They build and practice their elevator pitch and are job seeking ready.

**Placement**: Placement services occur once a client has completed the Employment Preparation service and is ready to **start actively applying for jobs** in the community. We spend time every week **gathering leads** and applying for jobs both in person and online. At this point we have already created job seeking profiles, so we begin **completing applications** within the sites. Then we support the individual in **prepping for interviews**. Once they have received a job offer, we **assist them in paperwork and onboarding processes**.

Short Term Support/Job Coaching: Short Term Support aka Job Coaching is available for client's that need support in their new or existing positions. This consists of a Job Developer spending a specific amount of hours with the client to help them with any job related tasks like paperwork, learning the job, training, communications with management, social related issues, etc. The idea of the short term support is providing the client with hands on support on the job, so they can retain the position more effectively.

#### **ELIGIBILITY REQUIREMENTS**

16 years old and older.

Options to participate include either having an open case with the Department of Rehabilitation & signing up as a private paying client.

#### PROCEDURE FOR ACCESSING SERVICES

Open a case with the Department of Rehabilitation by calling your local office. Then request employment services through Vantage Point Inc. www.usevantagepoint.com

**CATCHMENT AREA** 

State of California resident.

#### **AGENCY/PROGRAM INFORMATION SHEET**

PROGRAM NAME & ADDRESS	
William's Quest	

## 640 Civic Center Drive, Suite 110, Vista, CA 92084 T: 760 806 7500 WEBSITE ADDRESS williamsquest.org **CONTACT NAME/S & TITLE** EMAIL/S Leslieann Bagalso, Administrator lesliebagalso@gmail.com reylunario@hotmail.com Rey Lunario, Program Director **SERVICES PROVIDED** Our mission at William's Quest is to provide community and site based training for adults with developmental/intellectual disabilities. We believe that through community involvement, functional activities and innovative learning experiences, these individuals will become more independent. Each day is a journey for change in the present and moving into the future. We are vendored through the San Diego Regional Center and licensed through Community Care Licensing. **ELIGIBILITY REQUIREMENTS** Must be a client of the San Diego Regional Center. PROCEDURE FOR ACCESSING SERVICES Potential clients can contact the San Diego Regional Center or William's Quest directly and schedule a tour. If all parties agree that it is a good placement or the client, then they would proceed with the intake process. **CATCHMENT AREA** North county San Diego **AGENCY/PROGRAM INFORMATION SHEET**

**PROGRAM NAME & ADDRESS** Work Incentives Planning and Assistance

# 530 B Street, Suite 400 SD, 92101 T: 888 768 7058 WEBSITE ADDRESS disabilityrightsca.org **CONTACT NAME/S & TITLE** EMAIL/S Aleyda Toruno, Work Incentives/Benefits Planner Aleyda.Toruno@disabilityrightsca.org SERVICES PROVIDED Long term benefits planning to help students and parents understand the impact of wages on government benefits including Supplemental Security Income, Social Security Disability Insurance benefits, Medi-Cal, Medicare, etc. Development of work incentives such as IRWEs, PASS plan, etc. **ELIGIBILITY REQUIREMENTS** Age 14 and not yet reached retirement age and on Social Security benefits based on a disability (SSI, SSDI, etc.) or recently lost cash (SSI, SSDI, etc.) benefits due to work and working or looking for employment. PROCEDURE FOR ACCESSING SERVICES Call our toll free number: 888 768 7058. CATCHMENT AREA San Diego, Imperial and Riverside counties.

#### AGENCY/PROGRAM INFORMATION SHEET

#### PROGRAM NAME & ADDRESS

## Xcite Steps Adult 9245 Activity Rd Suite 106, San Diego, CA 92126

T: 858 428 0222

#### **WEBSITE ADDRESS**

invocompanies.com

#### **SERVICES PROVIDED**

Regional Center Services – Tailored Day Services, Independent Living Services, Community-based Adult Day Program

We also provide private pay social clubs that meet every Monday, Wednesday, and Friday afternoons. Once per month, we have a "Girls Night Out" club, and we also provide a Saturday club activity once per month.

We provide all of our services through private pay as well. We are a skill-building program that helps young adults with life skills coaching, academic support, vocational skills, independent living skills, and social skill development. We have several one-on-one coaching programs, each of which is customized to the specific needs and goal of each family/client. We also help support young adults

#### **ELIGIBILITY REQUIREMENTS**

We work with young adults who are 18+ years of age.

We work with young adults whose goals are: employment, independent living, higher education, and healthy, adult socialization.

Regional center programs require authorization by the client's service coordinator.

#### PROCEDURE FOR ACCESSING SERVICES

We encourage all families to call or email for a free consultation, either over the phone or in person, to ensure that our services are an effective match.

#### CATCHMENT AREA

San Diego County